

## U.S. World Cup Teams on Long Island

Hauppauge, N.Y., April 9—Trials for the U.S. World Cup were held today in windy, chilly conditions that didn't prevent Joanne Dow and Kevin Eastler from setting course records. as they won 20 Km races. In the Junior 10 Km events, Katy Hayes and Michael Kazmierczak led the U.S. competitors, although both were beaten by guests from other lands.

In the women's 20, the two grand dames of the sport, Dow and Teresa Vaill, now 42 and 43, respectively, continued their dominance, with Dow coming out on top this time. Joanne won in 1:34:47, nearly a minute ahead of Teresa. Jolene Moore was third in 1:37:07, 58 seconds ahead of Amber Antonia. The fifth spot on the team went to Deborah Huberty, who hung on to beat Sam Cohen. The first three bettered the IAAF B standard of 1:38:00, but were well short of the 1:33:30 "A" standard. Antonia missed the B by just 5 seconds. It will be the seventh World Cup for Vaill, the first coming 21 years ago. Dow, a late comer to the sport, will have her fourth World Cup experience. Antonia, Huberty, and Moore are on their second World Cup team.

Eastler won the men's 20 in 1:25:15, but it wasn't easy with John Nunn just 15 seconds back. U.S. record holder Tim Seaman was a lonely third in 1:27:26, but easily qualified for his fifth World Cup team. This will be Eastler's fourth World Cup. Nunn and fourth place finisher Matt Boyles will be on their second team. Benjamin Shore rounds out the squad.

The Jr. Women's 10 Km race was won by New Zealand's Amanda Gorst, now a student at Virginia Intermount, in 50:24. Katy Hayes led the U.S. girls, just 8 seconds back. Joining her on the team will be surprising Heather Buletti, who seemingly came from nowhere to walk at 51:54, and Le'erin Voss. In the Jr. Men's race, Kazmierczak was no match for Montreal's Alexandre Gagne, but easily captured the first spot on the U.S. As usual, the Vergara boys from South Texas WC, finished almost together as they captured the other two World Cup berths. (Gorst thought she had made the New Zealand, but apparently they changed their standard on her and said she wasn't quick enough.)

These athletes will be joined by Philip Dunn, Ray Sharp, Theron Kssinger, Dave McGovern, and Mark Green, who qualified at 50 back in February. This will be the sixth World Cup for Dunn. McGovern is on his fifth World Cup team, Kissinger his third, and Green his second (he made his first one in 1997 at the tender age of 41—still going strong at 50). However, the real veteran is Ray Sharp, on his third World Cup team. But the other two were in 1981 and 1987 before he retired for about 15 years.

The results:

*The Ohio Racewalker is published monthly in Columbus, Ohio. Subscription rate is \$12.00 per year (\$15.00 outside the U.S.). Editor and Publisher: John E. Jack Mortland. Address all correspondence regarding both editorial and subscription matters to: Ohio Racewalker, 3184 Summit Street, Columbus, OH 43202. E-mail address is: [jmortlan@columbus.rr.com](mailto:jmortlan@columbus.rr.com). Approximate deadline for submission of material is the 24th of each month.*

**Jr. Women 10 Km:** 1. Amanda Gorst, Virginia IntermountCol. and New Zealand (guest) 50:24 2. Katy Hayes, Lake Country (Wis.) 50:32 3. Nandeliz Arroyo, Puerto Rico (guest) 51:49 4. Heather Buletti, un. New York 51:54 5. Le'erin Voss, Lake Country 53:02 6. Jenna Monahan, Walk USA, N.Y. 53:38 7. Roxanne Colon, Puerto Rico (guest) 54:13 8. Tina Peters, Miami Valley TC, Ohio 54:39 9. Lauren Forgues, Maine RW 55:48 10. Wilane Cuebas Feliciano, P.R. (Guest) 56:58 11. Sarah Groat, un. N.Y. 58:57 12. Tara O'Rourke, Walk USA 62:39 13. Kelsey Burglund, Walk USA 64:23 14. Kara Steele, Conn. RW 66:34

**Jr. Men's 10 Km:** 1. Alexandre Gagne, Canada (guest) 47:19 2. Michael Kasmierczak, U. Of Rhode Island 48:52 3. Joe Anthony Bonilla, P.R. (Guest) 49:17 4. Ricardo Vergara, South Texas WC 49:39 5. Roberto Vergara, ST WC 49:48 6. Frankis Rodriguez, P.R. (Guest) 50:18 7. Wilkins Rodriguez Oliver, P.R. (guest) 51:30 8. Abraham Villareal, ST WC 53:47 9. Timothy Davidson, Park RW 60:48 DQ—Taylor Burns, Maine RW

**Women's 20 Km:** 1. Joanne Dow, adidas 1:34:47 2. Teresa Vaill, Walk USA 1:35:41 3. Jolene Moore, New York AC 1:37:07 4. Amber Antonia, NYAC 1:38:05 5. Deborah Huberty, NYAC 1:41:34 6. Sam Cohen, Parkside AC 1:42:56 7. Marina Crivello, Canada (guest) 1:43:19 8. Maria Michta, CW Post U. 1:43:42 9. Solomiya Login, un. 1:46:38 10. Margaret Ditchburn, un., Cal. 1:50:00 11. Laura Feller, un., Penn. 1:50:08 12. Carolyn Kealty, S. Florida RW 1:52:03 13. Susan Randall, Miami Valley TC 1:58:39 14. Tiffany Belongia, U. Of Wis.-Parkside 1:58:48 15. Lauren Davis, UWP 2:00:53 16. Elsie Milagros Colon, P. R. (guest) 2:12:47 17. Cindy Cruz Torres, P.R. (Guest) 2:17:02 DNF—Rachel Lavalley, Can. (Guest)

**Men's 20 Km:** 1. Kevin Eastler, US Air Force 1:25:15 2. John Nunn, U.S. Army 1:25:30 3. Tim Seaman, NYAC 1:27:26 4. Matt Boyles, Miami Valley TC 1:31:01 5. Benjamin Shorey, UWP Parkside 1:32:17 6. Ezequiel Nazario Acosta, P.R. (guest) 1:32:58 7. Charles Collier, Athletics East 1:34:29 8. Theron Kissingner, New Balance 1:35:41 9. Jocelyn Ruest, Canada (guest) 1:38:30 10. Leonidas Romero, Park RW 1:38:43 11. Noel Santini Colon, P.R. (guest) 1:39:17 12. Jose Atilas, P.R. (Guest) 1:39:44 13. Michael Tarantino, UWP 1:40:50 14. John Soucheck, Shore AC 1:45:07 15. Jussi Koski, Park RW 1:54:08 16. Bill Vayo, Walk USA 1:57:05 17. Juan Yanes, S. Florida RW 1:57:23 18. David Burns, Maine RW 2:02:04 DNF—Adrian Jaime, un., Texas DQ—John Fredericks, Shore AC

**Men's 10 Km (not a trial):** 1. Pierre-Luc Menard, Can. 45:09 2. Joseph Trapani, Mansfield U. 48:29

## Fernandez, Seeger Win At Rio Maior

Rio Maior, Portugal, April 1—The second leg of the 2006 IAAF Racewalking Challenge was contested today under sunny skies, with no wind and a temperature in the high 60s. Winners of the 20 Km races were Spain's Francisco and Germany's Melanie Seeger.

Fernandez, silver medalist at the 2004 Olympics and last year's World Championships, controlled the race from the start and by the mid point, led Ilya Markov and Luke Adams by 13 seconds as he went through in 29:55. He slowed somewhat the second half, but was never in real danger, although his margin over Markov dropped to 5 seconds at

the finish, which he reached in 1:20:36. Markov was second and Adams another 8 seconds back in third. Last year he won this race in 1:19:02.

Fernandez and his coach Robert Korzeniowski attributed the difference to "too much work at altitude in the last few weeks." They also said they treated the race like a "hard training session for his goals." He is pointing to the World Cup in May and the European Championship in August. Markov, the 1999 winner of this race was able to up his tempo in the last lap to drop Adams, coming off his second place finish in the Commonwealth Games. In fourth place, Tunisia's Hatem Ghoulia missed his personal best by just 2 seconds. Italy's 2005 World Championship 50 Km bronze medalist, Alex Schwarzer, was fifth.

Seeger was an easy winner in 1:29:15 after battling 2005 Challenge winner, Ryta Turava for the first 15 Km. But, Turava, who had also won this race last year, had to drop out today, leaving Seeger by herself for the rest of the race. So, she eased in after passing 10 Km in 43:54. Romania's Claudia Stef beat Commonwealth Games winner Jane Saville for the silver medal, with another Romanian, Norica Cimpean, in fourth. Local favorite Susana Feitor, who won bronze in last year's World Championships, was just sixth today. She also has been at altitude training and does not yet feel she is fully fit.

Seeger said, "This win was a great surprise. It was my first competition after winter training and I didn't know how good my fitness was. So I came here to see the pace of the others and improve myself to try winning. I'm very happy with that and I'm looking forward to the IAAF World Cup. The results:

**Men:** 1. Francisco Fernandez, Spain 1:20:36 (39:55) 2. Ilya Markov, Russia 1:20:41 (40:08) 3. Luke Adams, Australia 1:20:49 (40:08) 4. Erik Tysse, Norway 1:21:13 (40:37) 5. Hatem Ghoulia, Tunisia 1:21:34 (40:37) 6. Alex Schwarzer, Italy 1:21:38 (40:39) 7. Jose Diaz Velaquez, Spain 1:21:48 (40:52) 8. Giorgia Rubino, Italy 1:22:32 (41:06) 9. Joao Vieira, Portugal 1:23:22 (41:06) 10. Benjamin Sanchez, Spain 1:23:44 (42:54) 11. Luis Manuel Corchete, Spain 1:25:46 12. Mikel Odriozola, Spain 1:25:46 13. Julio Martinez, Guatemala 1:26:26 14. Augusto Cardoso, Portugal 1:26:34 15. Andriy Kovenko, Ukraine 1:27:08 16. Diogo Martins, Port. 1:27:26 17. Javier Perez, Spain 1:27:32 18. Jose David Dominguez, Spain 1:27:42 19. Hassanine Sbai, Tunisia 1:28:03 20. Antonio Pereira, Port. 1:28:05 21. Sergio Vieira, Port. 1:28:26 22. Juan Antonio Porras, Spain 1:28:42 23. Walter Sandoval, Spain 1:28:46 24. Pedro Martins, Port. 1:28:58 25. Daniel Garzon, Spain 1:29:29 (38 finishers, 8 DNF, 4 DQ, including Juan Molina, Spain)

**Women:** 1. Melanie Seeger, Germany 1:29:15 (45:54) 2. Claudia Stef, Romania 1:30:00 (45:14) 3. Jane Saville, Australia 1:30:23 (45:14) 4. Norica Cimpean, Romania 1:30:38 (45:15) 5. Susana Feitor, Port. 1:31:43 (45:25) 7. Ines Henriques, Port. 1:32:18: 45:26) 8. Sabine Zimmer, Germany 1:33:54 (45:38) 9. Elisa Rigaud, Italy 1:34:23 (46:26) 10. Maria Jose Poves, Spain 1:35:14 (46:27) 11. Ana Cabecinha, Port. 1:35:32 12. Maria Isabel Perez, Spain 1:38:42 (19 finishers, 9 DNF including Ryta Rurava, Belarus; 2 DQ including Sylwia Korzeniowska, Poland)

## Chinese Continue To Dominate On Home Turf

Kunshan, China, April 22—As usual, few athletes from outside of China appeared for the third leg of the IAAF Racewalking Challenge. But those that did faced a phalanx of Chinese men and women walking world class times. In the women's 20, the Chinese took the first 12 spots, with five under 1:30 and another three under 1:31. In the men's 20, nine of the

first twelve were Chinese, with six of those under 1:20.

China's 16-year-old Gaobo Li beat some of the world's most experienced 20 km racewalkers in the men's race, which took place in this Eastern Chinese province today. The winning time of 1:18:17 was the fastest seen in the world so far in 2006, and the top eight finishers all bettered Viktor Burayev's seasonal best. Li, who set an Asian junior record of 1:18:07 taking fourth place a year ago when the 2005 Chinese edition of the Challenge was held in Cixi City, today beat the one-two finishers in the Rio Maior Challenge—Ilya Markov and Spain's Francisco Fernandez. Markov reversed the finish order on Fernandez. The Chinese victor, who also won last year's National Games 20 Km title, beat Markov by just one second. Fernandez, a former world record holder was 16 seconds back in third.

Last year's winner, Nathan Deakes of Australia, coming off his double win in the Commonwealth Games was eighth in 1:19:07, behind four other Chinese walkers. Deakes walked a 1:17:33 last year. Second in that race was Honjuan Zhu, who finished fourth in today's race.

The women's race was won by 21-year-old Dan He, who had a personal best 1:28:20, as she moved up from sixth in last year's meet. Xiaoling Song and Hong Liu were second and third, just 3 and 6 seconds behind the winner. Dan He was in her second challenge race of the year, having taken third in Mexico. Liu was seventh in that race. The results:

**Women:** 1. Dan He, China 1:28:20 2. Xiaoling Song, China 1:28:23 3. Hong Liu, China 1:28:26 4. Quiyon Jiang, China 1:29:23 5. Jingjing Nie, China 1:29:50 6. Shanshan Wang, China 1:30:02 7. Yanmin Bo, China 1:30:42 8. Yingtaing Pang 1:30:47 9. Yawei Yang, China 1:31:40 10. Xue Cai, China 1:33:05 11. Jie Han, China 1:33:08 12. Rui Feng, China 1:34:08 13. Sniazhano Yerchenko, Belarus 1:34:09 14. Riena Ginko, Belarus 1:34:23 15. Olga Mikhailova, Russia 1:34:30 16. Cheryl Webb, Australia 1:34:38 17. Lijun Zhai, China 1:23:40 18. Claire Woods, Australia 1:35:19 19. Ying Zou, China 1:35:36 20. Yang Yan, China 1:36:18 21. Shuang Li, China 1:36:49 22. N. Shivariva, Russia 1:37:22 (38 finishers with 28 under 1:40, 3 DNF, 2 DQ)

**Men:** 1. Gaobo Li, China 1:18:17 2. Ilya Markov, Russia 1:18:18 3. Francisco Fernandez, Spain 1:18:33 4. Yucheng Han, China 1:18:35 5. Yufei Cho, China 1:18:44 6. Jimin Dong, China 1:18:45 7. Zuejin Gai, China 1:18:57 8. Nathan Deakes, Australia 1:19:07 9. Jianbo Li, China 1:19:38 10. Chao Sun, China 1:20:15 11. Yong Shi, China 1:20:56 12. Zhide Cui, China 1:20:59 13. Luke Adams, Australia 1:21:14 14. Shongliang Zhao, China 1:21:23 15. Zhiping Wang, China 1:21:33 16. Cashing Yu, China 1:21:34 17. Ronchua Lu, China 1:21:48 18. Ronglong Zhang, China 1:22:19 19. Alex Yargunkin, Russia 1:22:27 20. Jared Tallent, Australia 1:22:31 21. Pensfei Fang, China 1:22:36 22. Chao Cuo, China 1:22:38 23. Adam Rutter, Australia 1:22:55 24. Guosong Wu, China 1:23:06 25. Fanguang Xu, China 1:23:08 (69 finishers, 41 under 1:25, 69<sup>th</sup> in 1:29:59; 7 DNF, 8 DQ, 10 over time? (Apparently they had a time limit, presumably 1:30 judging from the last finisher, and if you didn't beat that, you weren't listed.)

**Further results of Mexican Challenge race.** Last month's report on the first Challenge leg in Mexico carried only the first 10 finishers in each event. Here are further results:

Men's 10 Km—11. Carlos Guerrero, Mex. 1:28:24 12. Hongjuan Zhu, China 1:28:34 13. Zhide Cur, China 1:29:15 14. Oswaldo Ortega, Ecuador 1:29:25 15. Rolando Saquipay, Ecuador 1:29:29 16. Jose Perez, Mex. 1:29:43 17. Christian Choho Leon, Ecuador 1:30:02 18. Austo Quinde, Ecuador 1:30:10 19. Zhiping Wang, China 1:30:47 20. Edwin Malacatus, Ecuador 1:31:19 (33 finishers, 3 DNF, 3 DQ—all six Mexicans, including Bernardo Segura. Women's 20 Km—11. Graciela Mendoza, Mex. 1:44:09 12. Claudia Ortega, Mex. 1:45:57 13.

Tatiana Gonzalez, Mex. 1:47:12 14. Tania Anchondo, Mex. 1:48:18 15. Daisy Gonzalez, Mex. 1:48:46 (18 finishers, 1 DNF, 1 DQ) Men's 50 Km—11. Rodrigo Flores, Mex. 4:15:33 12. Miguel Solis, Mex. 4:15:59 13. Alejandro Chavez, Mex. 4:17:39 14. Luis Solis, Mex. 4:19:16 15. Eitel Soto, Mex. 4:25:41 (7 DNF, 4 DQ)

### Other Results

**5.3 Miles, Brunswick, Maine, April 2–1.** Kate Dickinson 48:16 2. Davde Burns (41) 48:26 3. Taylor Burns (16) 50:01 4. Padric Gleason (18) 50:44 5. Ron Morse (17) 51:04 6. Bob Whitney (53) 54:38 **5 Km, New York City, April 22–1.** Adrian Jaime (19) 26:49 2. Shani Brown (17) 28:18 3. David Lee (50) 30:34 (5 finishers) **10 Km, same place–1.** Leo Romero 47:34 2. Jussa Koski 51:29 3. Lisa Marie Vellucci 55:33 4. Bruce Logan (40) 57:20 5. Erin Taylor 58:54 6. Alexis Davidson (50) 59:48 7. Rasheeda Mohammed 61:34 8. Melissa Goldman 62:17 (15 finishers. **10 Km, Orlando, Fla., April 2–1.** John Fredericks (55+) 57:46 2. Milton Ortiz, Puerto Rico 53:56 3. Steve "Red" Renard (45+) 59:23 4. Juan Moscoso 59:56 5. Tom Furman (55+) 63:30 6. Ray Jenkins 66:10 (10 finishers) Women—1. Sandra DeNoon (50+) 65:40 2. Edna Ramsay (50+) 65:51 (5 finishers) **3 Km, Cedarville, Ohio, March 25–1.** Susan Randall 16:24.96 2. Kelly Steingass 17:27 3. Donna Graham 19:37 Men—1. Brad Sinnick, Malone Col. 17:01.45 2. Nathan Hughes, Malone 27:22 3. Bryan Lopes, Malone 30:04 4. Jeremiah Stauffer, Malone 31:09 5. Joe Carmany, Malone 31:50 **Indiana 5 Km, Indianapolis, April 22–1.** Max Walker (55+) 27:11 2. Damon Clement (45+) 29:07 3. Theresa Amerman 30:02 4. Craig Woodel (50+) 32:51 5. Janet Higbie (60+) 33:29 6. Cathy Mayfield (50+) 33:36 (8 finishers) **Missouri Valley 10 Km, Columbia, Missouri, April 1–1.** Benjamin Shorey 42:46 2. Patrick Stroupe Women—1. Lauren Davis 2. Jeanine Allsup (Sorry, I lost all the times other than Shorey's) **5 Km, Denver, March 19–1.** Daryl Meyers (63) 31:15 **10 Km, Pomona, Cal., Feb. 19–1.** Pedro Santoni (48) 55:34 2. Bob Nyman (67) 67:28 3. Bill Moreman (78) 68:33 (5 finishers) **5 Km, same place–1.** Mario Lopez (48) 31:19 2. Ray Billig (48) 31:43 Women—1. Teri Storc (47) 31:19 2. Jolene Steigerwalt (62) 32:33 (5 finishers, 1 DQ) **Los Angeles Marathon, March 19–1.** Mario Lopez 4:39:34 2. Eric Fisher (56) 4:39:34 (21 finishers) **Mt. SAC Relays 10 Km, Walnut, Cal., April 2–1.** Pedro Santoni 55:13 2. Mario Lopez 59:48 3. Bob Nyman (67) 69:53 4. Pat Bivona (65) 70:42 (6 finishers) **5 Km, same place–1.** Carl Acosta (72) 32:19 (5 finishers) Women—1. Donna Cunningham (59) 30:43 2. Deborah Raymer (49) 31:39 3. Janet Robinson (64) 31:49 4. Carol Bertino (57) 32:01 5. Dawn Beigel (44) 32:09 6. Jolene Steigerwalt (62) 32:18 (13 finishers) (The Mt. SAC Relays is a large collegiate and open track meet held every year. At this year's meet, Ron Laird was inducted into the Meet's Hall of Fame in recognition of his eight titles at the meet and his many accomplishments in the sport on a national and international level.) **3 Km, Kentfield, Cal., March 4–1.** Kevin Killingsworth 15:48 (finished 5 Km in 26:11) 2. Jack Bray 17:42 3. Desmond Canning 18:47 4. Ann Lee 19:01 5. Doris Cassels 19:55 (10 finishers) **5 Km, Palo Alto, Cal., March 12–1.** Jack Bray (73) 28:33 2. Leslie Sokol (48) 28:49 3. James Beckett (67) 29:53 4. Gary Mader (60) 31:28 5. Stu Kinney (66) 32:11 6. Doris Cassels (66) 33:28 (14 finishers) **Pacific Northwest Region 10 Km, Seattle, April 22–1.** Jerry Dragomir (54), Canada 54:45.2 2. Tommy Aunan (47) 55:46 3. Rob Frank (53) 56:45 4. Bob Novak (50) 57:35 5. Stan Chraminski (58) 59:13 6. George Opsahl (64) 60:31 7. John Backlund (66) 60:52 8. Karl Johanson (59) 62:14 (11 finishers) Women—1. Carmen Jacinsky (42) 61:20 2. Bev LaVeck (71) 67:40 (U.S. 70-74 record) 3. Darlene Backlund (61) 69:22 **5 Km, Same place–1.** Matt Harriman, Can. 28:45 2. Bart Kale (49) 30:36 Women—1. Heather Warwick (15), Canada 28:59 **3 Km, same place–1.** Megan Huzzey, Canada 14:51 2. Erika Brown, Can. 16:38 **2.8 Miles, Seattle, March 11–1.** Bob Novak (56) 26:21 2. Stan Chraminski (58) 26:22 3. Bart Kale (49) 27:00 4. Ann Tuberg (46)

28:29 (46 finishers)

**Belarus Championships, Nesviz, April 19–1.** Andrei Talashko 1:19:12 2. Sergey Chernov 1:20:11 3. Nikolay Seredovich 1:20:34 4. Andrey Stepanchuk 1:23:00 5. Viktor Ginko 1:23:10 6. Vadim Tivanchuk 1:23:46 Women–1. Ryta Turava 1:26:11 2. Elena Ginko 1:29:43 3. Tatyana Metlevskaya 1:30:25 4. Snezhana Yurchenko 1:30:33 5. Anastasia Yatsevich 1:32:38 6. Alla Bozhka 1:34:55 JR. 10 Km, Men–1. Dmitriy Gamzunov 41:06 2. Denis Kravchuk 41:37 3. Alexander Ljahovich 42:01 Jr. 10 Km, women–1. Olga Mazuernok 45:17 2. Anna Drabjenja 46:01 3. Christina Asipenko 47:21 (of these performances, Belarus will have competitive teams at the World Cup) **20 Km, Dudince, Slovakia, March 25–1.** H. Kim. Slovakia 1:22:08 2. C. Park, Slovakia 1:22:14 3. Krause, Germany 1:24:58 4. Carcia, Guat. 1:24:58 **50 Km, same place–1.** Sudol, Poland 3:50:24 2. Acellaneda, Spain 3:55:48 3. Korcok, Slovakia 3:56:27 4. Burban, Ukraine 3:56:02 5. Holusa, Czech Rep. 3:59:32 6. Shelest, Ukraine 3:59:51 7. Kucmin, Slovakia 4:00:34 **Women's 20 Km, same place–1.** Malikova, Slovakia 1:33:48 2. Vasilyeva, Russia 1:35:22 3. Prokopuk, Ukraine 1:36:55 **South American Championships, Cochabamba, Bolivia, April –Men's 20 Km** (At about 8000 feet altitude)–1. Jefferson Perez, Ecuador 1:26:27 2 (his eighth S. American title). Luis Fernando Lopez, Col. 1:27:16 3. James Rendon, Col. 1:28:20 4. Freddy Hernandez, Col. 1:28:31 5. Xavier Moreno, Ecuador 1:29:31 6. Andres Chocho, Ecuador 1:30:24 7. Mario Jose dos Santos, Brazil 1:30:51 8. Patricio Ortega, Ecuador 1:32:57 (Rolando Squipay of Ecuador was disqualified after finishing third, costing Ecuador the team title to Columbia.) **50 Km–1.** Segundo Penafiel, Ecuador 4:03:30 2. Fausto Quinde, Ecuador 4:12:30 3. Edwin Centeno, Peru 4:13:10 4. Mesias Zapata, Ecuador 4:21:10 5. Julian Choque, Bolivia 4:29:40 JR. Men's 10 Km–1. Juan Manuel Cano, Argentina 45:39 2. Jose Luis Munoz, Ecuador 45:59 3. Mauricio Arteaga, Ecuador 46:20 Youth Men's 2010 Km–1. Jorge Armando Ruiz, Col. 47:56 Women's 20 Km–1. Geovana Irusta, Bolivia 1:41:20 2. Miriam Ramon, Ecuador 1:43:32 3. Sandra Zapata, Col. 1:45:58 **24 Hours, Rouen, France** (Great effort here by Dorit Attias!)–1. Alain Costils 207,350 Km 2. Phillippe Vit 180,525 3. Peter Bennett, Australia 176,175 4. Eric Boufflert 160,590 5. Jean=Claude Courcy 155,875 6. **Dorit Attias, USA-Shore AC** (first women) 151,525–The race was contested in deplorable conditions of near-freezing rain and strong winds. Half of the 40 competitors from 10 nations had gavin it up after 5 hours of racing. Nonetheless, Costils bettered his own record established last year by nearly 2 km. Sincerely, I did not suffer from the wind nor the rain," he said. Dorit walked superbly and was 10 Km ahead of seventh place Violetter Bourillon. The race was contested on a 725 meter loop—a whole lot of laps. The winner covered 47,125 km in the first 5 hours, which should have put him under 5:20 at 50 km—with only a mere three plus 50s to go.

### Never Saunter, Never Stroll; Let A Quick Pace Be Your Goal

(As you participate in these events)

Fri. May 5 5 Km (track), Sioux Falls, S.D., 1:30 pm (K)  
 Sun. May 7 Western Regional 5 Km, Sequel, Cal.(J)  
**USATF National Masters 15 Km, Riverside, Cal. (Y)**  
 Jack Mortland Walks (5, 10, and 20 Km), Dayton, Ohio (M)  
 5.3 Miles, Brunswick, Maine, 1 pm (D)  
 10 Km, Ft. Collins, Col. (H)  
 Sat. May 13 2.8 Miles, Seattle, 9 am (C)  
 5 Km, Denver, 8:30 am (H)

5 Km, Kentfield, Cal., 7:30 am (P)  
 1 Hour, St. Louis Park, Minn., 8:30 am (I)  
 Sun. May 14 5.3 Miles, Brunswick, Maine, 1 pm (D)  
 3 Km, Arlington, Vir. (S)  
 5 Km, Denver, 8 am (H)  
 Sat. May 20 5 Km, Thornton, Col., 8 am (H)  
 Sun. May 21 Masters 10 Km, Denver, 9 am (H)  
 South Region 10 Km, Pharr, Texas (O)  
 5, 10, 20 Km, and 1 Hour, Point Pleasant, N.J. (A)  
 Sat. May 27 10 and 20 Km, Colorado (H)  
 Pac. Assn. 5 Km, Sacramento (E)  
 1500 meters to 5 Km, Clermont, Fla. (U)  
 Sun. May 28 Alongi 5 Km, Kentfield, Cal. (P)  
 Art Keay Memorial 5, 10, and 20 Km, Totonto, Ontario (R)  
 3 Km, Arlington, Va. (S)  
 Sanford Kalb 9 Mile, Lakewood, N.J. (A)  
 Mon. May 29 10 Km, Boulder, Col., 7 am (H)  
 Sat. June 3 Masters 1500 meters and 3 Km, Seattle (C)  
 5.3 Miles, Brunswick, Maine, 1 pm (D)  
 Sat. June 10 1500 to 5 Km, Clermont, Fla. (U)  
 1 Mile, Colts Neck, N.J. (A)  
 Sun. June 11 1 Hour, Kentfield, Cal. (P)  
 3 Km, Arlington, Va. (S)  
 5 Km, St. Paul, Minn., 9 am (I)  
 June 16-17 South Region Club Championships 5 and 10 Km, Waco, Texas ((L)  
 Sat. June 17 5 Km, Denver, 8 am (H)  
 Metropolitan 20 Km, New York City 9 am ((G)  
 Mon. June 19 5 Km, Long Branch, N.J. (A)  
 Wed. June 21 5 Km, Denver, 6:30 pm (H)  
 Sun. June 25 5 Km, Denver, 9 am (H)  
 3 Km, Arlington, Vir. (S)  
 5 and 10 Km, Pasadena, Cal. (Y)  
 1 Hour, Kentfield, Cal. (P)  
 Mon. June 26 5 Km, Long Branch, N.J. (A)  
 Mon. July 3 5 Km, Long Branch, N.J. (A)  
 Tue. July 4 5 Km, Evergreen, Col., 8 am (H)  
 8 Km, Washington, D.C. (S)  
 Sat. July 8 3 Km, Arlington, Vir. (S)  
 5 and 10 Km, St. Louis Park, Minn., 7:30 am (I)  
 Sun. July 9 1 Mile, Davis, Cal. (E)  
 Mon. July 10 5 Km, Long Branch, N.J. (A)

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 I--Bruce Leasure 651-330-9355  
 J--Art Klein, 3035 Arlington Drive, Aptos, CA 95003  
 L--Dave Gwyn, 6502 Briar Bayou, Houston, TX 77072  
 M--Vince Peters, 607 Omar Circle, Yellow Springs, OH 45387, 937-767-7424  
 N--Florida Athletic Club, 3250 Lakeview Blvd., Delray Beach, FL 33445  
 O--A.C. Jaime, 621 N. 10<sup>th</sup> Street, Suite C, McAllen, Texas 78501  
 P--Jack Bray, Marin Racewalkers, P.O. Box 21, Kentfield, CA 94914  
 Q--Daniel Koch, 3331 NW 22nd Street, Coconut Creek, FL 33066  
 R--Stafford or Lily Whalen, 416-243-5413, staffordwhalen@rogers.com  
 S--Potomac Valley TC, 3140-D West Springs Drive, Ellicott City, MD 21043  
 T--Gary Westerfield, garyw@optonline.net  
 U--Robert Carver, 1002 Catalpa Lane, Orlando, FL 32806  
 V--Justin Kuo, 617-731-9889  
 W--Frank Soby, 4157 Colonial Drive, Royal Oak, MI 48073  
 Y--Walkers Club of Los Angeles, 233 Winchester Avenue, Glendale, CA 91201  
 X--Steve Vaitones, P.O. Box 1905, Brookline, MA 02446 (617-566-7600)

## From Heel To Toe

**Marcel Jobin.** Marcel Jobin was great Canadian in the 1970s and early '80s. In referring to a video on Marcel, Ray Sharp wrote the following profile. "Marcel talks about his career, his experience in the Montreal Olympics and his missed opportunity with the 1980 Moscow boycott. The videos of him walking are from earlier in his career, when he was in his early-thirties, with a stiffer, slower technique than he displayed in later years. Marcel's walking evolved along with the advances in the sport in the 1970s made by the Mexican walkers and others, and by 1980-82 he was one of the fastest walkers in the world with a very "modern" technique, at age 40+. Marcel was also a Canadian snowshoe champion, and a great promoter of walking (along with his manager Michel Parent) who influenced Canadian champions Guillaume LeBlanc and Francois LaPointe. He raced in the ultra-thin and light Tiger Marathon or Tiger Pinto shoes, blue nylon with white "asics" symbol, a very thin rubber sole with no mid-sole cushioning. Marcel didn't need much cushioning; in later years his heel hardly touched the ground as he landed almost directly under the body and rolled quickly to the forefoot, a very efficient style which sometimes gave him problems with international judges. Marcel drank chocolate or vanilla flavored replacement drinks during races. They came in cans like those protein shakes. Marcel was a kind man and a worthy champion who won many U.S. title races in the early 80s as a guest competitor. He would race the first 3-4 minutes at a 7:45 or 8:00/mile pace, his warmup period, and then after a signal of three or four strong puffs of breathe, away he'd go, maintaining 7:00 to 7:10 per mile for 20, 30 or 40k. In my U.S. first win, the 30k in Houston in March 1980, Marcel and I stayed at Neil (aka Grim Reaper) Pickens' house. I stayed with Marcel for about 15 k in the race and hung on for a 1:29:45 split at 20k before fading to a 2:21:03 and a two-minute win over Marco Evoniuk. Marcel probably walked 2:13 or so. He was one fast 40-year-old. He told me I'd never be a good 50k walker because I talked too much during races. He was probably right." . . . **Further Brunswick update.** Back to the 5.3 mile monthly race in Brunswick, Maine, which has been mentioned in this feature the past two months. A couple of Toms--Eastler and Knatt--have suggested to race director Bob Whitney that the prize money (\$500 to the walker who achieves the fastest

time in the course of th series) might better be split between the two genders rather than given to the overall fastest. Bob Whitney concurs and announces the male athlete acheiving the fastest time and the female athlete achieving the fastest will each receive \$300. The second race in the series (see results section) drew several young walkers and Bob sees the series contributing to the tremendous potential to build on the foundation Tom Eastler has established in promoting the sport in Maine, which has the only high school program for both and girls in the country. . . **Gianni Corsaro.** Former Italian National Coach and 1948 Olympian (9<sup>th</sup> at 10 Km) Gianni Corsaro passed away recently. Corsaro was a good friend of Frank Alongi, who has done so much to boost the sport in this country, and was himself important to racewaling in Italy. . .

**Ghana racewalking.** Dave McGovern, who has ben an adviser to Ghana's racewalkers reports that "Ace Walker" Vincent Asumang visited the U.S. in April and returned to Ghana this evening with approximately 40 pairs of racewalking shoes and racing flats, courtesy of US and Canadian racewalkers. Dave says: "Vincent showed me photos of some races in Ghana. According to Vincent, the clinics I did a few years back planted a seed. Now there are many dozens of walkers in Accra, Cape Coast and Kumasi--many of them junior high school age and younger--competing in the races. 50 or more walkers compete in each race--many of them wearing no shoes at all. I hadn't realized how many younger walkers were competing, so I'm appealing once again for your shoes. New but don't quite fit? Perfect! Wrong color? We'll take 'em! Moderately used? Better than nothing! Best of all would be shoes (racing flats) that your kids have worn to compete in, but have outgrown. If they are seriously funky or falling apart, toss them, but if they are still in reasonably good shape, they will be very much appreciated. I will be leaving for the World Cup on May 9th. If you can get shoes to me by then (or childrens or adult small or medium racing singlets or lightweight T-shirts) I'll pack them and get them to the Ghanaians." Contact Dave at PO Box 3734, Kingston, NY 12402 or at [dmcg@racewalking.org](mailto:dmcg@racewalking.org). The growth of racewalking Ghana was shown in a 20 Kmrace in March in which Ahmed Tijani Sanni walked 1:34:06 and Atta Bright did 1:35:28. In a 50 Km Kofi Ali did 4:43:39 to beat Asumang (4:50:09) and Michael Boateng (4:51:30). . .

## Italy's Young 50 Km Ace

Last summer, Italy's Alex Schwazer earned a sensational bronze medal in Helsinki at the World Championship 50 Km. In the process, he smashed the national record by two minutes with a time of 3:41:54. Now he will carry the nation's hopes at the IAAF Racewalking Cup in May.

Schwazer, a 21-year-old athlete from Calice, a small village near Racines in the Italian region of Alto Adige, has bee guided by Italian walking guru Sandro Damilano since October 2003. At first a promising ice hockey player, he turned to athletics at age 15, running middle distance races. He began racewalking in the youth category. But, at 18 he turned to cycling. "I began late with cycling and I lacked tactics and experience," said Schwazer of his past cycling experience.

After returning to racewalking, Schwazer now regularly trains in Saluzzo with Elisa Rigauda, Lorenzo Civallero, and Patrick Ennemoser and competes for the Carabinieri Bologna military team. He is known as a hard worker in training. "I recover easily from the efforts. When I am at rest, I have a heartbeat of 29 per minute", Said Schwazer.

In Helsinki, coach Damilano advised Schwazer to slow down when he saw that he was catching up with the leading athletes. Damilano feared that his young protege could fade in his attempt to reach the podium. Fortunately, Schwazer decided to follow his own instincts

and won a World medal that not even the most optimistic Italian athletics pundit would have predicted before Helsinki.

After Schwazer's unexpected feat in the Finnish capital, racewalking legend Robert Korzeniowski said: "If an athlete finishes in the top eight in his first 50 Km in a big championship race it means that he is a talented walker. The fact that Alex reached the podium in his first big 50 Km race at this age means that he is really a superb athlete."

Post-Helsinki celebrations have not affected Schwazer's preparation for the upcoming season. "This autumn I feared I would lose my focus and miss training sessions. I was not used to it, and I had to say no to many invitations. The bronze medal is now giving me extra motivation to work harder. I am training most of the year in Saluzzo under the guidance of Damilano."

It was the Saluzzo-born coach who convinced him to return to walking. "Sandro wanted me in his training group some years ago even when I hadn't won anything yet. This winter I worked on improving my technique, which was my weakest point in the past. Every year, I increase the volume of my training. I am planning to walk 4000 kilometers in the period of training from February to mid-May when I will compete in the 50 Km at the World Cup in La Coruna. Now I walk 220 Km per week at a slow pace (*Ed. That's about 20 miles a day!*). I will gradually reduce the mileage in the coming weeks and work on increasing the speed in my training sessions. My first international race will be the 20 Km in Rio Maior (Ed. See results above. He finished sixth.). Afterwards, I will join my training group for a training stage in Ecuador," explained Schwazer.

**Diego Sampaolo for the IAAF**

## England's Earliest Competitive Walkers

(Excerpted from "Two Hundred Of Competitive Walking: A History of Racewalking" by Glenn Arthur Sweazey, Ontario, Canada, 1981.)

There have always been long-distance walkers, of course—like the Elizabethan eccentric, Tom Coryat, who walked across all Europe and finally headed for the Holy Land and on to India, where he died. There were medieval friars who would wander back and forth across Europe for the whole of their lives. But the idea of walking competitively really only took hold in the latter half of the eighteenth century, when the main interest of the sport was in gambling.

Walking was a predominate form of transportation during the eighteenth century, and it was during this period that long-distance walking became popular. After some time, long-distance walkers would establish reputations based upon their notable walking achievements; then there would be challenges offered to encourage these men to walk phenomenal distances. These activities served the gambling interests of sportsmen and it was in this way that competitive walking began.

Organized walking competition had its start in England, when town-to-town walking events drew large and enthusiastic crowds of both spectators and competitors. A number of these walkers became "celebrities" because of their walking, and their appearance in a small town would bring out many spectators.

An eighteenth-century gentleman named Foster Powell correctly clad in frilled shirt, long waist coat, full-skirted coat, wig and three-cornered hat, walked the 402 miles from London to York and back again in 5 days and 18 hours. A more athletically clad champion named George Wilson set himself to walk 50 miles a day for 10 consecutive days and

completed his 500 miles in eleven days. An early nineteenth-century gentleman, a Captain Robert Barclay, walked 1000 miles in a thousand consecutive hours.

There was usually a substantial amount of money wagered upon the outcome of these walks and the men who walked in these long-distance events would most often race against themselves. The competitions were an individual test of endurance and will power.

It was Foster Powell who was the first of the celebrated distance walkers in England. His walk from London to York and back was accomplished in 1773. The feat made him somewhat of a national hero. His return to town was heralded by a crowd of three thousand people on horseback and in carriages, which kept him company from Highgate.

By the turn of the century, there were two new "champion" walkers. George Wilson and Robert Barclay were the famous long-distance men of the early 1800s. Captain Barclay, in particular, gained a major reputation for his competitive feats and his accomplishments during this time were legendary.

In 1801, he undertook to walk 90 miles in 21 ½ hours for 2000 guineas, but brandy and nausea stopped him. He failed again and then, when a third attempt was suggested, this time for 5000 guineas, he decided to take the matter seriously. He trained remorselessly, once covering the whole 90 miles through heavy rain and often up to his ankles in mud. On the day of the event a mile was measured out on the York-Hull road; observers were stationed to notch the rounds on a turning post; lamps were placed; stop watches set; and Barclay accomplished the feat—with 1 hour and 8 minutes to spare.

Barclay's most famous achievement was accomplished in 1809. He was the first person to complete 1000 miles of walking in 1000 successive hours. A sum of 100,000 pounds was wagered on the result—a staggering amount for those days. The match began at Newmarket at midnight on June 1, 1809 and lasted for 43 days. He completed the course at 3 pm on July 12 to the sound of church bells.

It was the town-to-town walks by Powell, Wilson, Barclay, and other champion distance men of the late 1700s and early 1800s that marked the beginning of competitive walking. Their accomplishments served as inspiration to many walkers during later years. These men were the pioneers of competitive walking and the events they took part in are the genesis of contemporary racewalking. The efforts of Barclay, and others from this period, were inspired by a sense of challenge and the gambling stakes that sporting enthusiasts wagered. These long-distance men were undeniably professional participants; however, it is important to note that without the gambling and financial gain to be had, it is doubtful whether these competitive events would have lasted for any length of time.

(Glenn's book was heavily referenced and I have omitted his footnotes. However, to give credit to other authors, the following sources were cited in this passage: Man, John, *Walk! It Could Change Your Life.*, London, England, Paddington Press, Ltd., 1979; Rudow, Martin, *Race Walking*, SportsSource (Bob Anderson, ed.), Mountain View, Cal., World Publications, 1975; Sussman, Aaron and Gordon, Ruth, *The Magic of Walking*, New York, Simon and Schuster, 1967.)

## Leaders in Total U.S. Racewalking Titles, Men

1. Ron Laird 65 Senior Titles
  - 1958: 20 Km, 25 Km
  - 1959: 40 Km
  - 1960: 40 Km, 50 Km

1961: 25 Km, 30 Km, 35 Km, 40 Km  
 1962: 35 Km, 50 Km  
 1963: 15 K, 20 Km, 25 Km  
 1964: 1 Mile, 20 Km, 30 Km, 1 Hour  
 1965: 2 Mile, 15 Km, 20 Km, 25 Km, 30 Km, 35 Km, 1 Hour  
 1966: 2 Mile, 15 Km, 25 Km, 35 Km, 40 Km  
 1967: 2 Mile, 10 Km, 15 Km, 20 Km, 25 Km, 30 Km, 35 Km, 1 Hour  
 1968: 1 Mile, 15 Km, 20 Km, 1 Hour  
 1969: 2 Mile, 10 Km, 15 Km, 20 Km, 25 Km, 30 Km, 35 Km, 40 Km, 1 Hour  
 1879: 30 Km  
 1971: 1 Mile, 10 Km, 25 Km, 1 Hour  
 1975: 5 Km, 25 Km, 1 Hour  
 1976: 2 Mile, 5 Km, 10 Km, 15 Km, 20 Km, 25 Km

#### 2. Henry Laskau 42 Senior Titles

1947: 10 Km, 15 Km  
 1948: 1 Mile, 3 Km, 10 Km  
 1949: 1 Mile, 3 Km, 10 Km  
 1950: 1 Mile, 3 Km, 10 Km  
 1951: 1 Mile, 3 Km, 10 Km, 20 Km  
 1952: 1 Mile, 3 Km, 10 Km, 20 Km  
 1953: 1 Mile, 2 Mile, 10 Km, 15 Km, 20 Km  
 1954: 1 Mile, 2 Mile, 10 Km, 15 Km, 20 Km  
 1955: 1 Mile, 2 Mile, 10 Km, 15 Km, 20 Km  
 1956: 1 Mile, 3 Km, 10 Km, 15 Km, 25 Km  
 1957: 1 Mile, 2 Mile, 10 Km

#### 3. Curt Clausen 29 Senior Titles

1988: 40 Km  
 1996: 10 Km, 20 Km  
 1997: 5 Km, 10 Km, 20 Km, 40 Km  
 1998: 5 Km, 50 Km  
 1999: 10 Km, 20 Km, 50 Km  
 2000: 50 Km  
 2001: 5 Km, 20 Km, 30 Km  
 2002: 10 Km, 50 Km  
 2003: 10 Km, 15 Km, 30 Km, 40 Km, 50 Km, 2 Hour  
 2004: 15 Km, 50 Km, 2 Hour  
 2005: 30 Km, 50 Km

#### 4. Tim Seaman 27 Senior Titles

1996: 5 Km  
 1998: 5 Km (Indoor), 10 Km, 15 Km, 20 Km  
 1999: 5 Km (Indoor)  
 2999: 5 Km (Indoor), 20 Km  
 2001: 5 Km (Indoor), 15 Km  
 2002: 5 Km (Indoor), 20 Km, 30 Km, 40 Km  
 2003: 5 Km (Indoor), 5 Km  
 2004: 5 Km (Indoor), 5 Km, 20 Km, 40 Km

2005: 1 Mile, 3 Km, 5 Km (Indoor), 10 Km, 20 Km

2006: 3 Km, 5 Km (Indoor)

#### 5. Larry Young 25 Senior Titles

1966: 50 Km  
 1967: 50 Km  
 1968: 30 Km, 35 Km, 50 Km  
 1971: 2 Mile, 30 Km, 35 Km, 40 Km, 50 Km  
 1972: 5 Km, 10 Km, 15 Km, 20 Km, 25 Km, 30 Km, 35 Km, 40 Km  
 1974: 30 Km, 50 Km  
 1975: 30 Km, 50 Km  
 1976: 30 Km, 50 Km  
 1977: 50 Km

#### 6. Tin Lewis 23 Senior Titles

#### 7. Bill Mihalo 21 Senior Titles

#### 8. Sam Liebgold 20 Senior Titles

#### 9. Harry Hinkel 18 Senior Titles

Jim Heiring 18 Senior Titles

#### 11. Gary Morgan 17 Senior Titles

#### 12. Ron Zinn 15 Senior Titles

Allen James 15 Senior Titles

#### 14. Adolph Weinacker 14 Senior Titles

John Knifton 14 Senior Titles

Todd Scully 14 Senior Titles

Dan O'Connor 14 Senior Titles

Carl Schueler 14 Senior Titles

Ray Sharp 14 Senior Titles

#### 20. Willie Plant 13 Senior Titles

Alan Price 13 Senior Titles

## LOOKING BACK

**40 Years Ago** (From the April 1966 ORW)—Toughest of the tough. That's what we called Shaul Ladany after he set an American record for 50 miles in Point Pleasant, N.J. He warmed himself up with an 8:45 for the first mile and passed 50 Km in 5:05:13. John Kelly was a strong second, about 12 minutes behind, with Elliott Denman and Bruce MacDonald following. . . Ron Laird did his own record setting in San Diego—35 Km in 3:08:37, 40 Km in 3:38:26, and 25 miles in 3:39:37. . . Jack Blackburn won a track 40 Km in Worthington, Ohio with a 3:58 as your editor's "assault" on Laird's record fizzled out after 15, where he dropped behind the necessary pace, and ground to a halt at 19 miles.

**35 Years Ago** (From the April 1971 ORW)—Another 5 years, and here was Ron Laird taking the National 1 Hour title by overcoming Colorado's altitude handicap to cover 7 miles 1510 yards. Floyd Godwin was nearly 300 yards behind Laird and 50 yards ahead of comebacking Larry Young. . . John Knifton was knifty in a 4:10:42 50 Km effort, followed 6 days later by a track 20 Km in 1:35:19. Ron Kulik was second in the 50 in 4:15:31, but there was some suspicion about the course. . . Elliott Denman won his annual 50 miler with an impressive

8:47 with our own Jack Blackburn struggling to third behind George Braceland. . . On the local scene, Jerry Brown, then living in Louisville, Ky., journeyed north to win a 10 Km on the Worthington track in 49:05, leaving your editor 34 seconds behind. . . The ORW subscription rate went from \$2.00 to \$2.50 per year.

**30 Years Ago** From the April 1976 ORW—Once again we meet that tough one as Shaul Ladany won his second straight U.S. 75 Km title in 7:23:46. He outclassed the opposition in the New Jersey race, with Tom Ambury second in 7:58:02, followed by Alan Price (8:02:36) and Tom Knatt (8:14:07). . . The National 100 Km was also contested, this one in Colorado, with Paul Ide winning in 10:31:28, 14 minutes ahead of Augie Hirt. Jerry Brown was a distant third. . . Still going strong, Ron Laird won the National 25 Km in Seattle, overhauling Larry Young in the final 5 Km. Young went through 20 Km in 1:33:54 and led by nearly a minute, but hit the wall soon after and succumbed to Laird's strong finish. Ron had 1:59:09 to Larry's 2:00:33

**25 Years Ago** (From the April 1981 ORW)—Jim Heiring set an American record for 5 Km (20:41) at the Dogwood Relays in Knoxville, Tenn. Todd Scully was second in 21:17. Tim Lewis, then a student at East Tennessee, was third in 22:05. . . Australia's Sue Cook had two world's bests: 22:53.2 for a track 5 Km in Adelaide and 6:47.9 for 1 Mile in Canberra.

**20 Years Ago** (From the April 1986 ORW) -Tim Lewis and Lynn Weik scored double victories in the Rockport Regional held in the nation's capital. Lewis won the 5 Km on Saturday in a quick 19:54 and came back on Sunday to walk 20 in 1:25:43. Weik won a 5 and 10 double in 23:36 and 48:20. Carl Schueler followed Lewis on both days in 21:09 and 1:28:43. Teresa Vaill also had two seconds in 23:47 and 49:01. . . In Mexico's Racewalking Week, Czechoslovakia's Josef Pribilinec won the 20 in 1:23:34, with Ernesto Canto second in 1:23:48. Canto took a 1 Hour race with 14,339 meters in torrential rains with Czech Pavol Blazek second some 47 meters back. The 50 went to Felix Gomez in 3:56:25 with Martim Bermudez and Sweden's Bo Gustavsson also under 4 hours.

**15 Years Ago** (From the April 1991 ORW)—In U.S. World Cup Trials held in San Jose, Debbi Lawrence and Tim Lewis turned in impressive performances. Lawrence took the 10 Km race in 45:32, 24 seconds ahead of Lynn and Teresa Vaill, who were in a near dead heat for second. Victoria Herazo was 9 seconds behind them in fourth and Wendy Sharp captured the final Cup spot in 48:28. Lewis was unchallenged in the 20, walking 1:26:52 to beat Doug Fournier by 45 seconds. Allen James was third in 1:27:47, with Curtis Fisher (1:28:12) and Don Lawrence (1:28:53) filling out the team. . . Fournier and Weik had won races at the National Invitational in Washington, D.C.. Fournier's 1:32:31 for 20 put him nearly 2 ½ minutes ahead of Marc Varsano. Weik had 48:48 to finish 2 minutes ahead of Maryanne Torrellas. . . World Indoor titles went to Germany's Beate Anders (3 Km in 11:50.90) and Russia's Mikhail Schennikov (5 km in 18:23.55). Kerry Saxby (Australia) and Ileana Salvador (Italy) followed Anders. Italy's Giovanni DiBenedictis and Russia's Kostyukevich were 2-3 in the men's race.

**10 Years Ago** (From the April 1996 ORW)—Allen James covered his final 10 Km in 46:44 to win the U.S. Olympic Trial at 50 Km with a 3:58:39. Andrew Hermann withstood a challenge by Andrzej Chylinski to take second in 4:07:52. Chylinski caught and passed Hermann during the final 10, but faded away at the finish. He won a spot on the team having bettered the 4 hour qualifying standard earlier. Herman was left to try for that standard later. Veteran

Marco Evoniuk was a close fourth in 4:10:45 as he took a shot at his fifth Olympic team. Ian Whatley was fifth in 4:14:48, Dave Marchese sixth in 4:15:31, Rob Cole seventh in 4:16:42, Herm Nelson eighth in 4:17:51, and Mark Green ninth in 4:19:19. (Note that Mark, now 50, although he was 20 minutes slower, moved up four places in this year's World Cup Trial.) . . At the National Invitational, Teresa Vaill moved away from Canada's Janice McCaffrey early and went on to win the 10 Km in 45:20.4. McCaffrey had 46:06.2, with Sara Standley third in 46:52. Canadian Arturo Huerta put his stamp on the 20, winning easily in 1:22:51.9. Following were Curt Clausen (1:25:41), Dave McGovern (1:26:29), Ian Whatley (1:27:18), Philip Dunn (1:29:08), and Dave Marchese (1:29:14). . . Kerry Saxby-Junna won the Australian Women's 10 Km in a swift 42:49.

**5 Years Ago** (From the April 2001 ORW)—Philip Dunn walked 3:57:33 to win the National 50 Km in Manassas, Virginia, leaving three-time defending champion, Curt Clausen, 9 minutes behind. Tim Seaman was third in 4:14:12, Al Heppner fourth in 4:22:03, Theron Kissinger fifth in 4:23:24, and Dave McGovern sixth in 4:29:20. Susan Armenta was impressive in winning the first U.S. Women's 50 Km title, doing 4:49:42 in her debut at the distance. . . The following day, Ecuador's Xavier Moreno won the National Invitational 20 Km at the same site in 1:25:16 with Sean Albert second in 1:26:55. Teresa Vaill finished third overall in winning the women's race in 1:33:23. . . Curt Clausen walked the fastest ever outdoor mile by an American in Walnut, Cal., winning in 5:54:52. Al Heppner was 2 seconds back. (Tim Lewis holds the indoor best at 5:33.53 and Ray Sharp and Jim Heiring also bettered Clausen's mark in indoor races.) Michelle Rohl won the women's race in 6:39.75. . . Australia's Nathan Deakes won the annual 50 Km in Naumburg, Germany in 3:44:43, more than 5 minutes ahead of Poland's Tomasz Lipiec. . . 20 Km races in Rio Maior, Portugal went to Susan Feitor in 1:27:55 and Latvia's Aigars Fadejevs in 1:22:02. . . Russia's Ilya Markov did 20 Km in 1:19:38 to win in Barcelona, with Spain's Francisco Fernandez just 9 seconds back. Fadejevs was third in 1:19:53.