

Ohio Race Walker  
3184 Summit Street  
Columbus, Ohio 43202



# OHIO RACEWALKER

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## Cup Trial Dominated By Lawrence and Lewis

San Jose, Cal., April 21--Debbie Lawrence and Tim Lewis solidified their positions as the top U.S. walkers in their events with impressive wins in the World Cup Trials today. The 29-year-old Lawrence bettered her own American road record for 10 Km as she qualified for her fourth World Cup team. Her blazing 11:08 for the first 2 1/2 Km put her 12 seconds ahead of Lynn Weik and Teresa Vaill and she just continued to pull away through the rest of the race. After that fast start, she walked an amazingly steady pace with 11:26, 11:26, and 11:32 splits thereafter. Her 45:32 was 2 seconds under her best last fall at the Alongi Invitational.

Weik and Vaill got away from Victoria Herazo after the first 1250 meter lap and walked together the whole way. Weik got the nod for second as both finished in 46:56. This will be the third World Cup for Weik and fourth for Vaill. Herazo never dropped more than 18 seconds behind the pair and closed on the final lap to take fourth in 47:05. This will be her first World Cup team. Wendy Sharp took the final spot, her second time on the team, catching Sara Standley just past 5 Km and pulling well clear by the finish. Standley really hit the wall the last two laps, losing the sixth spot to Debora Van Orden and just holding off Lynda Brubaker. Viisha Sedlak in 10th was the first Master, some 31 seconds ahead of Gayle Johnson, who took 50 seconds off her time in the Mortland Invitational the week before.

Lewis also was in command of the race throughout as he won the 20 Km Trial in 1:26:52. This will be Tim's fifth World Cup, a place he already had won with a fifth place in the 50 Km Trial. We assume he will go in the 20, moving Dan O'Connor onto the team at 50--his eighth team. Doug Fournier broke up a race long dual with Allen James and Curtis Fisher over the last 4 Km to cop the second spot and make his second team. Don Lawrence was also in that race for second through 12 Km, but dropped away at that point. However, he was never challenged for the final spot on the team over the final 5 Km and joins wife Debbie. James, Fisher, and Lawrence will all be on their first World Cup team. The only other person in contention for a spot on the team after the first 10 Km was Andrezej Chylinski--and I don't know who he is. Obviously a Polish name, but I assume he was eligible for the team or he wouldn't have been in the race. We should solve the mystery by next month. Results of the races, with 2 1/2 Km splits for the women. 10 Km: 1. Debbie Lawrence, Propet Walkers 45:32 (11:08, 22:34, 34:00) 2. Lynn Weik, Natural Sport 46:56 (11:20, 23:05, 34:59) 3. Teresa Vaill, Natural Sport 46:56 (11:20, 23:05, 34:59) 4. Victoria Herazo, Cal Walkers 47:05 (11:28, 23:20, 35:16) 5. Wendy Sharp, Natural Sport 48:28 (11:37, 23:58, 36:16) 6. Debora Van Orden, un. 49:17 (12:00,

SECOND CLASS POSTAGE  
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Above: Doug Fournier hits the tape to win the National Invitational 20 Km held around the reflecting pool in Washington D.C. (Photo by Tracey Wong Briggs)

Below: Brentwood, N.Y. racewalkers Roselle (L.) and Danielle (R.) Safran became the youngest competitors at the National Scholastic T&F Championships to gain All-American honors, finishing fourth (7:51.3) and fifth (7:54.7), respectively, in the 1 Mile. Roselle is 13 and Danielle 12.

24:12, 36:38) 7. Sara Standley, Natural Sport 49:57 (11:26, 23:47, 36:42) 8. Lynda Brubaker, un. 50:03 (11:59, 24:21, 37:07) 9. Kim Wilkinson, Mont. Pen. WWWW 51:19 (12:35, 25:19, 38:21) 10. Viisha Sedlak, Easy Spirit 51:38 (12:15, 25:13, 38:28) Kaisa Ajaye, un. 52:00 (12:33, 25:38, 38:47) 12. Gayle Johnson, Ohio TC 52:09 (12:31, 25:32, 38:38) 13. Susan Liers, Natural Sport 52:16 (12:23, 25:33, 39:17) 14. Francene Bustos, Easy Spirit 53:20 15. Lizzy Kemp-Salvato, un. 53:39 16. Karen Rezach, Shore AC 54:11 17. Margaret Govea, Easy Striders 54:14 18. JoAnn Nedelco, Golden Gate RW 54:34 19. Cicny Paffumi, GGRW 54:52 20. Mataji Graham, Amer. RWA 55:01 21. Jeanette Smith, un. 55:32 22. Mary Howell, un. 56:14 23. Daniela Hairabedian, un. 56:35 24. Jackie Kerby, ARWA 56:57 25. Alison Ashton, Easy Striders 57:23 26. Beb LaVeck, Pacific Pacers 59:23 27. Donna Gilliland, GGRW 59:49 DQ—Michelle Rohl, Parkside AC (just 6 seconds behind Sharp with a lap to go when she was DQd), Doreen Beard, un., and Kathy Jo Lovell, un. DNF—Maryanne Torrellas 25:21 at 5 Km

20 Km: 1. Tim Lewis, Reebok 1:26:52 (42:54) 2. Doug Fournier, Parkside AC 1:27:39 (43:21) 3. Allen James, Athletes In Action 1:27:47 (43:21) 4. Curtis Fisher, NYAC 1:28:12 (43:21) 5. Don Lawrence, Propet Walkers 1:28:53 (43:21) 6. John Marter, un. 1:29:17 (44:34) 7. Jonathan Mathews, GGRW 1:29:52 (44:20) 8. Andrezej Chylinski, un. 1:30:18 (43:21) 9. Ray Sharp, un. 1:30:57 (44:32) 10. Carl Schueler, Reebok 1:31:02 (44:57) 11. Rob Cole, UW Parkside 1:31:29 (44:32) 12. Herm Nelson, Club Northwest 1:32:10 (45:48) 13. Mark Varsano, East Side TC 1:32:20 (45:06) 14. Steve Pecinovsky, Pot. Valley Srs. 1:34:23 (44:22) 15. TOM Nutter, Carlinville Str. 1:34:47 (46:21) 16. Gary Morgan, NYAC 1:35:26(43:52) 17. Richard Quinn, Pot. Val. Srs 1:35:31 18. Philip Dunn, un. 1:35:32 19. James Lenschau, GGRW 1:36:52 20. Dave McGovern, un. 1:38:28 21. John Kerfoot, SMOke River 1:38:34 22. Ian Whatley, Pot. Val. Srs 1:40:05 23. Dan Pierce, un. 1:41:24 24. Richard Ashton, Easy Striders 1:42:22 25. Enrique Camarena, SCW 1:43:08 26. Andrew Smith, N. Mex. RW 1:43:43 27. Dana Marsh, Cal. Walkers 1:45:20 28. Chris Rael, SCW 1:45:23 29. Skip Bockoven, GGRW 1:46:13 30. Art Grant, SCW 1:46:17 31. Michael Korol, un. 1:47:53 32. Stan Chraminski, un. 1:47:53 33. Norman Fable, N.M. RW 1:51:20 DNF—Ric Holt, David Marchese, Jack Bray

### Fournier, Weik capture DC races

Washington, DC, March 24--Doug Fournier and Lynn Weik scored easy wins in the annual National Invitational racewalks today. Both had margins of well over 2 minutes at the finish as Fournier took the 20 Km in 1:32:31 and Weik the 10 Km in 48:48. In the 20 Km, Marc Versano walked a personal best in second, some 3 minutes ahead of Nick Bdera. Comebacking Maryanne Torrellas easily beat Canada's Corine Whissell for second in the women's 10. The results:

Men's 20 Km: 1. Doug Fournier, Long Island, N.Y. 1:32:31 2. Marc Versano, Great Neck, N.Y. 1:34:55 3. Nick Bdera (42), Roosevelt Island, N.Y. 1:37:55 4. Jeff Casin (19), Ottawa, Canada 1:38:57 5. Martin St. Pierre (19), Ripon, Canada 1:39:40 6. Marc Bagan, Yonkers, N.Y. 1:41:18 7. Curt Clausen, Cary, N.C. 1:43:59 8. Alan Jacobson, New York, N.Y. 1:44:21 9. Paul Martino, Florence, S.C. 1:45:18 10. Franco Pantoni (45), New York, N.Y. 1:46:40 (2nd over 40) 11. Alan Price (44), Washington, DC 1:46:52 (3rd over 40) 12. Michael Karol, Kew Gardens, N.Y. 1:46:59 13. Ray McKinnis (51), Raleigh, N.C. 1:48:30 4. John Johnson (46), Coventry, Conn. 1:49:12

15. Lon Wilson (43), Bronx, N.Y. 1:53:32 16. Harvey Stephen (17), Lake Ronkonkoma, N.Y. 1:56:18 17. Justin Kuo, Boston 1:56:19 19. James Lemert (55), Washington, DC 1:58:34 20. Mitch Segal (40), Rockville, Maryland 2:02:48 21. Martin Smith (41), Cedar Rapids, Iowa 2:03:35 22. Jack Boitano (55), Stratford, Conn. 2:04:52 23. Steven Pinto, Fanwood, N.J. 2:05:19 24. Victor Litwinski (47), Arlington, Virginia 2:08:24  
 Women's 10 Km--1. Lyn Weik, Sayville, N.Y. 48:48 2. Maryanne Torrellas, Clinton, Conn. 51:07 3. Corine Whissell, Quebec, Canada 51:59 4. Susan Liers, Smithtown, N.Y. 52:36 5. Kaisa Ajaye, New York, N.Y. 53:11 6. Gayle Johnson (42), Columbia, Missouri 53:35 7. Cheryl Rellinger, Greenville, S.C. 54:43 8. Katyh Donley, Raleigh, N.C. 58:44 9. Jane Hein, Burke, Virginia 58:45 10. Pauline Stickels, Greenbelt, Maryland 61:55 11. Valerie Meyer, Arlington, Virginia 61:55 12. Stella Cashman (48), New York, N.Y. 63:57 (19 finishers)

### Mort's walks go to O'Brien and Johnson

Columbus, Ohio, April 14--At the first Jack Mortland Invitational Walks in 1988, Gayle Johnson, a local distance runner, served as the runner for the judges of walking, darting back and forth to pick up the cards. Inspired by the performances of Maryanne Torrellas, Debbi Lawrence, and Pascal Grand, Gayle took up the walking sport. Today, dropping in from her new home in Columbia, Missouri, Gayle captured the women's 10 Km title. Actually, she didn't just drop in, having helped Ron Laird present an excellent clinic the day before.

Fighting cool weather, intermittent heavy rains, and several major puddles that completely covered the course, Gayle moved away from Canada's Micheline Daneau after the first kilometer and recorded an easy win in 52:59, better than a half minute faster than she had done in Washington 3 weeks earlier.

In the men's race, Michigan's Dan O'Brien took command from the start and won easily in 1:40:09, though he slowed significantly on the final 5 km. The race was for second between two masters walkers, Alan Price and Victor Sipes. Price held second all the way, and at 10 Km had 21 seconds on Sipes and 59-year-old Max Green. The lead was down to 16 seconds at 15 Km and 6 seconds as they started the final 2 1/2 Km lap. But Sipes could get no closer, and the Washington endurance specialist had his second place. Green was unable to match the other two over that final 5 Km, but still had an amazing time for someone in his 60th year. The results:

Women's 10 Km: 11. Gayle Johnson (41), Ohio TC 52:59 (12:58, 26:15, 39:41) 2. Micheline Daneau (30), Canada 55:08 (13:11, 27:13, 41:11) 3. Sandra DeNoon (35), Edwardsville, Ill. 57:27 (13:55, 28:31, 42:56) 4. Kathy Finch (36), Lake City, Minn. 61:58 (15:13, 30:47, 46:27) 5. Recita Miles (27), Washington, DC 65:40 6. Ruth Leff (64), Parkside AC 65:47 7. Lenore Norris (37), Wolfpack TC 68:05 8. Mary Bridgman (40), Wolfpack TC 73:22 9. Carol Butcher (39), Toledo Road Runners 79:29

Men's 20 Km: 1. Dan O'Brien (26), Motor City Striders 1:40:09 (24:11, 48:50, 1:13:48) 2. Alan Price (44), Potomac Valley Striders 1:44:53 (25:32, 52:02, 1:18:38) 3. Victor Sipes (48), Wolverine Pacers 1:45:00 (26:00, 52:23, 1:18:54) 4. Max Green (59), Wolverine Pacers 1:45:56 (26:00, 52:22, 1:18:54) 5. Bill McCray (41), Dayton, Ohio 1:49:30 (25:52, 52:50, 1:21:02) 6. Terry McHoskey (49), Wolverine Pacers 1:51:53

(26:53, 55:08, 1:23:20) 7. Charles Deuser (60), Cincinnati 2:07:58 8. Gene Harrison (40), Louisville, Kentucky 2:10:08 9. Maynard Mickelson (65), Ashtabula, Ohio 2:13:55

5 Km Fun Walk--12. Dan Gumbish (44) 33:13 2. Lenore Norris (37) 34:27 (2nd walk of day) 3. Ed Hayes (41) 34:50 4. Larry Tann (40) 36:58 5. Jack Hunter (67) 38:34 6. Mary Ann Tann (41) 39:38 7. Larry Trask (55) 40:18 (your editor's college roommate for 3 years) 8. George Knox (79) 45:23 9. Paul Steinker (41) 46:01

### Schennikov and Anders win at World Championships

Both Mikhail Schennikov of the Soviet Union and German's Beate Anders bettered world indoor records in winning the walking races at the World Indoor Championships in Seville, Spain on March 9 and 10. Anders beat defending champion Kerry Saxby of Australia in the 3 Km on March 9, as she broke her own world indoor mark with a 11:50.90. The old record was 11:56.0. In the men's 5 Km the next day, Schennikov barely beat Italy's Giovanni DiBenedictis while bettering the old world mark by just 0.33. Results of the races:

Women's 3 Km--1. Beate Anders, Germany 11:50.90 2. Kerry Saxby, Australia 12:02.21 3. Ileana Salvador, Italy 12:07.67 4. Olga Kardapoltseva, USSR 12:07.70 5. Yelena Nikolayeva, USSR 12:09.60 6. Emilio Cano, Spain 12:40.87 7. Olga Sanchez, Spain 12:54.40 8. Zuzana Zemkova, Czech. 12:59.85 9. Victoria Herazo, US 13:09.90 10. Myriam Ramon, Ecuador 13:24.95 DQ--Annmarita Sidoti, Italy and Kathrin Born, Germany Heats on March 8: Heat 1--1. Salvador 12:33.23 2. Nikolayeva 12:34.73 3. Anders 12:35.27 4. Sanchez 12:47.80 5. Zemkova 13:05.89 6. Herazo 13:15.99 DQ--Vierra Torporek, Austria, Janice McCaffrey, Canada; Maria Rosza, Hung., and Sari Essayah, Fin. Heat 2--1. Sidoti 13:05.10 2. Kardapoltseva 13:05.43 3. Born 13:05.47 4. Saxby 13:06.38 5. Cano 13:16.06 6. Ramon 13:25.13 7. Alison Baker, Canada 13:53.21 DQ--Kamila Holpuchova, Czech. and Ildiko Ilyes, Hung.  
 Men's 5 Km: 1. Mikhail Schennikov, USSR 18:23.55 2. Giovanni DiBenedictis, Italy 18:23.60 3. Kostyukevich, USSR 18:47.05 (former world record holder at 18:23.88) 4. Miquel Prieto, Spain 18:53.83 5. Massana, Spain 19:08.79 6. Sandor Urbanik, Hung. 19:11.85 7. Bernd Gummelt, Germany 19:21.97 8. McDonald, Ireland 19:24.91 9. Ronald Weigel, Germany 19:34.86 10. Perez, Ecuador 20:20.05 DQ--Jachno, Australia and Kollar, Czech. Heats on March 9: Heat 1--1. Prieto 19:46.01 2. Kostyukevich 19:46.27 3. Killar 19:46.52 4. Weigel 19:48.79 5. McDonald 20:04.11 6. Perez 20:19.91 Heat 2--1. DeBenedictis 19:54.26 2. Urbanik 19:46.44 3. Schennikov 19:56.50 4. Massana 19:57.49 5. Gummelt 19:57.59 6. Jachno 20:06.83

### OTHER RESULTS

St. Patrick's Day 5 Km, New York City, March 17--1. Marc Versano 22:15 2. Nick Bdera 22:53 3. Sean Albert 23:45 4. Michael Koral 23:46 5. Susan Liers 24:45 6. Quentin Cunningham 24:58 7. Shawn Linehan 25:15 8. Stevve Harvey 25:28 9. Kaisa Ajaye 25:52 10. Ellen O'Shaughnessey 27:55 11. Jules Freemond 28:12 12. Sarah Gordon 28:35 13. Gary Westerfield 28:36 14. Debbie Scott 28:54 15. Frank Sofo 29:06 16. Bob Thaler (53) 29:14 17. Linda Daitz (49) 29:35 18. Carolyn Best-Hall 29:48 19. Rhoda Green (57) 29:50 20. Linda Roesner (51) 30:40 21. Wallace Cutler (68) 30:53 (58 finishers) 1/2 Marathon, Lincroft, N.J., March 3 (unjudged)--1. Karen Rezach (31) 1:58:10 2. Dr. Patrick Bivona (49) 2:10:28 3. Ralph Edwards (49) 2:26:12 4. Avram Shapiro (55) 2:27:56 5. Marcia Shapiro (52) 2:31:59 6. Dr. Gerald

Kass (51) 2:32:00 **10 Mile, Freehold Twp., N.J., March 17-1.** Ray Funkhouser (40) 1:27:30 (just out of hospital after bout with pneumonia) Women: 1. Marcia Shapiro 1:44:25 **5 Km, Cooper City, Florida, March 10-1.** John Fredericks 24:04 2. Bob Fine 27:37 (1st over 50) Women: 1. J. Marie Provost 30:31 (1st over 50) **4 Mile, Doral, Florida, March 2-1.** John Fredericks 32:30 2. Eric Schmook 35:14 3. Dave Clarke 36:13 4. Bob Fine 37:28 5. Sondra Vladem 37:24 6. Daisy Platero 37:38 7. Peter Black 37:43 8. Linda Stein 37:49 **Florida 5 Km Championship, Lake Worth, March 23-1.** Eric Schmook 25:31 2. Bob Fine (59) 27:45 3. Linda Stein (43) 28:28 4. Bill Halford (50) 28:50 5. June Marie Provost (57) 30:12 6. Lauren Demetry 30:19 7. Verna Bucks (49) 30:26 (50 finishers) **10 Km, Winter Park, Florida, March 23-1.** Steve Christlied 52:10 23. Burns Hovey 59:13 3. Chuck McLaughlin 61:36 (1st over 50) **5 Mile, Florida, April 7-1.** John Fredericks (43) 39:42 2. Eric Schmook 43:08 3. Yariv Pomeranz (15) 43:20 4. Dave Clarke 44:17 5. Daniel Piguille (45) 45:57 6. Bob Fine (59) 46:22 7. Peter Black (48) 46:49 Women: 1. Sondra Vladem 45:58 2. Linda Stein (43) 46:33 3. June Marie Provost (57) 50:46 4. Linda Talbott 50:52 **Indoor 1500 meters, Pittsburgh, March 15-1.** Kevin Applegate 7:36.6 2. Martin Smith 7:59.1 (1st over 40) 3. Gordon Carpenter 9:01.5 (2nd over 40) 4. Bill Witkowski 9:07.2 (1st over 50) **15 Km, Cincinnati, Ohio, March 24-1.** Richard Engels 1:27:03 2. David Berry 1:27:14 3. Gene Harrison 1:29:01 4. Charles Deuser 1:33:39 5. Richard Fenci 1:34:16 Women: 1. Ruth Everson 1:36:46 2. Janel Brockman 1:37:44 3. Teri Pope 1:37:50 **10 Km, Cincinnati, Ohio, March 17-1.** Rick Engel 57:21 2. Dave Berry 57:28 3. Dick Fenci 60:47 **Ohio TAC Indoor 3 Km, Columbus, March 10** (Thanks to Kevin Applegate in Woodcock, Pa. for these results. Not very good reporting on my part when I rely on someone in another state to send results of a race held about 3 miles from my doorstep.) 1. Bill McCray, Dayton 14:36.4 (1st 40-44) 2. Kevin Applegate, Woodcock, Pa. 16:22.5 (1st 35-39) 3. Allan Debelak 17:10.6 (2nd 35-39) 4. Gary Kidd, Toledo 18:44.1 (2nd 40-44) 5. Jack Shuter, Worthington 18:45.7 (1st 60-64) 6. Dan Gumbish, Columbus 18:55.1 (3rd 40-44) Women: 1. Gayle Johnson 15:23.4 (1st 40-44) 2. Rachel Townsend (13) 19:36.7 **5 Km, Dearborn, Michigan, April 7-1.** Gary Morgan 20:57 2. Dan O'Brien 23:21 3. Terry McHoskey 25:49 (1st master) 4. Vance Genzlinger (61) 27:07 5. Walt Lubzik 29:31 (3rd master) (9 finished) **Women's 3 Km, same place-1.** Diane Podsiadlik 18:08 2. Roberta Boyle 18:49 (1st master) **5 Km, Austin, Texas, April 13-1.** John Knifton 24:41 2. Richard Letsinger 26:26 3. Ken Cofer 27:19 Women: 1. Heidi Epp 27:13 **Indoor 1 Mile, Boulder, Colorado, March 2-1.** Tim Lewis 6:05 2. Randy Mimm 6:50 3. Dan Pierce 6:56 4. Bob DiCarlo (557) 8:16 5. Ray Franks (56) 8:32 Women: 1. Viisha Sedlak (42) 7:39 2. Peggy Miller 8:07 3. Christine Hackman 8:22 4. Pat Cooper 9:06 5. Lorraine Green 9:09 **Indoor 2 Mile, Colorado Springs, Feb. 22-1.** Tim Lewis 12:24 2. Ray Sharp 13:12 3. Woody Woods 16:30 4. Daryl Meyers 18:04 **5 Km, Denver, March 17-1.** Viisha Sedlak 25:39 2. Peggy Miller 26:29 **5 Km, Long Beach, Cal., March 16** (unjudged)-1. Keith Ward 22:39 (1st Master) 2. Noel Kadzierski 29:18 3. Trevor Grasha 29:48 (1st junior) Women: 1. Sara Standley 23:27 2. Brenda Long 26:33 3. Lizzy Salvato 26:47 4. Holly Wick 27:04 5. Elizabeth Robles 27:07 (1st junior) 6. Carmen Jacinsky 28:31 7. Donna Cunningham 29:56 (1st master) **Western Regional 20 Km, Long Beach, March 16-1.** Allen James 1:28:27 (22:20, 44:02, 1:05:54) 2. Rob Cole 1:31:56 (22:48, 45:17, 1:08:27) 3. Larry Walker (48) 1:34:21 (23:10, 46:45, 1:10:39) 4. Richard Ashton 1:45:49 5. Nelson Funes 1:46:06 6. Art Grant (41) 1:47:09 7. Norm Frable (45) 1:47:32 8. Michael Tomasulo (16) 1:49:04

9. Jack Bray (58) 1:49:57 10. Dale Sutton (51) 1:53:09 11. Wayne Wurzbarger (49) 1:53:14 12. Stephen Krupkat 1:53:16 13. Richard Oliver (54) 1:53:49 14. Dave Snyder (47) 1:56:23 15. Bill Neder (52) 1:56:44 16. Sal Corrallo (61) 1:57:14 17. Walter Sum de Leon 1:58:16 18. Richard Nester (41) 1:58:17 19. Carl Acosta 1:59:22 (40 finishers) Women: 1. Fran Buston 1:53:52 2. Margaret Govea 1:53:52 3. ALison Ashton 1:57:11 4. Cathy Mish 1:59:22 5. Andrea Johnson 1:59:27 6. Jaye Horowitz (50) 1:59:54 7. Brenda MacIsaac 2:03:53 8. Kathy Blackmer 2:09:52 **German Championships, Dortmund, Feb. 16--Men's 5 Km:** 1. Ronald Weigel 18:42.6 Women's 3 Km: 1. Beate Anders 11:56.0 **Indoor 5 Km, Paris, Feb. 23-1.** Mikhail Schennikov, USSR 18:46.01 **1 Hour, Le Seyre, France, March 16-1.** J. Pierre St. Martin 12,279 m (24:05,48:38) 2. Paul Cajka, Shore AC 10,204 m (28:52, 58:57)

#### PLACES AND DATES FOR ENCOUNTERING OTHERS WALKING AT GREAT SPEEDS IN A COMPETITIVE MANNER

Sat. May 11 5 Km, Davenport, Iowa (E)  
5 and 10 Km, Independence, Missouri (K)

Sun. May 12 10 Km, Shawnee, Kan., 8 am (R)  
3 and 5 Km, Dearborn, Michigan, 10 am (J)  
Men's 20 Km, Women's 10 Km, New York City, 8 am (W)  
**National TAC 15 Km, Portland, Oregon (S)**  
10 Km, Santa Monica, California, 8 am (B)  
5 and 10 Km, Seattle, 10 am (C)  
5 Km, Orlando, Florida, 7:30 am (Q)  
5 Km, Coral Springs, Florida, 7:30 am (Q)  
5 Mile, Point Pleasant, NJ, 11:05 am (A)  
20 Km, New Orleans, 7 am (V)  
5 Km, Keizer, Oregon, 8 am (S)

Sun. May 19 Metropolitan TAC 20 Km, New York, NY (Z)  
Michigan TAC 5 Km (Women), 10 Km (Men), Port Huron (P)  
5 Km, Coconut Grove, Florida (Q)  
5 Km, New Orleans, 8 am (V)  
5 Mile, Columbia, Missouri (M)  
15 Km, Riverside, Cal., 8 am (B)  
10 Km, Beaverton, Oregon (S)  
5 Km, New Orleans, 6:30 pm (V)  
5 Km, Irvine, Cal., 10 am (B)

Fri. May 24 Racewalk Triathlon (3 Km, 1500 m, and 800 m), Upper  
Sat. May 25 Arlington, Ohio, 12 noon (I)  
Sun. May 26 **National TAC Youth Road Walk Championships, Suffolk, NY (X)**  
5 Km women, 10 Km men, Dearborn, Michigan, 10 am (J)  
5 Km, Weston, Florida, 7:30 am (Q)  
15 Km, Columbia, Mo. (M)  
5 Km, Miami, 7 pm (Q)  
Maine State 5 Km Championship, Bangor, 11 am (Y)  
SC State 5 Km, Columbia (O)

Sun. June 2 New Jersey 5 Km Championship, West Long Branch (A)

- Thu. June 6 2.8 Mile, Seattle, 6 pm (C)  
 Sat. June 8 5 Km, Miami (Q)  
 5 Km, Trenton, New Jersey (A)  
 5 Km, Winthrop, Mass., 9 am (U)  
 5 and 10 Km, Dearborn, Michigan, 10 am (J)  
 5 Km, Lebanon, Oregon, 10 am (S)  
 Sun. June 9 Metropolitan 1 Hour Championship, New York City (Z)  
 Mon. June 10 5 Km, West Long Branch, NJ, 6:30 pm (A) (And each Monday evening through August 26)  
 Sat. June 15 1 Mile, Lawrenceville, New Jersey (A)  
 5 Km, Chicago (G)  
 5 Km, Rock Valley, Iowa (L)  
 5 Km, Los Angeles (B)  
 Sun. June 16 15 Km, Portland, Oregon (S)  
 5 Km, New York City, 9 am (W)  
 Wed. June 19 1 Mile Handicap, Holmdel, New Jersey (A)  
 Thu. June 21 Start US Junior Championships, Blaine, Minnesota (N)  
 Sat. June 22 5 and 10 Km, Dearborn, Michigan, 10 am (J)  
 Western Sectinal Masters 5 Km, Los Angeles (B)  
 5 Km, Miami, 7 am (Q)  
 5 Km, Palm Beach, Florida, 8 am (Q)  
 4 Mile, Seattle (C)  
 Sun. June 23 North American Masters 10 Km, Van Nuys, Cal. (B)  
 Peace Arch Games 1500 meters, Seattle (C)  
 Sat. June 29 1 Mile, West Long Branch, New Jersey (A)  
 5 Km (Track), Dedham, Mass., 2 pm (U)  
 Peace Arch Games 5 Km, Seattle (C)  
 Southwest Territorial 10 Km, Oklahoma City (D)  
 Thu. July 4 5 Mile, Wall, New Jersey, am (A)  
 Garden State Games 10 Km, Edison, NJ, evening, (A)  
 1500 and 3000 meters, Detroit (P)  
 5 Km, Miami, 7:30 am (Q)  
 National Masters T&F Champ. begin, Naperville, IL (O)  
 5 Km, Los Angeles (B)  
 Sat. July 6 Garden State Games 5 Km (A)  
 3 Mile, Columbia, Missouri, 8 am (M)

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 J--Frank A Longi, 26530 Woodshire, Dearborn Heights, MI 48127  
 K--Kansas City Walkers, P.O. Box 30301, Kansas City, MO 64112

- L--Glen Peterson, 1906 Hawthorne Ave., Sioux Falls, SD 57105  
 M--Columbia Track Club, PO Box 10237, Columbia, MO 65201  
 N--Dixon Farmer, National Sports Center, 1700 105th NE, Blaine, MN 55434986  
 O--Dick Green, P.O. Box 6147, Rockford, IL 61125  
 P--Frank Soby, 3907 Bishop Ave., Detroit, MI 48224  
 Q--Florida Walkers, 4223 Palm Forest Drive, N., Delray Beach, FL 33445  
 R--Heartland Racewalkers, P.O. Box 11141, Shawnee Mission, KS 66207  
 S--Jim Bean, 4658 Fuhrer St. NE, Salem, OR 97305  
 U--Steve Vaitones, 90 Summit St., Waltham, MA 02154  
 T--Raleigh Parks & Recreation, P.O. Box 590, Raleigh, NC 27602  
 V--Sharon H. Lewis, 2301 Edenborn #301, Melarie, LA 70001  
 W--Walkers Club of America, Box, Livingston Manor, NY 12758  
 X--Walk USA, 350 Old Willets Path, Smithtown, NY 11787  
 Y--Dr. Moshe Myerowitz, 1570 Broadway, Bangor, ME 04401  
 Z--Park Walkers Club, 320 East 83rd St., Box 18, New York, NY 10028  
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#### FROM HEEL TO TOE

Here are the 10 Km splits for the leaders in the National 50 Km reported last month:  
 Carl Schueler--49:25, 1:37:59, 2:26:59, 3:15:59, 4:11:03 Marco Evoniuk--48:45, 1:36:57,  
 2:25:28, 3:17:48, 4:14:03 Eugene Kitts--51:13, 1:42:54, 2:33:45, 3:25:39, 4:15:13 (Note  
 that the old fellow went under 50 on his final 10 and was eating up the youngsters.  
 Suggests that at 43 he still hasn't done his best.) Paul Wick--49:51, 1:39:10, 2:27:57,  
 3:20:45, 4:16:39 Tim Lewis--48:27, 1:36:57, 2:25:13, 3:20:32, 4:17:50 Dan O'Connor--  
 50:20, 1:40:59, 2:33:07, 3:27:39, 4:23:01 Herman Nelson--50:31, 1:41:38, 2:33:09,  
 3:27:55, 4:23:54 Bob Briggs--51:14, 1:42:38, 2:33:45, 3:26:03, 4:24:32 Mark Manning--  
 49:52, 1:41:50, 2:33:22, 3:30:43, 4:25:10 Mike DeWitt--53:29, 1:47:11, 2:40:53, 3:34:21,  
 4:27:13 (At 40, DeWitt, like Kitts, was faster for his second half) Mark Fenton--51:11,  
 1:42:54, 2:35:26, 3:30:47, 4:29:24. Among those who did not finish, Rene Haarpainter  
 was a close second at 45 km (3:42:17 to Schueler's 3:41:46, Jonathan Mathews had  
 2:52:47 at 32.5 km, and Steve Pecinovsky was in 9th place at 2:08:56 at 25 Km.  
 Among the DQs, Paul Malek finished in 4:16:11 before the final red card came in  
 and Randy Mimm was 13th at 45 km in 4:02:47. . .Zofia Wolan, now living in  
 Detroit and hoping for U.S. citizenship in time to compete in next year's Olympic  
 Trials, went through some very hard times in March. First she lost both her father  
 and a nephew to cancer, then had her Detroit home broken into, losing many of the  
 goods she had accumulated since moving to the U.S. 3 1/2 years ago. . .Also on the  
 Detroit scene, Frank Soby has organized a new walking club, the Pegasus Walking  
 Club. Based on the east side of the city, the club will use Macomb College and  
 Grosse Pointe North H.S. track for workouts. . .From Ian Whatley, in Greenville,  
 S.C., on the subject of shoes: "I read with interest Harold Canfield's article on race-  
 walking shoes. My job over the last 11 years has been as a R&D worker in athletic  
 footwear. During this time, I have worked for such companies as Nike and Asics  
 Tiger on walking shoes. In both cases, nothing came of the project since production  
 costs outweighed any possible profits from this type of shoe. I'm currently working  
 with Propet as a design consultant on a walking shoe. They have just signed DOn  
 and Debbie Lawrence to wear their shoes and are sponsors of several major events,  
 including the World Cup in San Jose, apparently. If the company comes through

with the shoes as we have designed them, they should be very good racewalking shoes. We have specified many of the performance aspects of the shoes to meet the needs of walkers rather than having to be a compromise to allow for runners, mall walkers, or street-type shoes. As the project progresses, I'll keep you up to date." . . . Don't know if anyone is interested, but here is where I sent the February issue of the ORW: Canada 16 copies, other foreign 14, Puerto Rico 2, Massachusetts 15, New Hampshire 2, Maine 5, Vermont 1, Connecticut 13, New Jersey 33, New York 73, Pennsylvania 38, Delaware 3, District of Columbia 3, Maryland 13, Virginia 17, North Carolina 14, South Carolina 8, Georgia 7, Florida 35, Alabama 2, Tennessee 2, Mississippi 3, Kentucky 7, Ohio 39, Indiana 19, Michigan 23, Iowa 10, Wisconsin 9, Minnesota 16, South Dakota 1, North Dakota 1, Illinois 21, Missouri 14, Kansas 6, Louisiana 6, Arkansas 3, Oklahoma 5, Texas 29, Colorado 26, Wyoming 1, Idaho 1, Utah 4, Arizona 7, New Mexico 14, Nevada 1, California 69, Hawaii 3, Oregon 8, Washington 17, Alaska 4. So we are missing only Rhode Island, West Virginia, Nebraska, and Montana on our list.

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The following article, written by your editor, was published in the April 1991 issue of *Ohio Runner* magazine. They even used my photo on the cover, but no one has mentioned seeing it. Not a real wide circulation magazine, though I can see my face on local newstands. Anyway, I don't think they will object to my repeating the article here.

### A Brief History of racewalking in Ohio

Walking as a sport can be traced at least to the mid-18th century in England, where such contests were a part of county fairs and many feats of "pedestrian" endurance were recorded. While the rules of walking at that time are not clearly defined, the reports show evidence that a clear distinction between walking and running was made, and at some time the term "fair heel and toe" was adopted.

The sport seemed to take root in this country toward the middle of the 19th century, largely as a professional endeavor. In the 1860s, 6-day races on indoor tracks became very popular. The leading figure in the sport was Edward Payson Weston. His well-documented walk from Portland, Maine, to Chicago in 1867 followed a route across northern Ohio, attracting large crowds along the way. This event may have boosted the sport in our state, but it is likely there were already some contests in various towns, since this seemed to be a popular diversion across the country.

In the late 19th century, amateur sport took hold, and walking became part of the championship program at the National Amateur Athletic Union (AAU), although most of the athletes seemed to have been in the East. Any early Ohio activity in the sport was probably centered in Cincinnati, where a walking division became part of the annual Ft. Thomas, Kentucky, to Cincinnati Thanksgiving Day 6 miler. That event, first held in 1908, continues to this day. There was also an annual summer track meet at the old Coney Island Amusement Park in Cincinnati that included a 1 mile walk for men and an 880 yards for women. This meet may have featured one of the earliest walking races exclusively for women anywhere in the country.

In 1929, the AAU added the 50 Kilometer walk to its championship program. Starting in 1934, this national title race was held in Cincinnati every year through 1949. It returned there in 1951 and 1957. The credit for Cincinnati's spot on the walking map went to Sebastian Linehan, a tireless promoter of various track activities, also involved in both the Thanksgiving Day race and Coney Island meet.

From 1937 on, Cincinnati's John Abbate was a fixture among the first three or four finishers in the National 50, finishing second in 1938, 1941, and 1944. He finally won it in 1945, but had moved to Philadelphia since the previous year's race, so Ohio was denied its first national champion in the sport. Abbate also won the race in 1947. As late as 1962, when he was in his late 50s, he finished fourth. (That race was a matter of survival. With the temperature in the 90s, few finished, while the veteran was able to survive, albeit in very slow time.) Clarence Hickman and Joseph Rosenhoffer were other Cincinnati athletes who did well in these early 50 Km races.

Cincinnati continued at the center of racewalking activities in Ohio through the early '50s, also hosting national title races at 35 and 40 Km at various times, again promoted by Linehan. When Sebastian left the scene, so did the city's strong walking program. The center of activity then shifted to Dayton, where Wayne Yarcho and Clair Duckham started to dominate what races there were in Ohio. Duckham finished fifth in the 1957 National 50 Km and Yarcho fifth in both the 1953 and 1957 National 2 Miles, which were held in Dayton's Welcome Stadium as part of the National T&F Meet. Duckham, now 85, is still seen at both walking and running races and also be found riding in high-wheeler tours. He once drove his motorcycle to Boston, ran the marathon the next day, and then hopped back on the bike for the ride home. But, he was only in his 50s at that time.

A Columbus family doctor, John Blackburn, saw the Dayton pair walking when he went to the Ohio AAU meet in 1956 to watch his son Jack, an Ohio State sophomore, run the 2 mile. Seeing that these fellows were about his age and excelling in this branch of athletics, he struck up an acquaintance and began to compete with them. From that meeting, the sport experienced a mini-boom in the state, as Dr. Blackburn took it back to Columbus. Soon that city became the hub of activity.

In the spring of 1958, Jack Blackburn, who had been sixth in the 1956 Olympic Trials 10,000 meter run, had to give up his senior year of track because his class schedule and family responsibilities (he had been married the previous summer) did not allow him to train with the team. He started walking with his father and found immediate success. By February 1959, he was able to place second in the National Indoor 1 Mile walk. He then quickly established himself as one of the nation's premier walkers, taking second in the 40 Km, third in the 10 and 25 Km, and fourth in the 20 Km National races later that year.

With Yarcho, Duckham, and the two Blackburns setting the example, interest in the sport grew in the state and more frequent races saw starting fields of 10 or more. A graduate student at Ohio State and former Bowling Green quarter-miler and cross country runner, Jack Mortland, started walking with the Blackburns in the summer of 1958, and also found a natural affinity for the sport, which he began to pursue vigorously the next summer, after a 6-month tour with Uncle Sam's forces. In 1960, the two Jacks took second and third in the National Indoor Mile.

Outdoors, Blackburn finished fourth in the 50 Km National, which was also the 1960 Olympic Trial, and a few weeks later also won the alternate's spot on the Olympic Team at 20 Km. Unfortunately, alternates don't make the trip. However, in the fall, he won the National 15 Km title, a first for an Ohio walker.

As Blackburn and Mortland led the way, the Ohio Track Club became a power in national walking circles in the early and middles '60s. They won several national team titles, including both the 10 and 20 Km in 1962, and were also runnerup on several occasions. Jeff Loucks was often the third scorer on these teams, as was Paul Reback, from Cincinnati, later. Other members of the team at various times included Dr. Blackburn, Charles Newell (Ashland), Jim Statmiller, Joe Smithberger, Earl Cline, Forrest Conrad (Ashland), Dale Arnold (Dayton), Francis Winner, John Ackerman, Bob Smith (Dayton), and John Barry. Dave Staley, a name now well known in Master's triathlon and running circles, and Marv Crosten, long-time Upper Arlington track and cross country coach, were seen in some of the local walking races.

On an individual basis, Mortland finished second in the 1961 National 10, 20, and 25 Km races. The 20 Km finish put him on the U.S. National Track Team for dual meets in the Soviet Union, Poland, West Germany, and Great Britain. That fall, he set an American record for 20 Km (broken many times since) on the track at Jones Junior High track in Upper Arlington (his old high school track). Both Jacks continued as dominate forces in National walking throughout the '60s. Mortland won the 1962 National 30 Km and 1965 National 10 Km and was on the 1964 U.S. Olympic team and 1965 National Track Team for dual meets in Europe (USSR, Poland, and West Germany). He was also on the first U.S. team to compete in the Lugano Cup (the World Racewalking Championship) in 1967. That team comprised the first group of U.S. athletes to compete in East Germany. Mortland and Blackburn both represented the country in dual meets with Canada, in 1969 and 1970, respectively.

The two also promoted the Annual Ohio Track Club Distance Carnival through the '60s, which included several road runs and walks over two days and attracted such luminaries as Ron Laird, John Allen, and Chris McCarthy. This endeavor later became strictly a walking event (Race Walking Orgy, it was called), as others in the club took over the Carnival and turned it into essentially an age-group cross country meet. Like the Coney Island track meet, the Distance Carnival pioneered walking events for women. The Ohio Track Club was often represented by Corinne Blackburn, Linda DeLong, and Kathy Bennett. The meet also gave a start to Detroit's Jeanne Bocci, who helped push women's walking to a national level. Blackburn and Mortland also promoted the Tour of Ohio Waalks for a few years in the '70s, taking races to various locales around the state during the summer months.

In the 1970s, as women's walking became more popular, Steve Price developed a strong group of walkers with the Kettering Striders. Most prominent were Carol Mohanco, who placed second in the National Indoor 1 Mile in both 1973 and 1974 and won the National 20 Km in 1976, and Susan Ruiz, who was the National Junior 3 Km titlist in 1978, 1979, and 1980. Also during this period, Laurie Tucholski, from Toledo, developed into one of the nation's top walkers. In 1976, after moving to Columbus and affiliating with the Ohio Track Club, she finished second in both the National 1 Mile indoors and the National 5 Km. The latter race

put her on the National Team that summer, Ohio's third International in race walking, and she finished 11th in the Women's International in Sweden. A week later, she had a personal record for 5 Km in Denmark.

A fourth International competitor to come out of Ohio was Augie Hirt from Piqua. Augie got his start in Worthington races before going out to Kansas to go to school. Later, while competing for the Columbia (Missouri) Track Club, he won National titles at 75 Km in 1978 and 100 Km in 1975, 1977, and 1978. He was a member of the U.S. team for both the 1975 and 1977 Lugano Cups at 50 Km. Chris Knotts, Springfield, who started walking with Jack Blackburn when Jack moved to that city, was yet another U.S. International, making the 1982 team at 50 Km for a meet with West Germany, Great Britain, Sweden, and Norway. Blackburn, in the meantime, turned to ultra-distance walking and has completed several 100 mile races during the past 15 years, with a best time of 21:13:54.

A final International athlete is Steve Pecinovsky, still going strong. Steve grew up in Columbus and started walking in the Junior Olympic program there. He finished high school in Oregon, and after graduating from Notre Dame, came back to Columbus to attend the OSU Law School as an Air Force Officer. Now stationed in Alabama, Steve was a member of the 1979, 1981, 1987, and 1989 U.S. World Cup teams and has a best 20 Km time of 1:27:09, 9th on the U.S. All-Time list, and far surpassing anything the two Jacks ever did.

Ohio continued to have a regular program of races through the middle 1970s, but as interest of a hard core group in constantly promoting these races faded, so did the schedule. So, it has been sporadic during the past 15 years. National races were held at 40 Km in 1960 in Columbus, 15 Km in Worthington in 1969, and 35 Km in Cleveland in 1984. The walk has continued as a part of the TAC state championships, both indoors and outdoors, and is included in the Midwest Masters Indoor Meet held each year in Cincinnati. In 1988, John White and his Wolfpack Track Club initiated the Jack Mortland Invitational held each April at the Park of Roses in Columbus. This race has drawn some of the country's top walkers over the past 4 years. The 1991 edition was held on April 14, with a clinic the day before. Presenting that clinic was Ron Laird, 65-time National Champion, 4-time Olympian, and member of the Track and Field Hall of Fame. Ron, too, has Ohio roots, having lived in the Columbus suburb of Grandview and in Northeast Ohio while growing up, before moving to upstate New York at about the time he entered junior high. He is now back in Ashtabula for a time.

#### LOOKING BACK

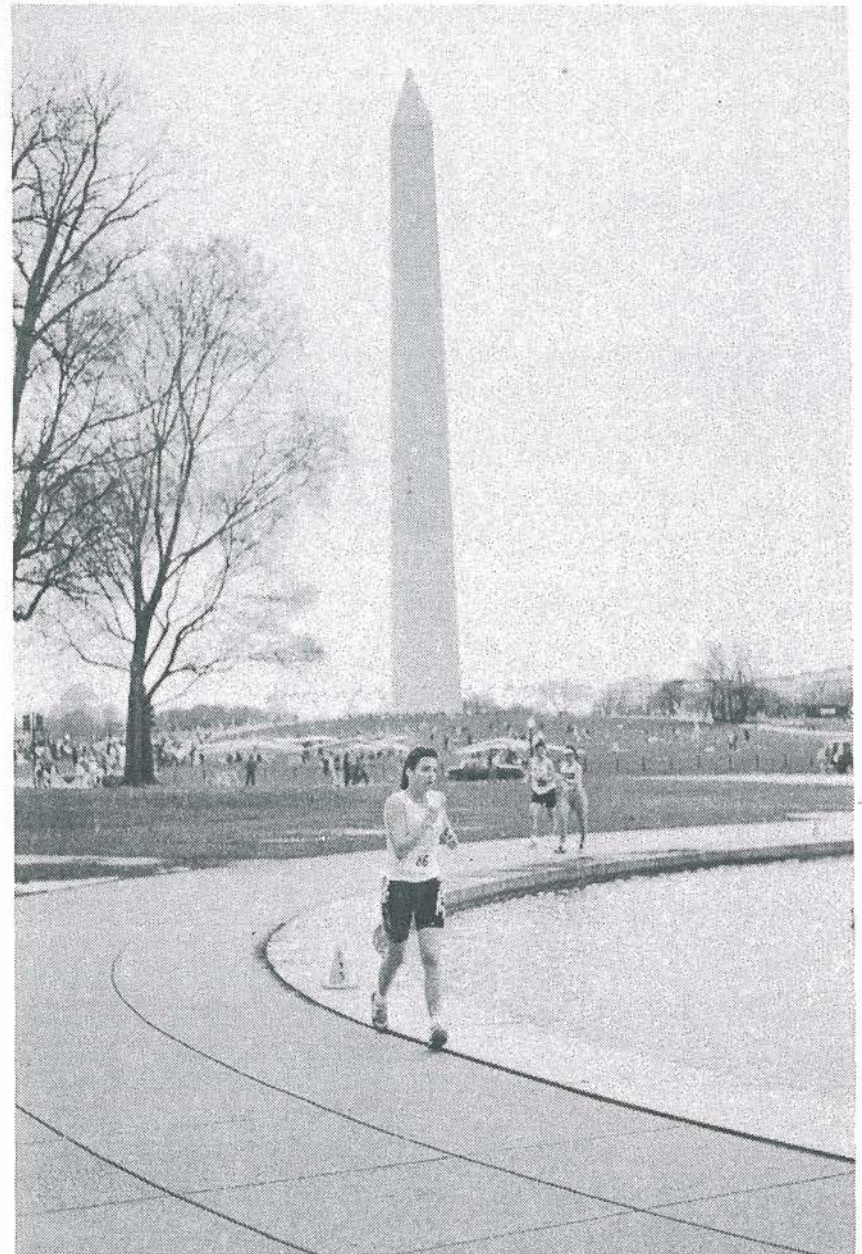
**25 Years Ago** (From the April 1966 ORW)--We called him "toughest of the tough", a title Shaul Ladany earned in setting an American record for 50 miles in Point Pleasant, N.J. Shaul covered the distance in 8:35:35, after passing the first mile in 8:45 and 50 Km in 5:05:13. John Kelly did 8:47:17 in second, as Elliott Denman finished third and Bruce MacDonald fourth. . . In San Diego, Ron Laird set American records at 35 Km (3:08:37), 40 Km (3:38:26), and 25 miles (3:39:37). . . Jack Blackburn won a track 40 Km in Worthington, Ohio in 3:58 as your editor's "assault" on Laird's records fizzled out after 15 miles and ground to a halt at 19 miles. . . **20 Years Ago** (From the April 1971 ORW)--Ron Laird beat Colorado's altitude and Floyd Godwin to win the National 1 Hour, covering 7 mi 1510 yards. Godwin was

nearly 300 yards behind, about 50 yards ahead of comebacking Larry Young. .John Knifton turned in a swift 4:10:42 for 50 Km on the road and 6 days later took to the track for a 1:35:19 for 20 Km. Ron Kulik was second in the 50 in 4:15:31 on a suspect course. . Elliott Denman won his annual 50 miler in 8:47, with our own Jack Blackburn struggling to third behind George Braceland. . On the local scene, Jerry Brown, then living in Louisville, won a 10 Km on the Worthington track in 49:06, leaving your editor some 34 seconds behind. . ORW subscription rates went from \$2.00 to \$2.50.

**15 Years Ago** (From the April 1976 ORW)--Shaul Ladany returned to New Jersey to win the National 75 Km title for the second straight year in 7:13:46. Tom Ambury had 7:58:02, Alan Price 8:03:26, and Tom Knatt 8:14:07. . In the 100 Km Championship in Longmont, Colorado, Paul Ide was an easy winner (if 100 Km can be easy) in 10:31:28. Augie Hirt finished in 10:45:38 and Jerry Brown in 11:24:44. . Ron Laird won the National 25 Km in Seattle, overhauling Larry Young in the final 5 Km. Young went through 20 Km in 1:33:54 and led by nearly a minute, but hit the wall soon after and succumbed to Laird's strong finish. Ron had 1:59:09 to Larry's 2:00:33.

**10 Years Ago** (From the April 1981 ORW)--Jim Heiring set an American record for 5 Km (20:41) at the Dogwood Relays in Knoxville, Tennessee. Todd Scully was second in 21:17. Tim Lewis, a student at East Tennessee St., was third in 22:05. . Australia's Sue Cook had two world's bests: 22:53.2 for a track 5 Km in Adelaide and 6:47.9 for 1 Mile in Canberra.

**5 Years Ago** (From the April 1986 ORW)--Tim Lewis and Lynn Weik scored double victories in the Rockport Regional held in Washington, DC. Lewis won the 5 Km on Saturday in a quick 19:54 and came back on Sunday to walk 20 Km in 1:25:43. Weik won a 5 and a 10 in 23:36 and 48:20. Carl Schueler followed Lewis on both days with 21:09 and 1:28:43. And Teresa Vaill was also second in both women's races with 23:47 and 49:01. . In the Mexican race walking week, Czechoslovakia's Josep Pribilinec won the 20 km in 1:23:34, with Ernesto Canto second in 1:23:48. Canto took a 1 Hour race with 14,339 meters in torrential rains, with Czech Pavol Blazek second some 47 meters back. The 50 went to Felix Gomez in 3:56:25 with Martin Bermudez and Sweden's Bo Gustavsson also under 4 hours. . And that issue had an item I should have picked up on in my Ohio history, but had long forgotten. Canada's Pat Farrelly sent us some material, including a program from a 50 Km race held in Guelph, Ontario in 1935. The caption under one picture read: "No. 107, Clair Windsor, No. 106, Nancy Ross, No. 105 Eva Dennis. They are members of the Maroon AC, Hamilton. They competed in the 50,000 meters U.S.A. Championship held at Cincinnati in April last and the photo was taken as they crossed the finish line in 6 hrs 20 minutes. They defeated many of the male contestants and all of the American girls who competed. Their walking action is perfectly fair. Canadian AAU rules prevented them competing today. They volunteered their services to assist the competitors in today's Championship Walk and will help the Vi-tone Company in serving refreshments. They will walk many miles servicing the men (Ed. Boy! That sure begs comment, but far be it from me to make it.) Watch them step on Wyndham St." The point is that this certainly reinforces my brief comments about Cincinnati races pioneering in women's walking.



Lynn Weik of Sayville, New York strides to victory in 48:48 at the National Invitational 10 Km. Weik competes for NaturalSport. (Photo by Tracey Wong Briggs)