

Ohio Race Walker  
3184 Summit Street  
Columbus, Ohio 43202



# OHIO RACEWALKER

VOLUME XVI, NUMBER 1

COLUMBUS, OHIO

MARCH 1980

## INITIAL NAC TITLES TO SCULLY, BRODOCK, SHARP

Todd Scully became the first holder of a National Athletics Congress (which has replaced the AAU as the overseer of track and field in this country) walking title as he won the 2 Mile in New York's Madison Square Garden on February 28. Todd established a new American and meet (this being a continuation of the old AAU Championships) record of 12:35.1. The world's indoor best is 12:32 by Soviet Anatolily Solomin in 1977 (certainly bettered by Carlo Mattioli on his way to his recent 13:59.2 for 5 Km). Jim Heiring lost ground only grudgingly to the swift Scully and finished second in 12:43.3. Following Heiring were Bruce Harland, 13:06.9; Al Halbur 13:50; Ron Daniel, 7; and Pete Timmons 14:21.

Sue Brodock again won the women's 1 mile title in a swift, but non-record breaking, 7:06.9. Sue Liers was not far back in 7:11.3, with Esther Lopez, 7:21.8; Paula Kash, 7:43.2; Jeanne Bocci 7:51.3; and Chris Sakelarios, 7:53.2 following. No further details on these two races.

In Houston on March 23, Canadian Marcel Jobin continued his string of outstanding performances by finishing the NAC 30 Km in 2:14:01. Distinguishing himself in second was 20-year-old Ray Sharp. Ray takes the national title, Marcel not being eligible. Sharp's 2:21:03 is, I believe, the best ever by an American. For sure it is the best in the National title race, Dan O'Connor having won last year in a record 2:22:43. Sharp stayed right with Jobin through the first 10 km in 44:14 and was still close at 20 Km, as Marcel had 1:29:00 and Sharp 1:29:45 (only Neal Pyke, Todd Scully, Jim Heiring, Chris Hassen, and Ron Laird have gone faster for the distance among Americans). Sharp faltered on the next 5 km, needing 26:23, and the race was over as Jobin opened a 4½ minute lead. Recovering somewhat, Ray may sure he held on to the title, covering the final 5 km in 24:55.

Meanwhile, a man twice his age, John Knifton, finished remarkably to take second place and the Master's title. Locked in a tight battle with Canadian Helmut Boeck and Tom Dooley, John covered his final 10 km in 47:06 to draw easily away. Boeck passed Dooley in the last 5 km to capture fifth.

Marco Evoniuk was an early contender and went through 15 km in 1:08:40, about 2 minutes in back of the leaders. However, he took a wrong turn at 18 km and "disqualified himself". (I'm not sure exactly what that means.) Wayne Glusker caught Jerry Young at 25 km and then drew easily away to take sixth place overall. Bill Ranney edged Jerry Bocci for 8th and the second Master's slot. In 19th place, Jeanne Bocci established a new world's best for women with 2:54:04. (Paul Kash had done 2:57:03 in October.) The results:

1. Marcel Jobin, Canada 2:14:01 (22:04, 44:14, 1:06:27, 1:29:00, 1:51:45) 2. Ray Sharp, un. 2:21:03 (22:04, 44:14, 1:06:44, 1:29:45, 1:56:08) 3. John Knifton, NYAC (1st Master) 2:25:00 (24:54, 49:14, 1:13:53, 1:37:54, 2:01:22)

SECOND CLASS POSTAGE  
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4. Helmut Boeck, Canada 2:26:32 (24:55, 49:15, 1:13:55, 1:37:55, 2:01:57)  
 5. Tom Dooley, WVTC 2:27:40 (24:55, 49:15, 1:13:53, 1:38:38, 2:02:48)  
 6. Wayne Glusker, WVTC 2:36:00 7. Jergy Young, St. Louis TC 2:29:30 8. Bill Ranney, WVTC 2:44:37 9. Gerald Bocci, Motor City Striders 2:45:49  
 10. Ward Freeman, MCS 2:46:26 11. Vic Philippotts, MCS 2:49:52 12. Max Gould Canada (Age 63) 13. Jeanne Bocci, MCS 2:54:04 14. Dave Gwyn, Terlingua TC 3:02:42 15. Boris Balic, Terlingua 3:12:10 16. Phil Bradley, Terlingua 3:40:49--DNF: Neal Picken, Jim Rowley, Marco Evoniuk, John Stowers, Mike Kleinhans.

## 1979 NATIONAL AAU JUNIOR, B, AND MASTERS POSTAL 1 HOUR RESULTS

(Results were delayed because some entries were given additional time to turn in AAU numbers. Many did not and were scratched from the results list.)

- Junior Division: 1. Bob Maffucci, Island TC 7 mi 695 yds 2. Troy Engle, Island TC 7 mi 650 yds 3. Brad Jacobs, Woodside Striders 7 mi 320 yds  
 4. Eric Oja, Island TC 6 mi 1263 yds 5. Christian Smith, California Walkers 6 mi 1251 yds 6. Ken McKinnen, Island TC 6 mi 676 yds 7. Mike Denzer, un. 6 mi 495 yds 8. Paul Wade, Cupertino Yearlings 6 mi 264 yds 9. John Locke, un. 6 mi 219 yds 10. Marc Dillon, Cupertino Yearlings 5 mi 1566 11. Brian West, Cupertino Yearlings 5 mi 625  
 Class B--1. Mike Stones, Affiliated Fed (whatever that means--also, Mike is Canadian and shouldn't count) 7 mi 1704 yds 2. Roger Brandwein, California Walkers 7 mi 1508 yds 3. Bob Maffucci, Island TC 7 mi 696 4. Troy Engle, ITC 7 mi 660 5. Brian Savilonis, Philadelphia 7 mi 603 yds 6. Jack Boitano Peguit Runners 7 mi 473 7. Brad Jacobs, Woodside Striders 7 mi 320 8. Bruce Douglass, un. 7 mi 169 9. Marco Leyton, Affiliated Fed 7 mi 135  
 10. Joe Stefanowicz, Philadelphia 6 mi 1681 11. John Shilling, ITC 6 mi 1408 12. Malloy Geller, Cal. Walkers 6 mi 1354 13. Christian Smith, Cal. Walkers 6 mi 1251 14. Norman Haugaard, Lake Country Walkers 6 mi 1062 15. Ethan Whitaker, un. 6 mi 880 16. Paul Robertson, Potomac Valley Walkers 6 mi 139 17. Carl Croneberg, Potomac Valley 5 mi 1448 18. Gary Fokken, Lake County 5 mi 1025 19. Jim Seifer, Lake County 5 mi 703 20. Don Jacobs, un. 5 mi 136  
 Masters--1. Bill Ranney, West Valley TC 7 mi 1469 2. John Knifton, NYAC 7 mi 1398 3. Dale Sutton, San Diego TC 7 mi 896 4. Jack Boitano, Peguit Runners 7 mi 473 5. Joe Stefanowicz, Philadelphia 6 mi 1681 6. Andrew Briggs, Potomac Valley 6 mi 1577 7. John Shilling, ITC 6 mi 1408 8. Bob Timmons, ITC 6 mi 951 9. John Kelly, California Walkers 6 mi 825 10. Art Smith, un. 6 mi 376 11. Paul Robertson, Potomac Valley 6 mi 139 12. Jon Prokop, ITC 5 mi 1499 13. Hal McWilliams, Cal. Walkers 5 mi 1490 14. Carl Croneberg, Potomac Valley 5 mi 1448 15. Harry Siitonen, N. Cal. Seniors 5 mi 1407 16. Milt Creange, Cal. Walkers 5 mi 1263 17. Ralph Cardelli, N. Medford Club 5 mi 1171 18. Bob Spier, Columbia TC 5 mi 874 19. Chesley Unruh, San Diego TC 5 mi 188 20. Don Jacobs, un. 5 mi 136 21. William Taft, Columbus TC 5 mi 83

Other Results: Olympic Invitational 1500 meter, New York, Jan. 19--1. Todd Scully 5:41 2. Bruce Harland 6:02.3 3. Ron Daniel 6:05.8 4. Jerry Katz 6:06.9 5. Vince O'Sullivan 6:10.2 6. Mike Morris 10 Mile, Asbury Park, N.J., Dec. 30--1. Bob Falcicola 1:21:16 2. Sam DeLosSantos 1:22:20 3. Bob Mimm 1:28:42 4. Keith Lifton 1:39:53 5. Steve Eackles 1:43:51 6. Sam Morotta 1:44:20 7. Tanya McIntosh 1:48:01 (ist woman--age 13) 1 Mile, Lawrenceville, N.J., Feb. 22--1. Bruce Harland 6:14.4 2. Ron Daniel 6:27.7 3. John Fredericks 6:29.3 4. Kevin McKenzie 6:54.5 Women's Division: 1. Sue Liers 7:22.3 2. Norma Arneson 7:24.1 Eastern Interscholastic Indoor Championships 1 Mile, Princeton, N.J., March 10 (First time for walk in this meet)--1. Tim Lewis, Shenandoah, N.Y. 6:37.1 2. Edward O'Rourke, Glen Cove, N.Y. 6:44.1 3. Peter Brandt, Pearl River, N.Y. 6:50.1 4. Tim Edwards, Monroe-Woodbury, N.Y. 6:53.5 5. Jim McMahon, JFK HS, New York City 6:57.7 6. Ben Denbaugh, Tottensville, N.Y. (15 competitors--Judges: Elliott Denman, Ron Salvio, and Susan Liers) 25th Annual IC4A 1 Mile, Princeton, N.J., March 9--1. Jerry Katz, Bucknell 6:30.6 2. Michael Morris, Marist Col. 6:39.1 3. Gerald Pollet, Clark U. 6:42.2 4. Troy Engle, Amherst Col. 6:43.5 5. Marty Barzack, Cornell 6:55.3 6. John Hackney, U. of Penn. 7:08 7. Mark Salsman, U. of Penn. 7:18.8 8. Tim McCoy, Manhattan 7:19.2 (& little history on this event from Elliott Denman: This was the 25th annual IC4A walk. Tragically, still non-scoring. Among the competitors in the very first IC4A walk, 1956, at Madison Square Garden were Elliott Denman of NYU, now a famed sports columnist with the Asbury Park Press, and (get this) Avery Corman, famed writer of such current smash hits as Kramer vs. Kramer (about to dominate the Academy awards) and Oh God!, soon to be followed by its sequel, Oh God! Oh God! Thought you'd like to know about this race walker who obviously found the better way. Avdary was one of my NYU classmates and we urged him into the race to fill out the field. He race walked in loafers.) Elliott has also provided a complete (or nearly complete) listing of the first three in the race through the years. Winner of that first race was none other than Elliott Denman in 7:08.8. The only three-time winner was Ron Zynn in 1960, 1961, and 1962. His 1962 time of 6:18.3, then a world's best, remains as the record. Two-time winners are Ron Kulik (1958 and 1959), Akos Szekely (1963 and 1964), Bob Kitchen (1967 and 1969), whoops--another three-time winner--Greg Diebold (1968, 1970, and 1971), and Howie Palamarchuk (172 and 1973). Ellen Minkow was the only woman winner in 1974 and would not be eligible under present rules. Depending on space as we draw near the end of this issue, we may print the complete list as supplied by Elliott. He would like the gaps filled, if possible, so the history will be complete. 1 Mile, Hanover, N.H., Jan. 11--1. Ron Daniel 6:35.5 2. Troy Engle 6:44.6 3. Bob Falcicola 6:57.4 4. Edward Poliquin, Montreal 7:02 4. Ron Salvio 7:07.2 6. Bob Kitchen 7:08.2 Women's Race: 1. Maryanne Persan 7:11.4 2. Lisa Gaines 7:50.3 3. Maura Braithwaite 7:58 4. Sandy Alfred 9:42 25 Km, Miami, Jan. 12--1. Marcel Jobin 1:55:17 2. someone from England 3. Paul Reback 2:18 (former Ohio Track Club ace not heard from in a long time--as you see we don't have very official results on this one) 25 Km, Miami, Feb. 17--1. Bill Granby 2:25:00 2. Norman Knott 2:25:07 2 Mile, Madison, Wis., Feb. 24--1. Steve Ball 14:54.4 2. Jeff Mazenec 15:23.6 3. John Williams 16:32.4 2 Mile, Oshkosh, Wis., Feb. 29--1. Mike Rummelhart, UW Parkside 14:45 2. Steve UW-Parkside 14:46 3. Ken Gissing, UW-Stout 15:00 4. Dave Carlin, UW-Oshkosh 15:06 5. Todd Coallidge, UW-Oshkosh 16:30 1 Mile, DePere, Wis., March--1. Mike Rummelhart 6:46.4 2. Steve Ball 6:46.6 1 Mile, Brookings, S.D., Feb. 20--1. Craig Haugaard 6:49.2 Gulf Coast 25 Km, March 9, Houston--1. Mike Kleinhans 2:28:47 2. Grim Reaper (carrying considerable extra avoirdupois in addition to his scythe) 2:28:54 3. Jim Rowley 2:33:45 4. Phil Bradley 2:42:39 5. Boris Balic 2:42:40 10 Km, Houston, March 10--1. Ray Sharp 43:55 2. Grim Reaper 52:55 1 Mile, Houston, March 22--1. Ray Sharp 6:10.4 2. Marco Evoniuk 6:20.7 3. Don DeNoon 6:44.6 (one-time holder of world indoor best at 6:10 in his younger days) 4. Wayne Glusker 6:50 5. Jerry Young 7:09.7 6. Dave Gwyn 7:17.9 7. Kevin Knight 7:37.8 8. Grim Reaper 7:39.9 9. Mike Kleinhans 7:42 (Day before the National 30 km. Jobin and Sharp had planned to go for a 5:53 clocking, but Marcel changed his mind) (Results continued p. 5)

## FORTHCOMING PEDESTRIAN CONTESTS OF POSSIBLE INTEREST

- Thu. Apr. 10--10 Km (track), Chestnut Hill, Mass. (R)  
 Sun. Apr. 13--NATIONAL ATHLETICS CONGRESS 50 KM, NEW YORK CITY, 8 a.m. (J)  
 also Women's 10 Km  
 Fri. Apr. 18--5 Km, New Brunswick, N.J., 6 p.m. (L)  
 Sat. Apr. 19--Men's 5 Km, Women's 3 Km, Toronto (Q)  
 5 and 10 Km, Mt. SAC Relays, Walnut, Cal. (D)  
 20 Km (track), Columbia, Mo., 1:30 (M)  
 Sun. Apr. 20--NATIONAL ATHLETICS CONGRESS 20 KM, SEATTLE (P)  
 1 Hour, Charlottesville, Va., (W)  
 Tue. Apr. 22--10 Km (track), Whitewater, Wis. (A)  
 Fri. Apr. 25--Southeast Masters 5 Km, Raleigh, NC (U)  
 Sat. Apr. 26--7 Mile, Springfield, Ohio, 10 a.m. (V)  
 10 Km, Kenosha, Wis., 10:30 a.m. (A)  
 Sun. Apr. 27--Southeast Masters 20 Km, Raleigh, N.C. (U)  
 Bert Life Memorial 10 Km, Toronto (Q)  
 10 Km, Washington, D.C. (H)  
 10 Mile, Seaside Hts., N.J., 10 a.m. (L)  
 Drake Relays 10 Km, Des Moines, Ia. (N) 9 a.m.  
 10 Mile, New York City, 11 a.m. (I)  
 Sat. May 5--Wisconsin State Universities 10 Km, Racine  
 Sun. May 6--Canadian 50 Km and Women's 10 Km, Toronto (Q)  
 NATIONAL ATHLETICS CONGRESS WOMEN'S 20 KM AND MEN'S JUNIOR 20  
 KM (also open 20 Km), WESTLAKE VILLAGE, CA, 9 a.m. (T)  
 5 Mile, Neptune, N.J., 11 a.m. (L)  
 20 Km (track), Racine, Wis., 11 a.m. (A)  
 Marathon, Nassau, L.I., 9 a.m. (I)  
 Sat., May 10--U.S. OLYMPIC TRIAL 50 KM, NIAGARA FALLS, N.Y. (X)  
 100 Mile, Chula Vista, Cal. (G)  
 Sun. May 11--5 Km, Los Angeles (D)  
 10 Km, Houston, 9 a.m. (C)  
 10 Km and 1 Mile, New York City, 9 a.m. (I)  
 Julie Partridge Memorial 10 Km, Woodside, Cal. (Y)  
 Fri. May 16--NAAIA 10 Km, Abilene, Tex.  
 Sat. May 17--5 Mile and 2 Mile, New York City, 9 a.m. (J)  
 2 Mile, Modesto, Cal. (B)  
 Sun. May 18--6 Mile and 2 Mile, New York City (I)  
 Sat. May 24--NATIONAL ATHLETICS CONGRESS 10 KM, CHICAGO (A)  
 Sun. May 25--Zinn Memorial 10 Km, Chicago (A)  
 9 Mile, Lakewood, N.J., 10 a.m. (L)  
 5 Km, Brentwood, Cal., 9 a.m. (D)  
 10 Km Men, 3 Km Women, Toronto (Q)  
 Fri. May 30--TFA/USA National 10 Km (track), Naperville, Ill. (R)  
 Fri. May 31--TFA/USA National 20 Km, Wichita, Kan. 7:15 a.m. (S)  
 10 Km, New York City, 11 a.m. (I)  
 Sat. Jun 7--15 Km, Columbia, Mo. (track), 8 a.m. (M)  
 5 Mile and 2 Mile, New York City, 9 a.m. (J)  
 Mon. Jun. 9--5 Km, Long Branch, N.J., 7 p.m. (L)--and every Monday night  
 through August  
 Fri. June 13--Sun. June 15--NATIONAL ATHLETICS CONGRESS WOMEN'S 5 AND 10 KM  
 AND MEN'S 5 KM, LOSANGELES (D)

## Omission:

Sun. Apr. 27--15 Mile, Springfield, Ohio (V)

## CONTACTS:

- A--Larry Larson, 909 Ostergaard, Kenosha, WI 53406  
 B--Bill Ranney, 101 Sunnyhill Dr., San Anselmo, CA 94960  
 C--John Evans, 5440 N. Braewood, #945, Houston, TX 77096  
 D--John Kelly, 1024 Third St., Santa Monica, CA 90403

- H--Sal Corrallo, 19031 Capehart Dr., Gaithersburg, MD 20760  
 I--New York City Roadrunners, P.O. Box 881, FDR Station, New York, NY 10022  
 J--New York Walkers Club, 445 E. 86 St., New York, NY 10028  
 L--Elliott Denman, 28 N. Locust, West Long Branch, NJ 07764  
 M--Joe Duncan, 2980 Maple Bluff Dr., Columbia, MO 65201  
 N--Bob Ehrhart, Track Coach, Drake Univ., Des Moines, IA 50311  
 P--Dean Ingram, 507 Cobb Building, Seattle, WA 98101  
 Q--Stafford Whalen, 60 Southport St., Apt. 723, Toronto M6S 3N4, Ont., Can.  
 R--Bob Kitchen, 194 North St., Northampton, MA 01060  
 S--TFA/USA, 10920 Ambassador Dr., Suite 322, Kansas City, MO 64153  
 T--Howard Hamburg, 5245 Ambridge Dr., Agoura, CA 91301  
 U--Raleigh Parks & Recreation Dept., P.O. Box 590, Raleigh, NC 27602  
 V--Jack Blackburn, 810 E. High St., Springfield, OH 45505  
 W--Charlottesville Track Club, 311 Westminister Rd., Charlottesville, VA 22901  
 X--Dan Stanek, 1081 Sberree Dr., Grand Island, NY 14072  
 Y--Lori Maynard, 2821 Kensington Rd., Redwood City, CA 94061

Also contact Howard Canfield, 502 Alandale Rd., Knoxville, TN 37920 regarding a race there sometime in May, which I seem to have misplaced the details on.

\* \* \* \* \*

- 10 Km, Indio, Cal, Feb. 17--1. Jim Heiring 43:53.4 2. Dan O'Connor 43:53.4  
 3. Ed Bouldin 47:55 4. Dennis Reilly 48:06 5. Travis Veon 55:36 6. Jerry  
 Herrman 61:14 7. Doug Reeves 61:50 Women: 1. Sue Brodock 50:17 2. Becky  
 Bresnick 74:38 50 Km, Oceanside to La Jolla Cove, Cal., March 16--1. Paul  
 Hendricks 5:34:24 2. Doug Reeves 5:53:20 3. Dale Sutton 5:53:22 3 Mile,  
 San Diego, March 8--1. Guy Sutton (age 11) 28:49 2. Dale Sutton 28:52 3.  
 Jerry Herrman 28:52 4. Jo. Leen (lady) 28:59 10 Mile, San Diego, March 22--  
 1. Guy Sutton 1:43:20 2. Dale Sutton 1:43:24 1500 meters, San Diego, Feb.  
 24--1. Dale Sutton 6:42 2. Paul Hendricks 7:14 800 meters: 1. Dale Sutton  
 3:24 2. Guy Sutton 4:09 2 Mile: 1. Dale Sutton 15:59 2. Paul Hendricks  
 16:44 Marathon, San Diego--1. Dale Sutton 3:59:38 2. Paul Hendricks 4:02:41  
 3. Jonathan ? 4:33:20 Pacific Association 25 Km, San Francisco, March 2--1.  
 1. Tom Dooley 2:04:03 2. Bill Ranney 2:27:57 3. Fred Dunn 2:36:12 4.  
 Harry Siitonen 2:46:15 5. Otto Sommerauer 2:48:42 Indoor 2 Mile, San Fran-  
 cisco, Feb. 23--1. Jim Heiring 13:06 2. Glenn Parker 16:32 3. Mickey  
 Brodie 16:52 4. Paul Wade 18:30--Neal Pyke and Dennis Reilly DQ'd. Reportedly  
 a great mixup in lap counting, so times after Heiring's are meaningless.  
 Women: 1. Sue Brodock 16:36.2 (but was first stopped a lap short and then  
 continued after some undetermined time off the track, gr she would have been  
 faster. 1 Mile, Millrose Games, New York, Feb. 8--1. Todd Scully 6:09.6 2.  
 Bruce Harland 6:23 3. Pete Timmons 6:28 20 Km, Portland, March 9--1. Sam  
 Schick 1:41:43 5 Km, same place--1. Mike Danges 25:50 5 Km, Portland, Feb.  
 16--1. Sam Schick 23:51 2. Don Jacobs 24:36  
 5 Km, Milan, Italy, Feb. 16--1. Carlo Mattioli 18:59.2 (betters own world's  
 best of 19:06.8 reported last month) Other places in that previous race were:  
 3. Roberto Buccione 19:46.3 4. Alessandro Pezzatini 19:48.3 5. Vittorio  
 Visini 19:49.7 6. Giorgio Damilano 20:01.7 7. Morotti 20:27 8. Paolo Mor-  
 otti 20:36 Indoor 10 Km, Riga, USSR, Feb. 3--1. Aivars Rumbenieks 39:47  
 Indoor 10 Km, Chabarovsk, USSR, Feb. 2--1. Andrei Perlov 41:09 (World Junior  
 best) Indoor 10 Km, Moscow, Jan. 6--1. Pyotr Myslivzev 39:47 Indoor 5 Km,  
 Kaunas, USSR, Jan. 8--1. Valdas Kaslauskas 19:32.2 2. Viktor Dobrovskiy  
 19:32.6 3. Rimas Simkevicius 20:33 4. Robertas Kaselis 20:33. Indoor 10  
 Km, Moscow, Feb. 17 (Championship)--1. Viktor Semenov 39:21 2. Aivars Rumb-  
 enieks 39:35 3. Valdas Kaslauskas 39:39 Indoor 10 Km, Turku, Finland, Jan.  
 5--1. Reima Salonen 39:58 Indoor 3 Km, Turku, Jan. 12--1. Salonen 11:44.2  
 Indoor 3 Km, Turku, Feb. 9--1. Salonen 11:40.8 2. Petri Makela 11:52  
 Indoor 5 Km, Paris, Feb. 9--1. Gerard Lelievre 19:55.4 2. Dominique Guebey  
 20:37 3. Gerard Allain 20:43 1 Mile, Christchurch, N.Z., Jan. 19--1. Roger  
 Mills, Eng. 6:04.5 1 Mile, Auckland, N.Z., Jan. 26--1. Mills 6:04.2

South American 20 Km Championship, Columbia, Nov. 4, 1979--1. Alfaro, Col. 1:29:31 2. Y. daSilva, Brazil 1:29:37 3. Quinonez, Col. 1:29:38  
20 Km, Melbourne, Dec. 12--1. David Smith 1:23:16 (British Commonwealth best)--Smith also had 1:13:55 and 1:15:51 in 3 km races and 5:38.5 and 5:32 in 1500 meter races--Actually, I see from another source, that 20 Km was during a 25 Km race, which he struggled through in 2:01:20. His 5 km splits were 20:16, 20:44, 20:53, 21:23, and 38:04. Winner of the 25 Km was Tim Erickson in 1:58:18, after trailing by 10 minutes at 20.

#### FROM HEEL TO TOE

Does anyone know a Pvt. Steven P. Renard? I have a request for him for a subscription to the ORW, which he apparently seen somewhere. Unfortunately, I didn't retain the envelope and there is no address in his letter. . . Paul Schell to the rescue. The 1964 NAAU 40 Km was held in Detroit in November and was won by Chris McCarthy. However, Paul doesn't offer a winning time, so the record is still not complete. McCarthy's a subscriber. Why doesn't he tell me something. . . Ron Laird has been in Mexico City for the past couple of months at their training center, accompanied by Ray Sharp. According to Ron, Ray is "the best talent I've ever seen come into the game". Certainly, we saw some of that in Houston. Apparently the training center down there is a beehive of activity, although the Mexicans themselves have been off in Bolivia for super high altitude work--Mexico City is merely high altitude. The census, per Ron, at the center is three males and three females from Denmark (all with generous athletic stipends); three Swedish women; eight Italians, plus two coaches and a doctor; three East Germans; nine Soviets, including all the top guys; four Poles, and four Puerto Ricans, plus two coaches. Reportedly, 11 of our walkers are going down for the walking week, but I don't know who. Ron himself has designed a recreational walking shoe for Spalding, from which he hopes to make some good bucks, some of which he promises will go back into the sport. He also reports on his love life, but this is not that type of magazine, so we won't bore you with the details. . . Gary Yanker and Timothy Augello of New York are planning a walk across the U.S. during this spring, summer, and fall. They are both members of the New York Racewalkers Club. Their route will go down the East Coast to Jacksonville and then across the South and Southwest to Los Angeles--a distance of about 4,000 miles. They may continue up the West Coast to Washington. They hope to meet local walkers along the way and to compete in local races and also seek companionship for parts of the walk. They have mapped an entire route, but if you lie somewhere along the general path and can give some assistance, a race, or just a handshake along the way write to Gary Yanker, 211 E. 51st St., New York, NY 10022, or phone 212/355-3988. . . Missing from the statistical summaries provided by Ray Leach in last month's issue were the top U.S. performances at 20 and 50 in 1971. These were 1:30:39.8 by Tom Dooley (on the track and an American record at that time) and 4:18:29.2 by Larry Young. . . If there are no Olympics for U.S. athletes, plans are underway for special meets in three countries--USA, England, and West Germany. Jimmy Carnes has assured that walks will be included in these meets or there will be no meets. . . Race Walking Record reports that the British Centurions were founded in 1911 and that there have been nearly 700 walkers qualify to date (100 miles in less than 24 hours). Six of these have bettered 18 hours: Billy Baker in 1926 (17:27:36); Tommy Richardson in 1936 (17:35:40); Johnny Henderson in 1937 (17:53:40); Rex Whitlock in 1952 (17:48:05); Colin Young in 1960 (17:48:05); and John Moullin in 1971 in 16:55:44. That is only 29 seconds off the best ever by Irishman Frank O'Reilly in 1960. (Note, they do not normally walk their races on the track as has been the case for 100 milers in this country, but even if courses were off by a mile or two, rather doubtful, these are still rather impressive times.) . . . Apparently there was a conference held in Boras, Sweden in February regarding the judging problems besetting the world of race walking but we have heard nothing of what was said or done. When we do, we will certainly pass it on. . . In the meantime, a letter to the editor of Race Walking Record lends interesting fuel to the fire. The

writer is an amateur photographer who covers a lot of walking races. Reporting on his Lugano Cup experiences he first emphasizes how difficult it is to catch walkers at full extension, which will prove or disprove contact. He took about 200 photos at Eschborn, each with three or four walkers on the average so that he had 600 to 800 frozen actions. Of these, only 14 were of walkers at full stride. His breakdown of these 14 was: Ladies 5 Km--two photos at full stride--both off (i.e., no contact). Men's 20 Km--six photos at full stride--all off. Men's 50 Km--6 photos at full stride--three off, three on. He adds, however: "Readers who did not travel to Eschborn must now be of the opinion that the whole weekend was a complete waste of time. In fact this is not the case. The racing was very exciting and not as farcical as these photographs would suggest." . . . Perhaps we are running this whole issue into the ground, but there is a good deal of concern about what direction the sport is taking and what is in the future. So here is yet another commentary of considerable interest, this also taken from Race Walking record (Feb. 1980).

#### ON FROM ESCHBORN

by Julian Hopkins (Nat. Event Coach)

It is perhaps timely to look at the implications of events at the Lugano Final for much that happened there reflects changes which have taken place in international race walking in the 1970's. Interestingly, the 1970 Final was also held in Eschborn. Then a 5km lap was used but it included much of the 2.5 km. lap which witnessed so many amazing times last September. Some observers felt that the latter course was short but the evidence for this is not very strong. Firstly, in a major championship race in Germany, it is rather unlikely that they would make an error of this kind. Secondly, in 1979, the Mexican and Soviet walkers in particular, had already recorded 20km times in the 81-83 minutes and 50 km times below 3hr, 50 min, sometimes in less than perfect conditions. In Eschborn conditions were perfect for both races. The walkers were in peak form and the competition intense. A comparison with the 1970 results (when conditions were also perfect) makes interesting reading. Then only three walkers beat 88 mins. for 20km (compared with 29 this time!) and the winner Reimann could have been given nearly 2km start by Bautista! In the longer event, only two walkers beat 4hr, 10 min. In the time it took Hernandez to win last year's race! I know that comparisons of this kind are invidious but they do illustrate the fantastic rise in world standards which have taken place in the last decade. But even more amazingly, the rate of improvement is increasing. For example, a glance at the world all time list for 20 km show that the top ten performances were all made in 1979 and each of them is superior to the world record which stood at the beginning of the season! However an athletic event advanced so greatly in a single season.

Can this upheaval in world walking be readily explained? I think it can but more than one factor is involved. Above all, it is clear to any observer that the entry of Mexico into world competition has changed race walking irreversibly - some would say for the better, others for the worse. Without a doubt, Hauseleber has worked a miracle in Mexico - from nothing in 1960 to world champions in 11 years. The Kenyans made a similar meteoric rise in running but in comparison I think that the Mexican influence has been greater. As might be expected the Europeans have not been slow to react and these nations with the means have almost managed to keep pace with the 'upstarts' from the New World. Leaving aside the controversial benefits of living and training at altitude, the Mexicans have taught the Europeans the art of relaxation and demonstrated the advantage of suppleness. At best, they have raised race walking technique almost to the level of art with their smoothly flowing actions. At worst they have undermined the very basis of our event. With their great fitness and range of movement they are incapable of racing flat out and keeping continuous contact with the ground. Photographic evidence of lack of contact is not new - it dates from before World War I. I think that the difference now is - and this was evident at Eschborn - that most of the leading walkers are not even trying to maintain contact. They are concentrating on knee straightening and producing as long a stride as possible. In Eschborn, nearly all the cards for warnings and disqualifications which went to the chief judge came from the three English speaking judges. Evidently, the continental judges were not too concerned about contact either. In the last couple of years on the continent there has been a lot of discussion about the impossibility of judging contact. It has been suggested that it is no good having a rule which cannot be enforced so modification to the I.A.A.F. Rule 191 concerning the definition of walking have been proposed. These do not mention the need for continuous contact only the need for a straight supporting leg in the vertical position. What are we to make of this?

In one sense it is realistic if you have no means of judging contact objectively. If such a means was developed - and there are many problems - I am sure that it would wreck race walking very effectively. In a 20 km race, you could well end up with virtually the whole field disqualified for I am sure that any walker close to his optimum speed over this distance loses contact at least some of the time (This is even true, although to a lesser extent, in the 50km as well). Either that or you would reduce the event to walking as opposed to race walking.

The full-blooded competitive element would be removed. The history of athletics shows that it is almost impossible to introduce legislation to reverse the natural progress of an event. Also, from the point of view of sheer athleticism, I would rather watch Baulista in full flow knowing that the camera will show him to be 'off' than watch a stiff angular walker obviously making contact but looking more like a marching soldier. Certainly let nobody think that this modern extension of walking technique is 'straight running' and therefore easy! This is clearly untrue and certainly does not explain the huge gap between the world's leaders and our best - it is only part of the story.

#### LOOKING BACK

10 Years Ago (From the March 1970 ORW)--There were two American record races in March. Larry Walker did 13:20.2 for 2 Miles (outdoors) and Dave Romansky covered 20 Km on the track in 1:30:11.8 (which means Dooley's 1971 time mentioned above was not a record, but I'm not sure Dave's mark was ever accepted). In the 20 km race, Steve Hayden was second in 1:32:06 and John Knifton third in 1:35:53. Romansky was able to cover the second half of his race faster than the first and covered his final mile in 6:55. .Greg Diebold won one of his three IC4A titles in 6:41, just one second ahead of Clarence Buschart. .In Denver, Floyd Godwin crushed Ron Laird in the third leg of their cross country competitive odyssey mentioned in last month's Looking back (1 Mile in New York on Friday, 3 miles in Columbus on Saturday, and 15 km in Denver on Sunday). Floyd had a swift 1:08:55 to Ron's 1:14:50. Two weeks later Laird was back in Denver and edged Godwin in a 2 mile with 13:59. .The National Junior 50 Km went to Bob Kuchar in 5:18:57. 5 Years Ago (From the March 1975 ORW)--The IC4A winner this year was Paul Steward in a rather pedestrian 7:10.8. .Karl-Heinz Stadtmuller did a world's indoor best of 4:13.7 for 10 Km in East Germany. .Not much other exciting news that month as the ORW celebrated the start of its 11th year. We published a brief capsule of our history, beginning with the first 5-page ditto issue that went to "some 15 or 20 unsuspecting people" asking for \$1.20 if they wanted to receive 12 more. Certainly a risk on the part of those who responded, but here we still are another 5 years later. Hopefully we will be cluttering your mailbox as we launch our 21st year in March 1985. And thanks to all the readers who send kind words our way from time to time. I guess I'm a little surprised myself sometimes that I have been able to put something in the mail for 181 straight months (except for twice when we cheated with a fat bi-monthly issue) on an amazingly regular schedule. And what does all of that have to do with Looking Back?

In another sense this revolution has brought race walking to the crossroads. In Moscow the world's media will put every event under the microscope. It is certain that video-tape replay and still photographs will highlight any walker's lack of contact. Our event is bound to come in for adverse criticism once again. If the requirements of continuous contact is deleted from Rule 191 - and this seems quite likely perhaps at the IAAF meeting in Moscow - then we are certain to come under heavy fire from many people within athletics as well as the general public. After all, we seem to be in danger of putting the cart before the horse. The layman can understand that the difference between walking, at any speed, and running is one of maintaining contact. The term 'heel and toe' still epitomises race walking to many people. The straight leg requirement was added to definition later to eradicate the bent knee scuffers and is essentially artificial in that during normal walking, nobody fully straightens their supporting leg. We are in danger of removing the natural definition of walking and replacing it by an artificial, although perhaps necessary requirement. Are we not in danger of losing all credibility to the world of sport? Will we be able to retain our position in Olympic, European and Commonwealth competitions? I do not know what the best solution is but certainly the way ahead is shown with difficulties.

#### Additions to Schedule

Sat. Apr. 12--10 Km, Saginaw, Mich (track)  
 Sat. Apr. 19--Mich. Ass'n 10 Km, Dearborn  
 Sat. Apr. 26--Mich. Ass'n 20 Km, Dearborn  
 Sat. May 3--10 Km, Dearborn  
 Sat. May 10--10 Km, Saginaw  
 Contact: Gerald Bocci, 1353 Grayton, Grosse Pt. Park, MI 48230  
 Fri. Apr. 25--5 Km, Seattle, 5:30 p.m.  
 Sat. May 10--15 Km, Seattle, 10 a.m.  
 Sun. May 18--5 Km Handicap, Seattle, 10 a.m.  
 Sun. May 25--PAC-10 Exhibition Mile, Seattle (Invitational)  
 Contact: Martin Rudow, 4831 NE 44th St., Seattle, WA 98105

#### Additional Results:

15 Km, Detroit, March 29--1. Martin Kraft 1:09:7 10 Km, Detroit, March 30--  
 1. Steve Pecinovsky 44:09 50 Km, Oshawa, Ontario, March 23--1. Francois  
 Lapointe 4:20:02 (51:20, 1:40:44, 2:31:04) 2. Martin Kraft, US 4:24:49 (53:10,  
 1:46:51, 2:38:29) 3. Glenn Sweazy 4:25:44 (50:10, 1:40:44, 2:32:41) 4. Jim  
 Janos, US 5:10:40 10 Km, same place--1. Mark Henderson 50:07 2. Frank John-  
 son 50:36 3. Will Preischel 51:02 4. L. Gaudet 51:06 5. Eric Healy, US  
 51:06 6. Paul Guilmond 52:05 8. G. Burkett, US 52:14 8. Dan Stanek 53:55  
 9. Don Lawrence, US 54:12 10. John Hall 55:39 Women's 10 Km, same place--  
 1. Shell Skeoch 55:43 2. Sylvie Thibeault 59:20 3. Nanci Patten 60:35

#### MORE RELATED TO SHOES

Received the following letter from Dr. Robert Van Uden, an orthopedic surgeon in Roanoke, Virginia and a subscriber, which sheds some additional light on our recent discussion on shoes. I will pass on the letter as written, but not the articles referenced.

Every so often in the orthopedic surgery literature an article may appear that has some application or interest for racewalkers. A recent article is included in my letter, along with a slightly shorter review of the same article that showed up in a different orthopedic journal. This was a Scandinavian study done on the significance of dorsiflexion of the toes in walking. A great deal of the terminology used in the articles is a bit baffling and if you try to read the original article it may involve a bit of a struggle. Basically, the article is emphasizing that a good shoe to use in normal walking is one that allows free dorsiflexion of the toes. Dorsiflexion means the abilities of the toes to come up in the opposite direction than the sole of the foot; that is, the opposite of flexing one's toes down. They were able to ascertain two different observations regarding shoes that seemed to be very vital concerning the abilities of the toes to dorsiflex. Number 1, they thought that a soft, flexible sole was vital. Number 2, one needed adequate room in the toe box to allow the toes to dorsiflex as one's heel landed on the ground. It seems somewhat obvious that the flexible sole

Flexible sole  
to allow toes  
to dorsiflex.



At heel strike  
toes normally  
need to dorsiflex. Many  
shoes are so  
tight as to  
restrict this.

allows the toes to dorsiflex as one's lower extremity goes underneath one's body and at the end of the weight-bearing stance phase. It is something which really does not occur to the majority of us that one also dorsiflexes one's toes as their heel initially strikes the ground and that a shoe that is too snug in this area will obviously not allow this to occur. It was also interesting that I noted in a recent issue of the ORW, you had specifically mentioned sole flexibility as one of the important criteria that you looked for in the selection of a shoe to use for racewalking. It seems to me that many of the shoes that have excellent heel and forefoot impact absorption characteristics, end up having a relatively rigid sole. At any rate, some of this article could be of some interest to you or conceivably to some of your readers in the design and/or selection of racewalking shoes.

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#### Push-Pull

(From Larry Larson) Just an observation (or questions or reaction or response) to Bob Bowman's thoughts on the "push-pull" matter. As he shows in his diagrams, this is all predicated on the traditional straight-legged walking form (which we in the U.S. still key on). One of the key differences MAY be that other nations use the driving force off the back foot as a "forward thrust" (of course, working with arms, etc.) of the hips for 3-4 inches, which creates a different fulcrum. Obviously this is what the Mexicans do.

#### ELLIOTT DENMAN'S DOWN MEMORY LANE DEPARTMENT: 1-2-3 FINISHERS IN 10/4 MILE WALK

1956	Elliott Denman, NYU 7:08.8	Roger Barr, NYU 7:14.0	Alex Almasy, Queens Col. ?
1957	Jack Lucey, Queens 8:01.2	David Mishkin, Queens ?	George Shilling, Queens ?
1958	Ron Kulik, Montclair 8:13.3	Gene Poquette, Montclair ?	Jack Lucey, Queens ?
1959	Ron Kulik, Montclair 7:43.0	Jack Lucey, Queens 7:51.0	George Shilling, Queens 7:51.0
1960	Ron Zinn, Army 7:07.4	Ron Kulik, Montclair 7:10.0	Ron Daniel, Pratt Inst. 7:23.0
1961	Ron Zinn, Army 6:39.0	?	?
1962	Ron Zinn, Army 6:18.3	Ron Daniel, Hofstra 7:07.5	Akos Szekely, Army 7:08.4
1963	Akos Szekely, Army 6:56.6	Jerry Madden, Army 7:26.2	John Swenson, Army 7:57.0
1964	Akos Szekely, Army 6:49.5	Art Mark, Army 7:05.5	Jerry Madden, Army 7:13.7
1965	Ron Daniel, Hofstra 6:47.8	Art Mark, Army 6:53.0	Jerry Madden, Army 7:05.0
1966	Dan Totheroh, Cal. Poly 7:18.7	Ross Dennis, Monmouth 7:30.0	Regie Dandar, Colgate 7:30.8
1967	Bob Kitchen, Springfield 6:43.6	Bob Gray, N. Central 7:20.0	Bob Page, N. Esses 7:32.0
1968	Greg Diebold, Boston 6:41.1	C. Clarence Buschart, USMMA 7:07.7	Larry Newman, St. Johns 7:32.2
1969	Bob Kitchen, Spring. 6:41.1	Greg Diebold, Bost. Col. 6:53.5	Larry Newman, St. Johns 7:22.1
1970	Greg Diebold, Bost. C. 6:41.0	Clarence Buschart, USMMA 6:42.0	Phil McGaw, Springfield 7:15.7

1971	Greg Diebold, Bost. Col. 6:51.8	Bob Henderson, Ill. 6:54.9	Phil McGaw, Springfield 7:14.3
1972	Howard Palamarchuk, Tem. 7:02.2	Phil McGaw, Spring. 7:10.7	Peter Warren, USMMA 7:36.4
1973	Howard Palamarchuk, Tem. 7:02.1	Ken Stewart, USMMA 7:30.0	Schultz, Temple 7:43.0
1974	Ellen Minkow, Syracuse 7:36.1	Wayne Danker, St. Johns 8:01.5	Bill Hungelman, USMMA 8:06.1
1975	Paul Stewart, USMMA 7:10.6	John Leonard, Plattsburgh 7:35.5	Bill Hamlin, Brown 7:35.9
1976	Mike Dulke, USMMA 7:11.8	Tom Ambury, USMMA 7:18.7	Paul Devegvar, Harvard 7:35.6
1977	Vince O'Sullivan, Hunter 7:03.8	Steve Casarella, Army 7:12.7	Mike Dulke, USMMA 7:14.1
1978	Pete Timmons, St. Johns 6:49.2	Jerry Katz, Bucknell 6:51.9	Bruce Harland, USMMA 6:54.4
1979	Jerry Katz, Bucknell 6:35.8	Vincent O'Sullivan, Hunt. 6:46.0	Mike Morris, Marist 7:01.2

Who can fill in any of the blanks?

Women's World Race Walking Statistics for 1979 are now available from Palle Lassen, Bulowsvej 40, 1870 Copenhagen V, Denmark for \$2.00. This annual publication lists performances for 1979 and All Time at distances from 1 Mile to 50 Km. The men's annual statistics should follow soon.