

OHIO RACEWALKER



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O'CONNOR DOMINATES 40 KM

Long Branch, N.J., August 6—After a very active summer of travel and competition, the NYAC's Dan O'Connor still had enough left to score an easy win in the National 40 Km title race. Dan had been in Los Angeles in June to take third in the National 20; had toured Sweden in early July (see July ORW) winding up in England for a 12th in their 50 Km race; and had then gone to Colorado Springs in late July for the National Sports Festival 20 (fourth place). All of this didn't seem to have sapped him as he took command of the race from the start and pulled steadily out, eventually leaving the field about a mile back as he finished in 3:31:25. Carl Schueler, in second place, was also on his own much of the race. He finished in 3:39:56, some 81 seconds ahead of Ron Daniel, who was closing the gap at the end. Ron had come from well back of Rob Kitchen, who took fourth, just 13 seconds back of Ron. These first four had all been on the Swedish tour, which apparently was a good training experience.

As usual for this race, the day was hot and humid, slowing the times. Nevertheless, everyone appeared to finish fairly strongly. After 5 Km, O'Connor was in the lead, accompanied by Alan Price, in 26:12 with Schueler and Kitchen just 4 seconds behind. The rest of the field was already stringing out—Jerry Young was fifth in 26:50 and Vince O'Sullivan next in 27:18. Price hung on for another 5 Km as O'Connor and he went through in 52:34. Schueler was now a half minute in arrears and Young had moved ahead of Kitchen another half minute back. Randy Mimm was also with Young, as he had been at 5 Km (an oversight above).

That was it as far as a race for first went. Dan accelerated to 25:36 over the next 5 (1:18:10 at 15) and was out by himself. The surprising Young came through strongly to move into second at 1:19:29 with the fast-fading Price just back in third and Mimm fourth in 1:19:48. Schueler was moving away from Kitchen and Daniel was still biding his time. O'Connor steadily increased his lead from there. Young held second through 20 Km before feeling the effects and giving in to Schueler and then Kitchen just after 30 Km. Daniel came through strongly over the last 10 km to pass both Kitchen and Young. Young had a great race, nonetheless, his best races in the past being over shorter distances. Another surprise over this distance was young Peter Doyle of the Island Track Club who walked very steadily to take sixth.

In seventh place, Sal Corrallo captured both the Masters and "B" titles ("B" titles are for those who have not won a Senior or "B" title previously). He came from well behind O'Sullivan the last 10 km to get the seventh position. Gerry Bocci won a race-long dual with Brian Savilonis for ninth and second Master (Savilonis was second in B) and Chris Knotts pulled away from Ohio Track Club teammate and mentor, Jack Blackburn, after 25 Km for the third B slot. (Blackburn was third Master.)

SECOND CLASS POSTAGE
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The team race was extremely close, with Potomac Valley winning by just 6 seconds over the New York AC. When the AC's third man, Ron Kulik, started his final lap around Takanasssee Lake, they actually had a 1 second lead. Potomac Valley had led by as much as 6½ minutes early in the race but this dissolved as Alan Price slid back through the field. The results, with 5 Km splits through 30 Km:

1. Dan O'Connor, NYAC 3:31:25 (26:12, 52:34, 1:18:10, 1:43:40, ?, 2:36:25) (Incidentally, these splits seem to indicate that the 30 Km point may have been a bit off. At least, everyone seemed to slow rather markedly from 25 to 30 Km and then show a decided pickup over the last 10 Km.)
 2. Carl Schueler, Potomac Valley Walkers 3:39:56 (26:16, 53:03, 1:20:18, 1:47:02, 2:15:58, 2:44:49) 3. Ron Daniel, NYAC 3:41:17 (27:26, 55:29, 1:22:43, 1:50:37, 2:18:15, 2:47:24) 4. Bob Kitchen, PVW 3:41:30 (26:16, 53:31, 1:20:58, 1:48:57, 2:16:58, 2:46:54) 5. Jerry Young, Columbia TC 3:43:25 (26:50, 53:28, 1:19:28, 1:46:12, 2:16:12, 2:46:47) 6. Peter Doyle, Island TC 3:48:46 (27:26, 55:55, 1:23:40, 1:52:04, 2:19:45, 2:49:38)
 7. Sal Corrallo, PVW 3:48:52 (27:26, 55:31, 1:22:58, 1:51:32, 2:20:04, 2:50:51) 8. Vince O'Sullivan, Hunter College 3:49:52 (27:08, 55:28, 1:22:35, 1:49:33, 2:17:52, 2:48:11) 9. Garry Bocci, Motor City Striders 3:51:10 (28:40, 58:33, 1:27:15, 1:56:16, 2:24:35, 2:54:06) 10. Brian Savilonis, un. 3:52:14 (29:20, 58:55, 1:27:15, 1:56:16, 2:24:35, 2:55:26)
 11. Chris Knotts, Ohio TC 3:54:18 (29:20, 59:44, 1:28:54, 1:58:25, 2:27:00, 2:55:56) 12. Jack Blackburn, OTC 3:56:56 (29:20, 59:44, 1:28:54, 1:58:25, 2:27:35, 2:58:21) 13. Ron Kulik, NYAC 3:57:42 14. Alan Price, PVW 3:58:11
 15. Cliff Mimm, Shore AC 3:59:32 16. Gary Westerfield, ITC 4:00:59
 17. Howie Jacobsen, Eastside TC 4:01:27 18. Steve Vaitones, North Medford Club 4:01:43 19. Dan Dudek, Green ' Gold 4:03:05 20. Jerry Katz, ITC 4:07:30 21. Sam DeLosSantos, SAC 4:08:23 22. Tom Knatt, NMC 4:08:33
 23. Bob Falciola, SAC 4:13:33 24. Jim Breitenbacher, Col. TC 4:21:32 25. Ed Sandifer, Sugarloaf TC 4:23:10 26. Pete Tymmons, NYAC 4:25:05 27. Rich Myers, OTC 4:34:43 28. George Lattarulo, NMC 4:35:52 29. Jack Boitano, un. 4:38:03 30. Andrew Briggs, PVW 4:38:18 31. Tony Medeiros, NMC 4:39:11 32. Wes Mathews, PVW 4:45:04 33. George Graf, ITC 4:48:28
 34. Ben Ottmer, SAC 4:49:52 35. Marcus Boatwright, Newark Int. TC 5:10:41 36. John Walker, un. n.t. 37. Alberto Alvarez, SAC n.t.
 Class "B" Race: 1. Corrallo 2. Savilonis 2. Knotts 4. Vaitones 5. Katz 6. DeLosSantos 7. Sandifer 8. Myers 9. Boitano 10. Briggs 11. Mathews
 Race: 1. Corrallo 2. Bocci, 3. Blackburn 4. Kulik 5. Jacobsen 6. Myers 7. Boitano 8. Briggs 9. Medeiros 10. Mathews 11. Ottmer
 DNF: Ray Floriani 2:27:59 at 25; Randy Mimm 1:50:53 at 20; Bob Mimm 2:02:58 at 20; John Fredericks 2:03:30 at 20; Tom Kline, Steve Eackles, and Jesus Rivera; Teams: 1. Potomac Valley Walkers 11:10:18 2. New York AC 11:10:24 3. Island Track Club 12:01:14 4. Shore AC 5. Ohio Track Club 6. North Medford Club

FLYNN WINS EMPIRE GAMES 30 KM

Edmonton, Alberta, Aug. 8—England's Olly Flynn overcame a strong field and the elements to win the British Empire Games 30 Km walk in a very Commendable 2:22:03.7. Australia's Willi Sawall led for better than half the race and hung on gamely to finish a close second, well clear of his teammate Tjm Erickson.

The sun was bright throughout and the temperature stayed around 80 F following the 3 p.m. start. Nonetheless, Sawall and Canada's Marcel Jobin moved out very quickly, covering the first 5 km in 22:14. Flynn wisely laid off this early pace and was with Erickson in third at 22:37. New Zealand's Graham Saetter was fifth at this point in 22:54. Sawall opened up on Jobin over the next 5 going through 10 in 45:12 with the Canadian now 11 seconds back and Flynn closing ground at 45:29. Saetter and Erickson were now nearly a minute further back and England's Brian Adams came through a half minute after them.

By the halfway point, Jobin had begun to fade and Flynn was closing up on Sawall, who passed 15 km in 1:08:37 to the Englishman's 1:08:50. Jobin had slowed to 1:09:27, but was still well clear of Saetter (1:10:05) and Adams (1:10:29). Erickson had dropped back to sixth in 1:11:03. Flynn made his move the next 5 km and was on his way as he went through 20 in 1:32:09, some 12 seconds out on Sawall. Everyone else was 3 minutes or more behind, with Adams having passed Jobin and Saetter and Erickson still sixth.

Flynn gradually stretched his lead over the next 10 km to eventually finish 55 seconds in front. Erickson made a very strong move from 20 to 25, going from sixth to third, some 1½ minutes ahead of Adams. He increased this margin to the finish, but could make no inroads on the leaders. Saetter and Jobin both faded badly over the final 10 and finished out of the first six. The results:

1. Olly Flynn, England 2:22:03.7 2. Willi Sawall, Australia 2:22:58.6 3. Tim Erickson, Aust. 2:26:34.0 4. Brian Adams, Eng. 2:29:41.5 5. Amos Seddon, Eng. 2:29:57.5 6. Helmut Boeck, Canada 2:31:20.9 7. Graham Saetter, NZ 2:31:48.9 8. Graham Young, Isle of Man 2:33:14.9 9. Marcel Jobin, Can. 2:35:01 10. E. Kasuku, Kenya 2:43:25.2 11. R. Chegs, Ken. 2:45:12.5 12. V. Subramaniam, Malayl 2:56:07.1—four failed to finish.

OTHER RESULTS:

NEAAU 20 Km, Taunton, Mass.—1. Steve Vaitones 1:41:57 2. George Lattarulo 1:51:28 3. Paul Schell 1:52:58 4. Tony Medeiros 1:53:06 5. Mike Regan 1:54:51 6. Tom McGrath, Jr. 1:57:29 7. Jim Regan 1:58:41 8. Charles Scott 1:59:26 9. John Gray 2:02:06 10. Tim Heylark 2:07:00 (17 finishers) 5.5 Mile, Lowell, Mass., July 19—1. David Jolliff 53:07 2. Tony Medeiros 53:26 3. Fred Brown Sr. 66:07 4. Janet Scott 71:17
 NEAAU 5 Km (Indoors), March 12 (late news)—1. Tom Knatt 23:36.5 2. Bob Kitchen 23:36.8 3. Paul Schell 26:07.2 4. George Lattarulo 27:41.2 5.5 Mile, Lowell, July 13—1. Fred Brown 65:32 (hdcp) 2. Tony Medeiros 52:48 3. Janet Scott 71:03 4. Charles Scott 55:43 5.5 Mile, Lowell, July 26—1. Art Madreau 60:59 2. Paul Schell 51:52 3. Fred Brown 67:20 3 Km, Smithtown, NY, July 24—1. Peter Doyle 14:00 2. Jerry Katz 14:12 3. Robert Miller 16:33 Women: 1. Janet Judd 18:59 1 Mile, Smithtown, July 17—1. Peter Doyle 7:08.5 2. George Graf 7:21.9 3. Gary Chodosh 7:39.5 5 Km, Dix Hills, NY, July 23—1. Gary Westerfield 26:01 2. Jerry Katz 26:02 3. Jon Gaska 27:26 3. John Shilling 27:59.8 3. Keith Robine 29:24 1500 meters, Jamaica, NY, July 30—1. Ed O'Rourke 7:01.2 2. Jon Gaska 7:11.6 3. Ben Marsh 7:28.7 (Scholastic race) Girls: 1. Lorna McKinnon 8:45.9 Women's 10 Km, Kings Point, NY, July 5—1. Susan

Liers 60:59 2. Eileen Smith 65:34 3. Joan Unger 65:34.2 2 Miles, Lake-wood, N.J.—1. Joe Berendt 12:23 (This is the "John" Berendt who won the AAU 5 Km and the "Joe Berent" from Lake Superior State who was fourth in the 1977 MAIA Indoor 2 Mile. He is now a Lt. in the U.S. Army and was at Fort Dix for a week on his way to Finland.) 2. Randy Mimm 14:34 3. Jerry Young 15:14 4. Bob Mimm 15:48 5. Jim Breitenbacher 16:31 6. Ben Ottmer 16:54 7. Al Altanz 19:14 5 Km, Grand Island, NY, July 25—1. Dave Cummings (age 17) 25:30 2. Dan Stanek 25:43 3. Gary Hajnos 26:01 4. Gerald Burkett 26:18 Women: 1. Ruth Frawley 30:25 20 Km, Niagara Falls, July 29—1. Helmut Boeck, Canada 1:34:17 (same course as National 10) 2. Dave Cummings 1:49:49 3. Dan Stanek 1:53:04 4. Don Winiecki 1:54:50 5. Gary Hajnos 1:56:56 6. Dr. Jim McMullen 1:58:26 7. Will Prelechel 2:12:37 8. Rose Ann Boeck 2:13:13 5 Km Handicap, Grand Island, Aug. 8—1. Dave Cummings 23:38 2. Dan Stanek 23:38.2 3. Don Lawrence 24:33 4. Ron Hajnos 29:05 5. William Malican 29:29 6. Gary Hajnos 24:42 7. Frank Fina 31:14 8. Wendy Wippert 33:16.....11. Gerald Burkett 25:59 12. J.M. McMullen 27:34 13. Don Winiecki 25:10 1 Mile, Montvideo, Va., Aug. 17: Ages 15-22—1. Lyle Coulter and Derek Herring 8:05 2. Jeff Kirtley 9:13 Age 23-40—1. James Hughes 9:20 Women 15-22: 1. Mary Kagey 10:27 10 Km, Allen Park, Mich., Aug. 6—1. Ward Freeman 53:54 2. June McDonald 59:50 15 Km, Columbia, Mo., July 15—1. Jerry Young 1:13:45 (24:10, 48:48) 2. Randy Mimm 1:17:08 (24:24, 50:25) 10 Km, Col-umbia, July 1—1. Randy Mimm 53:25 2 Km, Edwardsville, Ill., June 7: 1. Jerry Young 9:14 Age 14-19: 1. Rob Hyten 11:27 2. Steve Marfia 11:35 3 Km, Edwardsville, June 14—Age 14-19: 1. Rob Hyten 15:36 (age 15—16:44 for 2 Miles, as he went on) 2. Steve Marfia 17:42 5 Km, Edwardsville, June 21—1. Jerry Young 23:31 1500 meters, Edwardsville, June 28—1. Jerry Young 7:08 2. Scott Decker 8:04 2 Km, Edwardsville, July 5—1. Jerry Young 9:56.5 2. Scott Decker 10:53.4 5 Km, Edwardsville, July 19—1. Jerry Young 26:54 Age 14-19: 1. Rob Hyten 30:34 2. Steve Marfia 30:48 10 Km Prediction Race, Prescott, Ariz., July 9 (Finish based on how close they came to their predicted time)—1. Laurie Rogers 68:34 (-11 sec.) 2. Lemmy Wos 66:26 (plus 1:26) 3. Mike DeWitt 49:31 (-1:29) 4. Rey Cruz 58:35 5. Beth Kaput 68:35 6. Jeff Murphy 76:48 5 Km, Orme, Ariz., Aug. 11—1. Mike DeWitt 24:34 2. Rey Cruz 26:26 3. Don Tate 28:30 4. Thom Hunt 29:19 (1977 Junior International Cross Country Champion and 4:02 miler) 5. Pat Diffey 30:31 6. Aimee Burr 30:51 10 Km, U.S. Olymp-ic Training Center, Squaw Valley, Aug. 18—1. Steve Faginovsky 48:23 2. Al Hallur 48:55.8 3. Jerry Young 49:34.2 4. Greg Hack 50:15 5. Mike Norris 51:12 6. Terry Lingbloom 51:31 7. Cliff Mimm 51:40 8. Brian Snazelle 52:44 9. Phil Millard 53:34 10. Travis Veon 54:03 11. Steve Petri 54:24 12. Ethan Whitaker 54:42 13. Brian Conway 61:25—DQ: Wayne Glusker and Jay Byers. DNF—John VanDenBrandt, Steve DiBernardo, Jim Janos, Troy Engle, SamDeLosSantos, Ron Laird, and Ray Floriani—6200 ft altitude took its toll. East vs. West 13x1 Mile Relay, same place, Aug. 17—1. East 96:48 (Ray Sharp 6:52, Mike Morris 7:28, Al Hallur 7:02, Cliff Mimm 7:31, Steve Petri 7:55, Troy Engle 7:23, Ethan Whitaker 8:14, John VanDenBrandt 7:01, Joe Sherman 7:22, Jim Janos 7:44, Sam DeLosSantos 7:37, Steve Pacinovsky 7:12, Jay Byers 7:01) West 97:24 (Terry Lingbloom 6:55, Phil Millard 7:38, Tracy Teegardon 7:52, Greg Hack 7:11, Brian Conway 8:29, Jerry Young 7:22, Brian Snazelle 7:22, Mike Shates 7:56, Wayne Glusker 7:07, John Stafford 7:39, Marco Evonluk 6:58, Travis Veon 7:16, Steve DiBernardo 7:13) 4 Mile Walk-Run-Walk (1,2,1), San Diego, 1. Ed Bouldin 27:54 2. Dale Sutton 28:26 3. Ray Parker 28:45 4. Joe Hampton 29:10 5. Cal Meneen 29:57 (first master) 6. Roger Brandweine 30:00 7. Garry Farrar 30:10 8. Yale Strom 30:13 (First person I remember with that first name since Yale Lary, and who besides Ray Leach can tell me who he was? Anyone who saves old Sportfolio magazines, as does Ray, would certainly know that one.) 2nd Pan-American Masters Meet, Santa Ana, Calif., 5 Km, Aug. 19—1. Ed Bouldin 23:00 (age 30) 2. Bill Ranney (43) 23:07 3. Dale Sutton (38) 24:00 4. John Allen (51) 24:41 5. Paul Hed-

dricks (35) 25:08 6. Ray Parker (32) 25:07 7. Lori Maynard (42) 27:02 8. Vicky Jones (32) 28:10 9. Justin Gershury (51) 28:43 10. Roger Brandwin (30) 28:51 11. Art Smith (57) 29:04 12. Bernard Winn (57) 29:49 13. Gordon Wallace (68) 29:46 14. Harry Siitonen (52) 29:58 15. John Garcia (60) 30:05 16. Dick Schacknies (46) 30:09 17. John Hanna (69) 30:27 18. Antonio Espinoza (53), Venezuela 30:40 19. Chesley Unruh (71) 31:00 20. Jack Powell (65) 31:40 21. John Guenze (60) 31:50 (Move those last three back one place—I missed John Freisen (51) 30:55 in 19th.) 23. Ray Fitzhugh (43) 32:20 24. Mickey Blakesley (66) 32:34 25. Roger Anawalt (58) 33:42 26. Earl Peason (40) 35:36 27. Darys Espinoza (30) (woman), Venezuela 38:50 28. Dilia Espinoza (30), Ven. 40:14—The Espin-ozas are father and daughters. He is trying to organize race walking in Venezuela and plans to send up a large contingent next year. 20 Km, Aug. 20: 1. Bill Ranney 1:38:01 2. Ed Bouldin 1:40:07 3. John Allen 1:43:28 4. Paul Hendricks 1:46:18 5. Dale Sutton 1:49:24 6. Roger Brandwin 1:58:42 7. Lori Maynard 2:01:47 8. Mathews 2:05:19 9. Art Smith 2:09:05 10. Vicky Jones 2:09:12 11. Harry Siitonen 2:12:38 12. Reeves 2:14:37 13. Jerry Herman 2:15:47 14. Gordon Wallace 2:15:50 15. Kathy Keller 2:16:23 16. John Hanna 2:17:47 17. Betty Bannon 2:18:29 18. Mickey Blakesley 2:19:28 19. John Wall 2:25:00 20. Chesley Unruh 2:34:00 21. Roger Anawalt 2:47:05 1 Mile, Copiague, N.Y., Aug. 22—1. Jerry Katz 7:00 2. John Shilling 7:46 3. Ben Narse 8:00

HEIRING DECISIVE WINNER AT 30

Columbia, Mo., Aug. 13—Jim Heiring, making his first start at this long a distance, moved easily away from the field today to capture the AAU Senior 30 Km race walking title. A quick 23:57 first 5 km gave him better than a minute on the field. Although slowing gradually throughout, he continued to build that lead to a margin of 8:39 over Augie Hirt as he crossed the finish in a brisk 2:30:50. Hirt edged away John Knifton over the second half of the race to take the second spot. Dave Himmelberger, who hung close to those two for 10 Km finished a lonely fourth.

The Masters title went to Jerry Bocci in fifth. Apparently Jerry is becoming serious about his walking again now that he has hit the magic 40 mark. His teammate, Ward Freeman, finished just back of him following a race-long dual, and won the "B" title. These two teamed with Jeanne Bocci to capture the team title, or at least Joe Duncan awarded it to them. Dean Ingram just addressed that point in his most recent newsletter, welcoming women to these competitions but noting that they are not eligible for AAU Championship patches and medals. So Joe will probably hear from Dean on that one.

The race started at 6:30 a.m. but it was still in the low 70's with high humidity and a hot sun at the start and the heat and humidity took its toll during the race. Judges were Bob Young, Larry Young, Rob Spier, and Joe Duncan. Results:

1. Jim Heiring 2:30:50 (23:57, 48:21, 1:13:06, 1:38:27, 2:04:29) 2. Augie Hirt 2:29:29 (25:06, 20:10, 1:15:50, 1:42:20, 2:10:12) 3. John Knifton 2:40:16 (25:07, 50:24, 1:16:50, 1:42:57, 2:11:05) 4. Dave Him-melberger 2:47:47 (25:07, 50:24, 1:16:50, 1:45:18, 2:15:35) 5. Jerry Bocci 2:51:49 (27:05, 55:04, 1:23:08, 1:52:40, 2:21:24) 6. Ward Freeman 2:52:11 (27:32, 55:03, 1:23:08, 1:51:35, 2:21:14) 7. Leonard Bisen 3:00:27 (2nd Master) 8. Bob Chapin 3:07:33 (3rd Master) 9. Jeanne Bocci (3:08:05) 10. Albert Van Dyke 3:32:11 11. Bob Gragg 3:40:02 12. Nathan Chapin (age 15) 3:49:48 13. Frank Helgerson 3:49:48 DNF—William Taft, Jim Shanahan, Paul Mack, Jerry Young, Jim Breit-entucher, and Randy Mimm. The latter three were still feeling the effects of the 40 Km and an accompanying long auto trip in an old car with much travail.

ON WITH THE RESULTS

Central American Games 20 Km, Columbia, July 16 (2000 meter altitud)--
 1. Daniel Bautista, Mex. 1:29:10 2. Raul Gonzalez, Mex. 1:31:58
 African Games 20 Km, Algiers, July 21--1. Kachcouche, Algeria 1:39:21
 2. Ture, Ethiopia 1:39:51 Italian 20 Km Championship, Rome, July 25--
 1. Maurizio Damilano 1:26:12 2. Pezzetini 1:26:59 3. Roberto Giaccone
 1:26:59 Soviet 50 Km Championship, Moscow, June 25--1. Otto Bartsch
 3:56:35.2 2. Vjatscheslav Fursov 3:56:35.2 3. W. Dorowski 3:56:48
 4. Alekxander Beryosin 3:58:37 5. Yuriy Andrushyenko 4:01:41 6. V.
 Maryev 4:01:57 7. Alexei Troitski 4:02:18 8. Pyotr Myelnik 4:03:00
 9. A. Milik 4:03:40 10. Karlis Apalais 4:03:54 Soviet 20 Km, Vilnius,
 July 19--1. Anatoliy Solomin 1:23:30 (2nd fastest road 20 Km in history)
 2. Boris Yakovlyev 1:23:30 3. Potschekluk 1:23:33 4. Polosov 1:24:05
 5. Yevgeniy Yevsyukov 1:24:18 6. Mislivsyev 1:24:29 7. Alekseyev 1:24:53
 8. Mykotnich 1:25:56 9. Matveyev 1:26:16 10. Gromov 1:26:18 11.
 Chernov 1:26:33 12. Vladimir Golubnichiy 1:26:41--not too bad for a man
 on the far side of 40. The depth in these Soviet races never ceases to
 amaze one. And always there are new names up there challenging the top
 dogs 20 Km, Fuisse, Bulgaria, April 23--1. Pyotr Potschekluk, USSR
 1:25:40.4 2. Nikolai Vinnitschenko, USSR 1:26:34 3. Nikolai Pokatov,
 USSR 1:26:27 4. Peter Udovenko 1:28:20 5. Pyotr Myslovzev, USSR 1:28:29
 6. Aristidas Karageorgos, Greece 1:29:23 7. Christos Karageorgos, Greece
 1:29:23 8. Jan Javorsky, Czech. 1:30:05 Polish 20 Km Championship,
 Warsaw, July 9--1. Jan Ornoch 1:26:46 2. Bohdan Bilakowski 1:26:46
 3. Kmiecik 1:26:49 4. Gorski 1:27:07 5. Rola 1:28:19 6. Kazmierski
 1:28:52 7. Goslowski 1:29:04 Swiss 50 Km Championship, Fayerne, July
 2--1. Roby Ponzio 4:26:41 2. M. Vallotton 4:30:40 10 Km (Track), Warsaw
 June 19--1. Daniel Bautista, Mex. 4:03:28.8 2. Domingo Colin, Mex. 4:04:15
 3. Bohdan Bilakowski 4:1:50 4. Felix Gomez, Mex. 4:1:57.6 5. Enrique Vera,
 Mex. 4:2:27 6. Angel Flores, Mex. 5:2:50.5 7. Jan Ornoch 4:2:51.5--
 Bautista's 39:39.9 in Grudziadz is reported as a road race by Track &
 Field News and as a track race by Internationaler Gelsport Rapport--
 10 Km (track), Dortmund, W.G., June 30--1. Aleksei Troitski, USSR 41:53
 2. Alfons Schwarz 42:22 3. Hans Michalski 42:54 4. Borianin Soldatenko,
 USSR 43:40 10 Km (track), Koukola, Fin., July 11--1. Reina Salonen 41:20.3
 2. Maurizio Damilano, Italy 41:24.8 3. Immo Rintala, 42:48.6 4. Vitt-
 orio Visini, Italy 44:36.5 20 Km (track), Jyvaskyla, Fin., July 16--1.
 Reina Salonen 1:29:12.4 2. Immo Rintala 1:30:59.5 Women's 3 Km, Tai-
 vassalo, Fin., July 1--1. Thorill Gylder, Nor. 14:03.2 3 Km, Wakraus,
 Fin., July 4--1. Salonen 11:29.6 Finnish 50 Km Championship, Turku, July
 17--1. Reina Salonen 3:51:38.4 (23:55, 47:5, 1:11:13, 1:34:25, 1:57:08,
 2:20:10, 2:43:03, 3:05:53, 3:28:51--22:47 for last 5) 2. Seppo Immonen
 4:04:19.2 Czech 20 Km Championship, July 8--1. Stefan Petrik 1:28:22
 2. Pavol Blasek 1:28:58 3. Juraj Pencik 1:30:21 4. Jan Javorsky 1:30:35
 5 Km (track), Panska Bystrica, Czech., June 14--1. Yuraj Pencik 19:30.4
 20 Km, Vilnius, USSR, June 24--1. Karl-Heinz Stadtmuller, E.G. 1:24:42
 2. Yevgeniy Yevsyukov, 1:26:29 3. Jan Ornoch, Poland 1:26:44 4. Bohdan
 Bilakowski 1:27:28 5. Hartwig Gauder, E.G. 1:29:48 East German 20 Km
 Championship, Dreden, July 1--1. Roland Weiser 1:24:35.9 2. Michael
 Bonke 1:28:18 3. Lothar Nickel 1:29:13 4. Steffen Muller 1:29:40 East
 German 50 Km Championship, same place--1. Karl-Heinz Stadtmuller 4:01:59
 2. Mathias Kroel 4:06:19 3. Kerber 4:07:53 4. Werner Galina 4:08:51
 5. Udo Schaeffer 4:11:01 6. Horst Matern 4:19:46--Rolf Knutter Dd,
 Steffen Muller and Olaf Pilarski dnf. 50 Km, Esch sur Alzette, Luxembourg,
 June 25--1. Herbert Hellig, W.G. 4:08:51.2 2. Lucien Faber, Lux. 4:13:48
 Junior Women's 3 Km, Odense, Den., July 15--1. Britt-Marie Karlsson, Swed
 13:49.9 2. Eva Karlsson, Swed. 14:00 Women's 5 Km, same place--1. Marg-
 areta Simu, Swed. 24:03.3 (track) 2. Elisabeth Olsson, Swed. 24:07

3. Britt Holmquist, Swed. 24:22 4. Ann Janssen, Swed. 24:36 5. Heike
 Penner, W.G. 25:22 6. Regine Broders, W.G. 25:34 Women's 5 Km (track),
 Trondheim, Nor., June 16--1. Thorill Gylder, Nor. 23:34.6 2. Elisabeth
 Olsson, Swed. 23:48 3. Britt Holmquist, Swed. 24:08 4. Ann Janssen,
 Swed. 24:21 5. Monika Karlsson, Swed. 24:37 6. Mia Kjolberg, Nor. 25:00
 20 Km, same place--1. Ove Henningson, Swed. 1:29:52 2. Knut Arne Stromoy,
 Nor. 1:30:14 20 Km (track), Fredrikstad, Nor., July 25--1. Erling And-
 ersen 1:27:47 (age 17) Women's 5 Km (track), same place--1. Thorill
 Gylder 23:55 Women's Junior 10 Km (track), same place--1. Mia Kjolberg
 51:36 Women's 5 Km (road), Krogered, Swed., July 16--1. Elisabeth Olsson
 23:42 2. Ann Jansson 24:13 3. Margareta Simu 24:51 Women's 1 Mile,
 Vasteras, Swed. June 10--1. Eva Karlsson 7:14.8 2. Margareta Simu 7:18.2
 Australian 20 Km Championship, Dendigo, July 16--1. Willi Sawall 1:29:31
 2. D. Smith 1:30:25 3. Tim Erickson 1:30:49 Australian 30 Km Trial,
 May 14--1. Willi Sawall 2:19:25 2. Tim Erickson 2:21:22 3. Peter Fullager
 2:29:18 4. Peter McCullagh 2:31:26 British National 50 Km, July 15--
 1. Dave Cotton 4:14:25 2. Ian Richards 4:18:32 3. Brian Adams 4:19:22
 4. Adrian James 4:20:24 5. Bob Dobson 4:24:57 6. Shaun Lightman 4:25:54
12. Dan O'Connor, USA 4:29:56 13. Angie Hirt, USA 4:31:42.....16.
 Bob Kitchen, USA 4:35:01....24. John Knifton, USA 4:47:40 20 Km, Stret-
 ford, Eng., July 16--1. Graham Saetter 1:27:37 2. Roger Mills 1:30:32
 3. Amos Seddon 1:30:54 20 Mile, Australia, April 6--1. Willi Sawall
 2:30:45 2. Tim Erickson 2:36:47 3. D. Smith 2:58:28

FORTHCOMING RACE WALKING CONTESTS

Sat. Sept. 9--10 Km, Ontario (N)
 Sun. Sept. 10--Iowa 25 Km, Ames, 8 a.m. (G)
 NAAU SENIOR, MASTERS, AND B 50 KM, DETROIT (F)
 2 1/2 and 10 Mile, Westbury, N.Y., 8:30 a.m. (S)
 Sat. Sept. 16--10 Km, Columbia, Mo., 9 a.m. (D)
 Sun. Sept. 17--15 Km, Houston, 10 a.m. (E)
 2 Hour, Iowa City, 8 a.m. (G)
 5, 10, and 15 Km, San Diego, 9 a.m. (Z)
 4 Mile, Lakeland, Fla., 8:30 a.m. (Q)
 Sat. Sept. 23--NAAU 100 MILE, COLUMBIA, 1 p.m. (D)
 RMAAU 1 Hour, Lafayette, Col., 8 a.m. (P)
 Sun. Sept. 24--1 Hour, Kings Point, N.Y., 9 a.m. (S)
 Wed. Oct. 4--1 Hour, Detroit (F)
 Sun. Oct. 8--Iowa 40 Km, Winterset, 7 a.m. (G)
 1 Mile and 10 Km, Smithtown, N.Y., 9 a.m. (S)
 Mon. Oct. 9--10 Mile Hdep., Ghelph, Ont. (N)
 Sat. Oct. 14--San Diego Marathon Walking Division, 7 a.m. (Z)
 10 Km, Lakeland, Fla., 8 a.m. (Q)
 Sun. Oct. 15--Ontario 50 Km, Hamilton (N)
 10 Mile Hdep, Phoenix, 9 a.m. (V)
 Sun. Oct. 22--1 Hour, Cleveland (U)
 20 Km, Houston, 10 a.m. (E)
 20, 30, 40, and 50 Km, San Diego, 7 a.m. (Z)
 Sat. Oct. 28--RMAAU 30 Km, Greeley, Col., 5 p.m. (P)
 Sun. Oct. 29--NAAU MASTERS AND B 25 KM, DES MOINES, 8 a.m. (G)
 2 1/2 and 10 Mile, Westbury, N.Y., 8:30 a.m. (S)
 Sat. Nov. 4--Michigan AAU 20 Km, Detroit (F)
 Sun. Nov. 5--10 Km, Eldon, Iowa, 10 a.m. (G)
 Sun. Nov. 12--5 Km Hdep, Kings Point, N.Y., 9 a.m. (S)

CONTACTS

D--Joe Duncan, 2980 Maple Bluff Drive, Columbia, MO 65201 (Note: This has been in error the last two months as I somehow managed to give Joe John Harwick's street address in Pittsburgh. Time marches on and so do the multitude of errors in your friendly ORW.)
 E--John Evans, 5/40 N. Braewood #945, Houston, TX 77096
 F--Martin Kraft, 19173 Beaconsfield, Detroit, MI 48224
 G--Dave Eidahl, Box 209, Richland, IA 52585
 N--Doug Walker, 2360 Dundas St. W. #1213, Toronto M6P 4E2, Ontario, Can.
 P--Paul Lightsey, 2400 E. 16th St., Greeley, CO 80639
 Q--John Scimone, 631 Young Place, Lakeland FL 33803
 S--Gary Westerfield, 57 Broadway, Smithtown, NY 11787
 U--Lake Erie Racewalkers, 3123 Mapledale Ave., Cleveland, OH 44109
 V--Mike DeWitt, 17831 N. 34th Lane, Phoenix, AZ 85023
 Z--Dale Sutton, 6937 Petit Court, San Diego, CA 92111

And speaking of Dale Sutton there at the bottom of the list, he is now the contact regarding the National AAU Postal 1 Hour. The race had originally been awarded to the Southern Pacific Association, but they are now without a Chairman. So it has passed to the Pacific Southwest and Mr. Sutton. Dates for qualification will probably be extended because of the delay. Write Dale for info on how to enter and how long you have.
 * * * * *
 FROM HEEL TO TOE

And speaking of the plethora of errors that fill these pages, I had a major booboo last month. In trying to publish results from the National Masters meet, I managed to mix in results of the Southeast Masters Meet held earlier in Raleigh. I won't even bother to try and explain how I did this. Anyway, the mistake can best be rectified by now publishing the full results (1A is age 40-44, 1B 45-49, 2A 50-54, etc. F means female): 5 Km--1. Jeff Bonner 1A 24:53 2. Bob Mimm 2A 25:52 3. John Allen 2A 26:12 4. Wayne Nicoll 1B 26:41 5. Joe Stefanowicz 1A 27:04 6. Don Johnson 1C 28:14 7. Dan Beauchamp 1A 28:16 8. Lori Maynard FIA 28:17 9. Anne Vanderhoff FIA 28:58.4 10. Rich Myers 1A 29:22 11. Gordon Wallace 3B 30:03 12. John Walker submaster 30:04 13. Howard Barnes 2A 30:05 14. Roberta Widman FGM 30:23 15. Tim Dyas 2B 31:14 16. Bob Long 2B 32:34 17. Ray Fitzhugh 1A 32:37 18. Chesley Unruh 4A 33:46 19. Egon Kafka 2B 34:19 20. John Wall 3B 34:29 21. Ernie Anglin 1A 34:50 22. Fred White 2B 37:27 23. Katherine York F3C 38:41 20 Km--1. Jeff Bonner 1:48:31 2. John Allen 1:50:26.3 3. Bob Mimm 1:53:26.3 4. Don Johnson 2:01:48 5. ? 2:02:51.4 6. Andy Briggs 1B 2:05:20.7 7. Dan Beauchamp 2:09:01.8 8. Lori Maynard 2:09:11.7 9. Tim Dyas 2:09:48.7 10. Anne Vanderhoff 2:10:24.4 11. John Walker 2:10:44.5 12. ? 2:14:04.3 13. Howard Barnes 2:17:58.5 14. Chesley Unruh 2:22:14.8 15. Gordon Wallace 2:22:41.9 16. Bob Long 2:27:16.4 17. Egon Kafka 2:27:17.5 18. Michael Cannon 2:28:24.1 19. Ernie Anglin 2:31:55.8 20. John Wall 2:39:42, v....
 While rehashing old results, here are complete results, with splits, on the National Sports Festival 20 Km: 1. Neal Fyke 1:36:57 (23:48, 48:13, 1:12:33) 2. Larry Walker 1:37:14.7 (23:59, 48:14, 1:12:53) 3. Marco Evoniuk 1:37:48.4 (23:52, 48:14, 1:13:03) 4. Dan O'Connor 1:39:07.2 (23:52, 47:58, 1:13:04) 5. Jim Heiring 1:41:26 (23:51, 48:49, 1:14:54) 6. Martin Kraft 1:42:09.6 (25:13, 50:40, 1:16:39) 7. Tom Dooley 1:42:34.6 (24:46, 50:23, 1:16:12) 8. John Knifton 1:45:22 (25:14, 51:26, 1:17:56) 9. Greg McGuire 1:45:39 10. Ray Sharp 1:47:30.9 11. Tom Lough 1:47:44.4 12. Mike DeWitt 1:48:23.7 13. Todd Scully 1:52:42 (23:52, 48:36, 1:16:39) 14. Bob Falcicola 1:55:29 DNF--Joe Sherman. The race was at 7000 feet in hot (85F), windy conditions--thus the rather slow times. Judges were Pete Van Arsdale, Floyd Godwin, John Tarin, Jerry Brown, Paul Lightsey, and Chris Amoroso.....Supplement to story on walks on National Track Meet

in June issue: Susan Liers had not trained for three weeks prior to the meet because of torn cartilage in her rib cage (diagnosed after a week of tests in a hospital for internal injuries). She managed to steal the 5 km race in slow time as apparently the rest were conceding to her not knowing of her injury. She then walked the 10 in great pain from aggravating the injury plus general soreness from a hard 5 with no training....From Issue No. 8 of "Walk Track", August 1978, edited by Russ Phillips in Regina, Saskatchewan (we mention this paper from time to time--it covers people and events that no one ever hears of elsewhere, and I'm still waiting for someone to tell me how legitimate these people are): "What could be the biggest matchup since Crawshaw and Thirtle (Aintree 1972) is scheduled to take place there starting August 24. Dick Crawshaw, former world champion and present holder of the litereal non-stop walk record will compete with Preston's Tom Benson, current holder of the marathon walk record. Tom Benson at age 46 is hitting his prime and is a formidable walker. A superb athlete. But Dick Crawshaw at age 60 must never be ruled out. With true British bulldog persistence and determination, Dick forges ahead, oblivious to pain and discomfort. We are all terribly excited to hear the news of how these two great athletes will do. Tom's world record is 314 miles.....On September 9-10, Canadian Russ Phillips will attempt to better his personal best backwards walk of 68.3 miles in 24 hours. He hopes to go past Lindsay's record of 80 miles in that time span....Early in January, John Brooks, the "Black Superstrider" will make another attempt on the 24 hour walk record. As before, this one will be in Hong Kong....Also results of the "World Title" 24 Hour in Liverpool, July 7: 1. John Morris 114.8 miles 2. Ray Evans 95.12 miles 3. John Brooks 80.36 miles.".....Next month we hope to have a complete report on the Olympic Training Camp held at Squaw Valley in August. (Note two races in results section.) Steve Pecinovsky reports that it was a very worthwhile and profitable two weeks, due in no small part to the presence of Mexican National Coach Jerzy Hausleber and his two stars, Daniel Bautista and Raul Gonzales.....New subscriber Tim Jacobs in Salt Lake City, who finds himself the only race walker in Utah, sends the following little item of interest from the Stuart (Fla.) News (I don't know how someone in Utah gets the Stuart News): "The walker's day may be coming. Walking will be the next physical fitness fad to sweep the nation says The Footware Council, which recently launched a Walk for Your Life campaign. Here are some past present walkers who might have endorsed such an effort: Reclusive Greta Garbo regularly takes long walks along the streets of Manhattan. She is said to have once escaped from the anonymous yacht of the Greek tycoon because it was too small for her daily constitutional. Henry David Thoreau did much of his walking in the vicinity of Walden Pond. He considered walkers a class apart--a fourth estate outside of Church, State, and People. Philosopher Immanuel Kant pondered great truths while walking for one hour each afternoon. Abraham Lincoln exercised his long legs by walking four hours each day on the hills around Springfield, Illinois. Harry Truman took a stroll each morning before tackling the affairs of state. "I believe walking will make me live longer", he said. And he lived to be 88! Vermont's oldest resident, William Alley, recently died at the age of 109. To what had he attributed his longevity? "Good clean living, keeping away from liquor--and walking." To which Bob Mimm, Jack Blackburn, and a horde of other dirty old walkers reply, "Well, one out of three ain't bad."

LOOKING BACK

1 1/2 Years Ago (From the July-Aug. 1963 Race Walker, edited by Chris McCarthy)
 McCarthy himself won the National 40 Km held on a mountainous course in Waynesburg, Pa. With the temperature at 96 and considering the tough course, McCarthy's 3:52:02 was more than commendable. (And it may have

been 7 minutes faster than that. At least spectators said so. The officials were using wrist watches in the absence of stop watches and some people felt they didn't read them very well.) Canadian Olympian Alex Oakley trailed by 7 minutes and our own Jack Blackburn was another 9 minutes back...Ohio also scored in the Junior 35 Km as Dale Arnold won in Chicago in 3:39:09, beating local ace Jim Clinton. The Race Walker reported, "Dale caught UCTC's perambulating preacher, Jim Clinton, with 2 miles to go and went on to win by an incredibly wide margin. Clinton not only cracked open and fell apart—he lost the pieces." Dale won by 14 minutes, which indeed was a lot for Clinton to lose in a mere 2 miles... In one other National, Regis Dandar won the Junior 20 in 1:53:20 by 7 minutes over Regis (Jerry) Brown. Jerry got him in the long run, however 10 Years Ago (From the August 1968 ORW)—Larry Young was hot at the Olympic training camp in Lake Tahoe's altitude. He turned in 1:16:53 for 10 miles, 1:34:42 for 20 Km, and 2:27:46 for 30 Km. Don DeNoon gave him a close race in the 20 and also did 21:50.5 for 5 Km, beating Tom Dooley by 1.5 seconds...The Senior 40 Km, by then firmly implanted in Long Branch where it still resides, went to Dave Romansky in 3:30:33.8 with Goetz Klopfer less than 3 minutes back. The New York AC won the team title with Daniel, Kulik, and Knifton finishing 3,4,6...Bruce MacDonald captured two races at the National Master's Championships—3 Miles in 24:55.6 and 6 Miles in 51:54.6.

5 Years Ago (From the August 1973 ORW)—The feature story was on the possibility of walking being taken out of the Olympics. As it turned out, we lost the 50 Km in Montreal but have it back again for Moscow. But there was a lot of work done by a lot of people for a few years to prevent something worse happening...Randy Mimm and Mitch Patton were walkers on the first U.S. Junior Track and Field team to tour in Europe. They had 10 Km races in West Germany, Poland, and the USSR, both turning in the best times in the final meet—49:47 for Patton and 49:52 for Mimm... And again the Senior 40 Km was in Long Branch. In a two-man race, John Knifton overcame Ron Laird to win in a course record 3:29:45.1. Laird had 3:31:14. Gary Westerfield and Todd Scully were way back in third and fourth...The Junior 20 Km went to Jim Murchie in 1:56:23 with Wayne Dankner 45 seconds back....Shaul Ladany won both the 20 and 50 in the Maccabiah Games in 1:38:54 and 4:23:31

EXCERPTS FROM THE REPORT OF ELLIOT DENMAN, MANAGER, 1978 USA WALKING TEAM TO SWEDEN AND ENGLAND

Conclusions: The 1978 Race Walking Tour (four walkers and manager—Coach Walker Ron Daniel to Sweden from June 22 to July 10 and four walkers and Manager Denman to Sweden and England from June 29 to July 18) was a highly successful and educational effort that should certainly do much to elevate the level of USA performance in future international competition.

However: One notable area the trip was not a success was in the matter of team uniforms. We were promised these official AAU team uniforms before departure by Mr. John Jackson, National AAU Track Administrator. But the uniforms never arrived and we were forced to wear hand-me-down uniforms that were relics of previous trips. Because of this, we did not look like a team even though we certainly felt like one.

Team Manager—Coach Ron Daniel did an excellent job in tackling the extremely complicated task of securing tickets and making other arrangements for team members. To make things easier for organizers of future trips, as well as to cut down expense, I urge that team selection procedures be advanced considerably, perhaps 6 weeks before departure time...One more thing: since the trip was designed as an exercise for one group basically considered a 20 km group and another basically considered a 50 km group, it might be better to arrange for separate trips for such groups, in as much as each would have different targets and training routines.

Judging: Most of came to this trip fresh from an appearance at the USA/AAU Outdoor Nationals at UCLA. There seemed to be an unusual number of disqualifications at UCLA. In talking to the walkers, I found out that the international system of judging was not in effect and that most of the walkers there felt they had been in over-severe jeopardy as a result of this arrangement, which included an overabundance of judges. Many walkers came out of their UCLA experience with strong statements about the alleged injustices there. At any rate, our experience in Sweden seemed to reconfirm that the international system of judging is a "must" for future important races in the USA.

It boils down to compliance with IAAF Handbook Section VI, Rule 191, Item 2: "The appointed judges of walking shall elect a head judge. All the judges shall act in an individual capacity. When, in the opinion of (a) two of the judges, one being the head judge, or (b) three judges other than the head judge, a competitor's mode of progression fails to comply with the definition of walking during any part of the competition, he shall be disqualified and informed of his disqualification by the head judge...etc."

The Swedish system for all races on the track is to have a system of four (and no more) ordinary judges located in each corner of the track, with the head judge located in the center of the track. If the ordinary judges saw a walker in violation, they immediately told the head judge. And if a walker then continued in violation, under international rules, the head judge would take action and give the red flag.

Since racewalking is an international sport, and since it sometimes involves controversies, I urge that the international system be immediately adopted in the USA. It would be the most effective way of maintaining order and the respect of both the competitors and officials, as well as the complete sport of track and field, everybody from the spectators to the press, and remove any lingering doubts that racewalking is a most viable and growing sport.

We learned much about the Swedish system of training judges, too. Judges must be certified. They must work with a minimum number of events a year to stay on the rolls. They must keep up with developments. They must prove their competence in the eyes of their colleagues. It is a marvelous system, something we have nothing to compare with in the USA. I urge we get rolling immediately in setting up some form of judges' training system. We urgently need to get more qualified judges into the sport, or the grass roots growth of the sport in so many locations, locations where the sport did not exist until relatively recently, will be either stunted or aborted. There aren't enough retired walkers around to handle these jobs. We need to train officials, who are qualified to handle the other events in track and field, to be able to handle race walking judging. We need to certify them. We need to keep a national roll of them. We need to put the international system of judging in effect everywhere. Until we do these things, race walking in the USA will suffer from these problems and its progress will be slowed drastically.

Note This: The USA team performed extremely well stylewise. There was just a single disqualification the entire trip. And that involved a walker setting out on a straight downhill course on a washboard dirt road. We later saw videotape of the race, as well as others in Sweden, and the DQ was certainly deserved. Swedish and Norwegian walkers were DQ'd also. But the videotape sessions proved extremely beneficial and their widespread use throughout the USA would benefit all concerned.