

Ohio Race Walker  
3184 Summit Street  
Columbus, Ohio 43202



# OHIO RACEWALKER

VOLUME XIII, NUMBER 7

COLUMBUS, OHIO

SEPTEMBER 1977

## MEXICANS WIN LUGANO CUP COMPETITION AS EXPECTED

Sweeping first and second at both 20 and 50 Kilometers, the powerful Mexican race walking team was an easy winner in the Lugano Cup, the world championship of race walking. The races were held in Milton Keynes, England on September 24 and 25. The U.S., with strong hopes of challenging for as high as fifth place, had a disastrous day in the 20 Km and finished last among the 12 teams.

In the first day's 20 Km, Daniel Batista confirmed his No. 1 ranking in the world with another of his fantastic times--this time 1:24:03. His teammate, Domingo Colin was not far back and Karl-Heinz Stadtmuller, of East Germany, was also under 1:25 in 3rd. Challenging Stadtmuller all the way was 20-year-old Italian comer Mario DiMilano in fourth.

For the U.S. it was a dark day indeed. Neal Fyke, expected to finish high off his great performance against the Soviets this summer, got an early caution and faded to back near the end of the pack. Todd Scully, walking around 15th place, was called out with just a half mile to go. Steve DiBernardo walked up to par in the 1:35s but found himself dead last in a race that showed the greatest depth of performance in history. The bright spot was Jim Hering in his first International race who did 1:33:40, a time that still left him in 40th place.

In the 50 on the second day, Raul Gonzalez blitzed the field going through the first 20 Km in 1:29:50! He slowed quite a bit but so did everyone else who tried to stay close. It was still Gonzalez at the finish in 4:04:20, a rather slow time in International circles these days, but its amazing that he finished at all. His teammate, Pedro Aroche, was just 35 seconds back at the finish.

This was a much better day for the U.S. team but even it could have been better. Larry Young finished 13th in 4:19:56 with his Columbia Track Club mate, Augie Hirt just 10 seconds back. Larry, however, had been hampered in training with a hamstring pull and although he said it didn't really bother him during the race, he was a little afraid to really push it. Completely healthy, he would undoubtedly have been several places higher. On the other hand, Augie's race was superb and he was several places higher than one would have expected before the race. With neither Tom Dooley or Dan O'Connor able to finish, however, we lost several more points. Although finishing as seventh place team at 50, the points weren't sufficient to pull us ahead of anyone in total points after the first day's disaster. Full results and details next month.

## 100-MILER TO NEBOWER

Columbia, Missouri, Oct. 2--Paul Hendricks, of San Diego, walking for just a year, came home first in the Annual 100 mile extravaganza today on the Hickman Field track. Paul, who spent the summer with relatives (continued on p. 11)

SECOND CLASS POSTAGE  
PAID AT COLUMBUS, OHIO

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RESULTS

5.5 Mile, Lowell, Mass., Sept. 7--1. George Lattarulo 51:47 2. Tony Medeiros 51:52 3. Fred Brown, Sr. 70:02 5.5 Mile, Lowell, Sept. 14--  
 1. Paul Schell 47:56 2. Tony Medeiros 50:56 3. George Lattarulo 50:57  
 4. Steve Abbonozza 62:30 5. Fred Brown Sr. 66:00 NEAAAU 15 Km, Sept. 17--  
 1. Bob Falciola 1:14:47 2. Paul Schell 1:14:49 3. Steve Vaitores 1:15:29  
 4. Steve Reiman 1:20:03 5. George Lattarulo 1:22:22 6. Jim Regan 1:23:04  
 7. Tony Medeiros 1:24:10 8. Charles Scott 1:25:59 (14 finishers)  
 10 Km, Toledo, Ohio, Aug. 21--1. Rich Myers 59:52 2. Sheldon Johnson 63:43  
 3. Gary Kidd 68:08 Women: 1. Vera Newman (age 12) 63:13 (first race)  
 Girl's 24 Hour Relay, Pekin, Ia., Sept. 28 (that should be August, although the results I have definitely say Sept.)--The following girls combined for a world's best ever of 125 miles 10 yards--Angela Eidlahl, age 10, 12 miles 10 yards; Lynn Wonderlich, 15, 12 miles; Lee Wonderl ch, 16, 12 miles; Julie Greiner, 13, 12 miles; Anita Hall, 14, 13 miles; Kathy Downey, 15, 13 miles; Christy Page, 15, 13 miles; Marianne ATWOOD, 14, 12 miles; Cindy Durlinger, 17, 13 miles; and Ericka Dahlstrom, 16, 13 miles. At the same time a men's and boy's team went 142 miles 1300 yds (Dave Eidlahl, 36, Stan Smith, 29, Lee Clayton, 16, Bill Wolf, 18, Shawn Dahlstrom, 12, and Shane Demistrom, 11, went 18 miles, Scott Horras, 14, 17 miles, and Eric Dahlstrom, 14, 17 miles 1300 yds. 20 Km, Columbia, No., Aug. 7--1. Angie Hirt 1:41:45 2. Nandy Minn 1:43:50 (personal best, the next week he did 1:42:30 on the way to 50 Km) 3. Bill Taft 2:35:38 Santa Monica Marathon, Aug. 28--1. Paul Hendricks 4:22:04 2. Jim Coots 5:03 Half-Marathon, same place--1. Dennis Reilly 1:52:30 2. John Kelly 2:03:05 3. Dale Sutton 2:47 Women: 1. Nancy Foster 2:22:57 2. Vicki Jones 2:22:59 3. Jane Kenned 2:26:53 4. Laura Gottlieb 2:29:12 5. Snotte Rubin 2:51:14 10 Km, Walnut, Cal., Aug. 20--1. Rudy Haluza 2. Dennis Kelly 3. David Hall 4. John Allen (no times available) Women: 1. Paula Mori 2. Jane Janousek 3. Vicki Jones Pan American Masters Games 5 Km, Sept. 3: Age 30-34--1. Dave Himmelberger 24:47.1 35-39--1. L. Monroe, Tex. 23:59.8 2. Connie Rodewald 31:09 40-44--1. Bill Ranney 23:50 2. James Fields 30:35 45-49--1. John Kelly 26:19.3 50-54--1. John Allen 25:55 2. A. Rodriguea, Columbia 27:05 3. Justin Gershuny 28:16 55-59--1. A. Smith 29:44 60-64--1. A. Guth 36:15 70-up--1. Chesley Unruh 33:09  
 OVERSEAS  
 World Masters: 5 Km--40-44: 1. Shaul Ladany, Israel 23:15.6 2. G. Davidson, Swed. 23:30.5 3. L. Back, Swed. 23:45.4 4. V. Vallin, Swed. 23:49.4 5. Hannes Koch, WG 23:53 6. L. Holmquist, Swed. 24:15.2  
 12. G. Erich, US 25:28.1...15. M. Lewis, US 26:27.1 45-49: 1. L. Roder, WG 23:52.9 2. K.E. Svensson 24:17.5 3. J. Bromley, Eng. 24:47.8...11. John MacLachlan, US 27:56.3...14. D. Stoffberg, US 30:57.9, Bob Fine, US 25:14.7 but D'd 50-54: 1. L. Simu, Swed. 23:57 2. H. Persson, Nor 24:47.2 3. A. Scott, Swed. 25:33.4...20. Harry Siitonen, US 29:33.2 55-59: 1. H. Nilsen, Nor. 24:46.1 2. J. Ljunggren, Swed. 25:00.1 3. D. McMillan, Eng. 25:42.5 60-64: 1. A. Svensson, Swed. 25:27.9 2. A.H. Poole, Eng. 26:33.5 3. H. Jones, Australia 27:00.2 DQ: Max Gould, Can.

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65-69: 1. H. Horstmann, WG 28:59.2 2. Lagergren, Swed. 30:45.6  
 Larry O'Neill, US 35:26.8 70-74: 1. Chesley Unruh, US 30:52 2. G. Grees, Swed. 32:04 75-79: 1. A.G. Roberts, Eng. 29:24.4 Over 80: 1. A.A. Theobald, Australia 30:42 (Number of finishers in the classes, in order, were: 22, 16, 27, 16, 24, 8, 4, 4, and 2) 20 Km-40-44: 1. Ladary 1:38:07.4 2. L. Andersson, Swed. 1:39:39 3. H. Koch, WG 1:39:42.3 4. G. Davidsson Swed. 1:39:55.4 5. L. Johansson, Swed. 1:44:22.2 6. V. Vallin, Swed. 1:41:29.6...18. G. Erich, US 1:51:15...21. M. Lewis, US 1:52:50 45-49: 1. K.E. Svensson, Swed. 1:41:25 2. H. Roder, WG 1:41:49.2 3. E. Rina, Italy 1:45:28.8 4. J. Bromley, Eng. 1:45:40.8 5. A. Karlsson, Swed. 1:46:10 6. W. Schmidt, WG 1:46:39.4...12. Bob Fine, US 1:58:39.8 50-54: 1. L. Simu, Swed. 1:47:54.8 2. H. Persson, Nor. 1:48:01 3. H. Kloppe, WG 1:49:08 4. A. Scott, Swed. 1:50:12...24. Jim Friessen, US 2:18:04.2 55-59: 1. John Ljunggren, Swed. 1:44:50 2. H. Nilsen, Nor. 1:48:06.6 3. O. Sandvik, Nor. 1:50:31.8 60-64: 1. Max Gould, Can. 1:47:37.2 2. A. Svensson, Swed. 1:50:12 3. H. Jones, Australia 1:58:04.8 4. Don Johnson, US 2:00:12.6 65-69: 1. J. Stork-Zofka, Czech. 2:01:41.2 2. H. Horstmann, WG 2:03:20.4 3. H. Maelgar, WG 2:07:18.1 70-74: 1. Chesley Unruh, US 2:19:09.8 2. G. Stielow, WG 2:26:21.4 3. E. Schulze, WG 2:27:44.6 75-79: 1. A.G. Roberts, Eng. 2:08:42.8 2. F.C. Schreiber, Swed. 2:41:36 3. W. Keeler, Eng. 2:41:36 (Number of finishers were: 27, 15, 25, 1, 14, 7, 3, and 3) Women's 5 Km-35-39: 1. Judy Farr, Eng. 24:37.7 2. H. Penner, WG 26:17.6 3. R. Broders 26:29.2 40-44: 1. G. Bornwasser, WG 28:39.8 2. Y. Smith, Eng. 29:13.6 45-49: 1. S. B. Jennings 28:36.4 2. U. Simu, Swed. 28:50.7 3. O. Meyer, WG 28:53 4. C. Gille, WG 29:37 5. V. Lucas, US 30:22.6...7. S. Zimman, US 44:50.1 50-54: 1. K. Larsson, Swed. 29:21.5 2. M. Ohlsson, Swed. 29:50.1 3. U. Jansson, Swed. 30:05.3 4. M. Hutchinson, US 30:34.9 55-59: 1. B. Tibbling, Swed. 28:19.5 2. I. Sagrelus, Swed. 29:32.2 60-64: 1. N. Wedemo, Swed. 31:42 2. J. Luther, WG 32:20.7 3. E. Eriksson, Swed. 42:42.7 65-69: 1. L. Kalla, Fin. 42:50.1 70-74: 1. K. Leist, WG 43:17.1 (Thanks to Harry Siitonen for these very complete results)

European Junior Championships, Donetsk, USSR, Aug. 20—1. Nikolai Vinnitschenko, USSR 41:31.6 (age 18) 2. Roland Weigel, EG 42:56.7 3. Bengt Simonsen, Swed. 43:29.3 4. Stefan Sjunesson, Swed. 43:47.7 5. Stefan Mueller, EG 43:51.6 6. Antonia Lepatuso, Italy 43:54.4 7. Carlo Gandossi, Italy 44:30.6 8. Pavol Jati, Czech. 44:38.1 9. Alik Ibrahimov, Bulgaria 44:50.3 10. Aleksandr Korol, USSR 44:56.3 20 Km (Track), UK vs USSR, Aug. 25—1. Anatoliy Solomin 1:24:29.9 (20:57, 41:48, 62:36—13 seconds ahead of Bautista's record pace at 15 Km but slowed considerably from there) 2. Mick Holmes 1:32:30.1 3. John Warhurst 1:33:19.6 4. Brian Adams 1:33:54.6 Women's 5 Km, Copenhagen, July 23—1. Thorill Gylder, Nor. 24:52.6 2. Mia Kjolberg, Nor. 25:22.4 Sweden vs Hungary vs West Germany, Appelbo, Swed., July 2—20 Km: 1. Inre Stankovics, Hung. 1:29:21 2. Janos Szalas, Hung. 1:29:48 3. Csaba Grandpierre, Hung. 1:30:10 4. Alfons Schwarz, WG 1:31:05 5. Owe Henningsson, Swed. 1:32:54 35Km: 1. Gerhard Weidner, WG 2:49:20 2. Lennart Lundgren, Swed. 2:50:56 3. Leolo Sator, Hung 2:50:58 4. Stefan Ingvarsson, Swed. 2:51:40 5. Hans Binder, WG 2:52:12 6. Stig-Olav Elvovsson, Swed. 2:54:35 Jr. 10 Km: 1. Stefan Sjunesson, Swed. 45:10 2. Bengt Simonsen, Swed. 45:50 Women's 5 Km: 1. Siv Gustavsson, Swed. 24:01 2. Britt Holmquist, Swed. 24:04 3. Ann Jansson, Swed. 25:00 4. Elisabeth Olsson, Swed. 25:36 Women's 3 Km, Gstersund, Swed. July 8—1. Britt Holmquist 13:56 Jr. Women's 3 Km, same place—1. Monica Karlsson 14:24 Swedish Championships, Gothenburg, July 29—Women's 3 Km: 1. Siv Gustavsson 13:39.6 2. Britt Holmquist 13:39.8 3. Margareta Simu 13:59 10 Km: 1. Bo Gustavsson 43:19.8 2. Owe Henningsson 43:59 4. Goran Anshelm 44:54 Jr. 10 Km: 1. Stefan Sjunesson 44:07 2. Bengt Simonsen 44:53 Jr. Women's 3 Km: 1. Eva Karlsson 14:40 Jr. Women's

en's 5 Km: 1. Monica Karlsson 25:06 20 Km, Ottsjon, Swed., July 10—1. Knut Arne Stromoy 1:27:47 2. Owe Henningsson 1:31:26 Women's 10 Km, Melbourne, Australia, June 19—1. Sue Orr 50:32 2. Kerrie Neville 52:43 World Deaf Games, Bucharest, July 20, 20 Km—1. Gheorghe Vadrariu, Rum. 1:38:39.6 2. Gerhard Sperling, EG 1:40:08 3. Josef Barbuzyński, Pol. 1:40:52...6. Gregory Vincent, US 1:52:13.8 50 Km, Podebrady, Czech., July 10—1. Ralph Krutter, EG 4:06:25 2. Cornel Patușinschi, Rum. 4:15:11.4 3. Jaromir Vanous, Czech. 4:17:06 4. Viktor Siubsov, USSR 4:18:43.8 (Horst Matern, EG, 4:06:10 Disqualified) 10 Km (track), Bulgaria, July 1—1. Evgeniy Semerdjev, Bulg. 41:33.7 2. Jantsko Kamenov 42:01.9 More Swedish Championships, Gothenburg, July 29: 20 Km—1. Owe Henningsson 1:30:25 2. Lennart Lundgren 1:31:44 Jr. 20 Km (July 31) #1. Stefan Sjunesson 1:29:40 Women's 5 Km (track): 1. Siv Gustavsson 23:25 2. Margareta Simu 23:42 3. Britt Holmquist 24:02 4. Ann Jansson 24:39 5. Elisabeth Olsson 28:45 6. Ann-Marie Larsson 25:06 7. Margareta Olsson 25:14 10 Km (track), Abo, Finland, Aug. 18—1. Reima Salonen, 40:42.6 Women's 5 Km (road), Helsinki, Aug. 7—1. Siv Gustavsson 23:59 2. Britt Holmquist 24:07 3. Thorill Gylder, Nor. 24:09 4. Margareta Simu 24:23 Latvian 50 Km, June 18—1. Aivars Rumbenieks 4:11:42.2 Latvian 20 Km, June 29—1. Rumbenieks 1:30:03 (track) 10 Km (track) Sopot, Pol.—1. Bohdan Bialkowski 42:03.1 2. Jan Ornoch 43:03.6 10 Km (track), Spala, Pol., July 10—1. Potchenschuk, USSR 42:11.5 15 Km, Milan, Italy, July 17—1. Carlo Mattioli 1:04:52.7 2. Vittori Visini 1:04:57.2 3. Sandro Bellucci 1:05:28.7 4. Roberto Buccione 1:05:46.7 5. Armando Zambaldo 1:06:11 10 Km, Sofia, Bulgaria, June 25 (track)—1. Evgeniy Semerdjev 40:34.5 (World's Best Performance) 15 Km, Melbourne, June 4—1. Willie Sawall 1:06:23 20 Miles, Canberra, June 12—1. Sawall 2:33:14 2. Tom Ericsson 2:35:01 20 Km (track), Melbourne, June 19—1. Sawall 1:32:04 50 Km, Melbourne, July 10—1. Sawall 4:05:34 2. Eriksson 4:19:20 Czech 20 Km Champ., Ostrava, Aug. 13—1. Juraj Benčík 1:27:40 2. Stefan Petrik 1:27:45 3. Evzen Zednik 1:27:53 4. Jan Dzurnek 1:30:24 West German 20 Km Champ., Hamburg, Aug. 5—1. Gerhard Weidner 1:32:07.3 Central American Games 20 Km, Jalapa, Mex., Aug. 7—1. Daniel Bautista 1:29:34 Lugano Cup Semi-Final, Lessines, Bel., Aug. 27-28: 20 Km—1. Juraj Benčík, Czech. 1:32:39.4 2. Gerard Lelievre, Fr. 1:32:45.4 3. Evzen Zednik, Czech. 1:32:52.8 4. Jan Dzurnek, Czech. 1:33:31.4 5. Dominique Ruebey, Fr. 1:33:47.3 6. Gerard Goujon, Bel. 1:35:59.6 50 Km—1. Ladislav Vitex, Czech. 4:19:18.8 2. Frantisek Biro, Czech. 4:23:18.9 3. Jaromir Vanous, Czech. 4:25:47 4. Christian Halloy, Fr. 4:25:48 5. Jean-Louis Hauth, Fr. 4:27:04 6. Luc Gautier, Fr. 4:30:41.8 Scores: 1. Czechoslovakia 64 2. France 64 3. Belgium 49 4. Holland 32 5. Ireland 7. 20 Km, Bydgoszcz, Pol., July 31—1. Jan Ornoch 1:29:39.4 2. Bohdan Bialkowski 1:30:27.4 20 Km, Puck, Pol., Aug. 14—1. Bialkowski 1:29:05.2 2. Sławomir Azymkowiak 1:30:22.4 10 Km (track), Turku, Finland, Aug. 18—1. Reima Salonen 40:42.6 Women's 5 Km (track), Stretford, Eng., Aug. 29—1. Carol Tyson 23:58.4 (UK record) 20 Km, Enfield, Eng., Aug. 27—1. Graham Saeffer, NZ 1:31:01 2. Mick Greasley 1:32:47 3. Amos Seddon 1:32:53 London-to-Brighton (52 plus miles), Sept. 3—1. John Lees 7:34:52 2. A. Noulinet, France 8:08:11 3. Ken Harding 8:19:07 4. Ray Middleton 8:23:45

## SOME FORTHCOMING OPPORTUNITIES FOR THE RACE WALKING COMPETITOR

- Sun. Oct. 16—5 Km, Men and Women, Des Moines, 1 p.m. (J)  
 12.8 Mile, Washington, D.C., 10 a.m. (B)  
 Sun. Oct. 23—NAU SENIOR, B, AND MASTERS 30 KM, COLUMBIA, MO, 10 a.m. (D)  
 10 Km, Houston, Texas, 10 a.m. (E)  
 3 Mile, Men and Women, Cedar Rapids, Iowa, 12:45 (J)

- Sun. Oct. 23—NAAU B 20 KM, HOUSTON, 10 a.m. (F)  
5 Km Hdcp., Sepulveda, Cal., 5 p.m. (R)
- Sat. Oct. 29—5 Km and 15 Km, Toronto, (Q)  
PVAAU 20 Km, Women's 10 Km, Washington, D.C., 2 p.m. (B)
- Sun. Nov. 6—5 Miles, Lakeland, Fla., 8 a.m. (T)
- Fri. Nov. 11—NAAU JUNIOR 20 Km, COLUMBIA, MO (D)
- Sat. Nov. 12—NAAU E AND MASTERS 50 Km, COLUMBIA, MO 9 a.m. (D)  
3 Km and 10 Km, Toronto (Q)
- Sat. Nov. 19—20 Km, Columbia, Mo, 9 a.m. (D)
- Sun. Nov. 20—NAAU B 35 KM, CHICAGO, ILL (M)  
50 Km, Houston, 8 a.m. (E)  
4 Mile Men, 2 Mile Women, Lake Darling, Iowa, 2 p.m. (J)  
8 Miles, 4 Miles Women and Junior, 2 Miles Novice, O'Connell H.S., Va., 2 p.m. (B)
- Thu. Nov. 24—5 Mile Men, 2 Mile Women, Des Moines, 9:30 a.m. (J)  
4 Mile, Denver, 10 a.m. (S)
- Sun. Nov. 27—5 Km and 20 Km, Toronto (Q)  
10 Km, Oxnard, Ca l., 10 a.m. (R)  
10 Mile, Hoston, Va., 1:30 (B)
- Sat. Dec. 3—20 Km, Columbia, Mo., 9 a.m. (D)
- Sun. Dec. 4—Girl-Boy 6 Mile Relay, Newton, Iowa, 1:30 (J)
- Sat. Dec. 10—7 Mile Hdcp, Los Angeles, 3 p.m. (R)  
20 Km, 2 Km Novice, Washington, D.C., 9:30 a.m. (B)
- Sun. Dec. 11—5 Km and 30 Km Etobicoke, Ontario (Q)  
35 Km, Houston, 8 a.m. (E)  
5 Mile, Northglenn, Col., 1:50 p.m. (S)
- Sat. Dec. 17—10 Mile, Columbia, Mo, 9 a.m. (D)  
5 Km, Lakeland, Fla., 5:30 p.m. (T)
- Sun. Dec. 18—15 Km Hdcp., Los Angeles, 10 a.m. (R)
- Sat. Dec. 24—4 Mile Men, 2 Mile Women, Newton, Iowa, 9:30 a.m. (J)
- Sat. Dec. 31—4 Mile, Detroit (I)  
4 Mile Men, 2 Mile Women, Lake Darling, Iowa, 10 a.m. (J)  
6 Mile Hdcp., Springfield (or maybe Columbus or Dayton),  
around 7 to 8 p.m.—contact your editor.

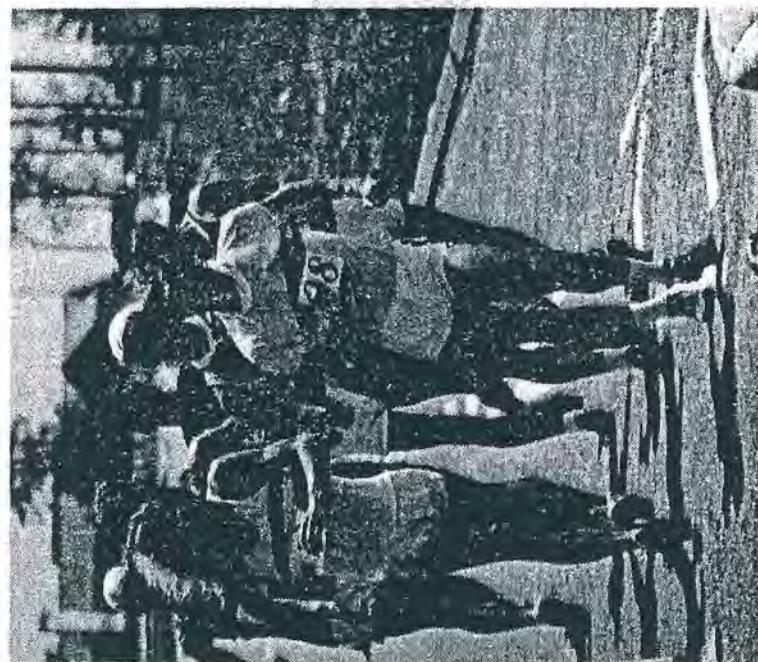
## CONTACTS:

- B—Tom Hamilton, ARL7 N. 26th St., Arlington, VA 22207  
D—Joe Duncan, 1004 Defoe, Columbia, MO 65201  
E—John Evans, 5440 N. Praewood #945, Houston, TX 77096  
I—Martin Kraft, 19173 Beaconsfield, Detroit, MI 48224  
J—Dave Eidahl, Box 209, Richland, IA 52585  
M—Mike Riban, 4508 N. Oakley, Chicago, IL 60625  
Q—Doug Walker, 29 ALHAMBRA Ave., Toronto, Ontario, Canada  
R—Connie Rolewalk, 852 Sharon Dr., Camarillo, CA 93010  
S—Fete Van Arsdale, 2975 S. Jackson, Denver, CO 80210  
T—John Scimone, 621 Young Place, Lakeland, FL 33803

## ADD

- Sun. Oct. 30—1 Hour, Austin, Texas, 10 a.m., Contact: John Knifton,  
10900 Catskill Trail, Austin, TX 78750

Now is the time to start sending me schedules for early 1978 since I try to run these lists of races a few months ahead. Next month I will need to know about any January races. The above gives every scheduled race I know about from here to eternity



Ray Middleton, John Warhurst, Scott, Bill Fogg, Peter Hodgkinson, Shaun Lightman, and Brian Adams at about 10 Km of the British 50 (seen from left to right). In the photo at right, Adams is seen winning in 4:25:38. (Photos by Bob Rosencrantz)

## A BOCCI REPORT

Jeanne Bocci has provided us with a report on the Women's International in Boras, Sweden, for which we had results last month. Jeanne, the old lady of U.S. walking since our own Corinn Blackburn gave it up several years ago, finished an excellent fourth in the 10 Km in 52:52. Her report starts with the 5 Km race, which went first.

I was trying to warm up, take movies, and watch the best ever in my life 5 Km race. I first want to say that Sue, Joyce, Linda, and Tracy (Brodock, 3rd in 23:55, Brodock, Bottlik, and Trisco) have to be exceptionally proud of their race. They were fantastic!

Sue went out with Siv (Gustavsson), Margareta (Simu), and Pritt (Holmquist) staying close the first lap and then losing contact with Siv as Margareta and Pritt also advanced ahead of her on the second lap. Sue walked a strong second half and was able to pass Pritt, working on Margareta. I know Sue would have gotten Simu if it was a longer race. She looked excellent.

Siv Gustavsson has to be the best walker and is the best walker in the world. Excellent form, a super athlete, and a darling young lady. She has a terrific personality and is just a doll. She sure is a super star in my book. She had control of the race from the start. Just walking effortlessly with flawless form.

Margareta is another excellent walker with flawless form. It was great to see such depth within a team. Sue had an excellent race, walking only 1 second off her best. Joyce Brodock and Tracy Trisco walked their best 5 Km ever.

After about 45 minutes delay, which I was unhappy about, the 10 Km was under way. I was so nervous, the worst I have ever been in my career of walking and running. I went out like a bat out of hell--first lap must have been 48 minute pace. The Swedes were very shocked. Elisabeth Olsson caught me on the second lap and I tried to stay with her for 1 1/2 laps. Then, coming down a hill (there were two hills on the course), I was given a caution. I didn't think I slowed too much, but Elisabeth took advantage and flew away from me. Ann-Mari Larsson came up on me on my fourth lap and I really didn't try to go with her. With two laps to go, Monika Karlsson, a local girl, came by me with the complete crowd of 500 screaming, "Monika, Monika, Monika!" My 52:52 was my best ever in 14 years of racing (and I am out of shape and did not train like I wanted to--I have had a sciatic and hip problem for 7 months and couldn't do interval workouts). I think I can beat the Swedes with proper training.

## IF THE SHOE FITS--PRINT IT

(This letter came from Rich Myers in Xenia, Ohio, one of our newer walkers--a reformed cyclist--and a real enthusiast. It has reference to a recent race in Toledo, for both runners and walkers, for which Tom Kovacs up there made a determined effort to get a representative walking field. After giving him race a good boost in these pages, we were among those that didn't show up on the starting line. Thus the above headline.)

I may be speaking out of turn as I have been a walker for only 1 year. My first race was last year at Toledo. I looked forward to the race this year, being guaranteed it would not be the fiasco of last year--not only for the three walkers but also the 48 runners.

Well, I was not disappointed but unfortunately the promoter was as only four walkers showed up! "Where were the rest of the walkers", they asked. Why didn't you show up. They will change the age brackets or whatever needs to be done. They will have the class next year, but if we

do not support them in 1978, "that's it!" This came from a runner! How many other races have we been shut out of or lost because of non-participation?

My experience in dual meets (he refers to combined walking--running races) is very limited but it seems from what I have been told or read that at most of the the walkers are all but ignored. But not in Toledo on Aug. 21, 1977. They wanted us--planned on us--four trophies for men's open over 19, four for men's under 19, three for girls 14 and under, and three for women over 15 years.

Hey gang, they weren't 14 trophies left over from last year. No runner figures on top (not a walker either), but a goddess of victory! After ~~about~~ they gave out the two trophies for first and second overall, guess who's trophies reigned over all other (in height anyway)? Yes, the walker's and there were only four of us walkers there to receive them; two from Ohio and two from Michigan, and the nearest race to Toledo was two states away. You can look at my time (see results section). I am no speed merchant, but I took a trophy home with me.

As to the race, they gave the time every mile, water at 3 mile intervals, police at busy intersections, even a separate finishing lane. Door prizes of at least \$1,000 value. The \$6 entry fee went for the cancer fund. The race even started on time and there were actually spectators to cheer us at the finish line. Maybe the crowd was still there, because four runners finished after our last walker.

Well, if my soapbox time was not wasted, I probably won't even see one of the trophies for my efforts again, but it is competition I thrive on anyway. I like, the rest of you need races to walk in! Let's participate. You decide whether I am a little wet or not. I am climbing down off the soapbox, put my Nikes back on and walk. Respectfully yours, Richard E. Myers.

Although written about a specific race, I imagine Rich's letter could be applied to lot of other races in a lot of other places. At least until walking reaches a participation level approaching that of road running, it behooves us each to support the races that are available if we want to have them available in the future. Perhaps I need to rethinking my own position a little. Personally, I would not suffer a great deal, right now anyway, if there were no races. My competitive juices are not particularly high right now and I have felt little desire to travel to races. As always, I compete against myself each day, enjoy my training, and find that sufficient right now. Thus, I passed up the Toledo meet, feeling a bit guilty because I wasn't supporting the sport, as well as the National Master's meet, which was near at hand and in which I could have made a good showing in my present condition. So I stayed home and did other things I considered more important at the time (and certainly, in some cases, there may be other things more important--we can't make every race if we are going to be fair to others about us). But regardless of whether or not I need races, obviously the sport can't grow without them. Since I want to see race walking thrive, maybe I should make a stronger effort to get to races such as the one in Toledo. And maybe we all need to look a bit more closely at our motives if we want to have a healthy sport. Thanks for the letter Rich.

## FROM HEEL TO TOE

Ron Laird is back from 4 months of debauchery in Mexico and trying to regain all the conditioning he lost on what was supposed to be a conditioning experience. He spent two weeks at the Olympic Training Center at Squaw Valley, trying to help our Lugano Cup team prepare, while dropping 15 pounds himself. He will be 40 next May and start threatening us old men... Art Keay, the 70-year-old Canadian race-walking veteran, recently walked the 260 miles from Ottawa to Toronto in 7 days to help

promote the Toronto Police Games and the police association's widows and orphans fund. This is his fourth long walk in 10 years for the same purpose. He is a retired policeman himself...Harry Rappaport, who did so much for walking in the Metropolitan area for many years before retiring to Florida a few years back, enjoys a game of golf several times a week and has chalked up seven holes-in-one...Bob Kimm, always imaginative when it comes to improving the sport offers the following idea: "Handicap races are a good way to give new walkers an opportunity for success and good walkers a chance to extend themselves. Many good walkers, however, do not like handicap races. I have devised a way to make handicapping races very interesting. It is also a method that would allow all competitors to start at the same time. Let's suppose we want to have a 20 mile race. After the first mile, I would give whoever is ahead at that point a shot of Jack Daniels, Chivas Regal, or some similar refreshment. We are trying to make it interesting, so why not use good stuff. At the end of the second mile, the leader would again be rewarded. The same person might lead for a few miles, but I am sure he or she would relinquish the lead after a time if a shot were offered at each mile point. Of course, the shot would have to be larger than the typical bar room shot to be effective. Perhaps a beer glass could be used. Some of the slower walkers might not get any rewards enroute but their happiness would come from a good finish, for which they would be rewarded later. What thinkest thou of this suggestion? (Ed. Not much. I still like the mandatory sex breaks at the half way point of a 24-hour race that we suggested many years ago--when our readership was not so wide and we could be more risqué)...That was what Bob called his good news. He then went on with the bad. That was in regard to trying to get the right info on National races. Seems he had been trying for months to get information on the Masters 50 learning nothing beyond a date of Nov. 12th; around which he made plans. Then he sees a date of Nov. 5 in the ORW, wiping out his plans. Likewise, the Junior 20, which had learned was on Nov. 5 only to see the 11th in the ORW. When I get letters like this, I always wonder if I have goofed on my schedules. If so, why haven't I been informed by those who know better. Really, what is needed is better communication all around so the walker can make definite plans. A tentative schedule comes out of the National Convention, but many changes are always made. These dribble into me and I am never sure if I have an accurate schedule or not....Dureka! All of the above is solved and the ORW has goofed again. The Junior 20 is on the 12th, not the 11th, and the Masters and B 50 is on the 13th. I know this because it is now tomorrow (as compared to when I typed the above) and I have just called Joe Duncan to get the 100 mile results. In the course of the conversation he pointed out the mistakes on our schedule...Alan Wood conducted a poll of subscribers to his publication, The Master Walker, on the subject of the number of National races. Sixteen readers voted to leave things as they are, six wanted fewer Nationals (with the average number recommended as 7), and 11 didn't vote. Eighteen of the 22 voting though the Senior, B, Junior, Master setup is OK....Wayne Nicoll, who those that have been around for a while will remember, is now with Finish Line Sports in Augusta, GA. He is interested in developing some specialty items for walkers--T-shirts, bumper stickers, cups, etc--and welcomes any ideas. Address: Finish Line Sports, 134 8th St., Augusta, GA 30902.

in Indianapolis and training daily from 5 a.m. to 1 p.m. on the infield at the 500 oval, saw those long hours pay off with a 19:45:17 performance. He thus became the country's 20th Centurion (those who have walked 100 miles in under 24 hours). Second was Leonard Bisen, who took more than an hour and a half off his time of last year with a 20:07:01. He traded places with Chuck Hunter, who finished third in 20:58:20, while completing his fifth 100.

The Ohio Track Club's own Jack Blackburn remained in fourth but also improved considerably over last year with a 21:18:26. He prepared for the race this year. Larry O'Neil, now 70, and the winner of the first Columbia 100 miler back in 1967, also finished for the fifth time. His time was 21:55:23. In sixth, Jerry Brown, Colorado TC became the 21st Centurion in 21:59:34. Jerry stopped training totally after last summer's Olympic Trials, did some skiing during the winter, but didn't put the walking shoes on again until June 24th. Since then, he has averaged about 50 miles a week and about 60 percent of that was running. All of this from a letter earlier in the week in which Jerry said it would be interesting to see his results in Columbia. Very interesting, Jerry.

Ohio got its third Centurion (we count Angie Hirt) and the U.S. its 22nd as Rich Myers finished seventh in 22:57:26. Have to ask Rich how that compares to a 100 miles cycling. Finishing eighth was Bob Cragg, already a Centurion, in 23:07:52. The eight finishers was one more than ever before. An important factor in this was weather. No sun, little wind, no rain squalls, and temperatures in the high 50's and low 60's throughout.

Among non-finishers, Ben Knoppe went 91½ miles and Bob Chapin 90. Jerry Young did 50 in 9:17 and 77-year-old Henry Bent went 50 in 12:05.

#### LOOKING BACK

5 Years Ago (From the September 1972 ORW)--In the Munich Olympic Games, East German veteran, Peter Frenkel won the gold at 20 Km in 1:26:42.4. Not far back, Vladimir Golubnichiy, USSR, captured his fourth Olympic medal in second. (Golds in 1960 and 1968, bronze in 1964). East Germans Hans-Georg Reinann and Gerhard Sperling took the next two spots. Larry Young finished 10th, Tom Dooley 15th, and Goetz Klopfer 19th for the U.S. At 50 Km Bernd Kannenberg pulled strongly away from Vanyamin Soldatenko, USSR, in the final stages to win in 3:56:11.6. Larry Young captured his second bronze medal in 4:00:46 as Bill Weigle finished 17th and Steve Hayden 27th. Raul Gonzalez was 20th in 4:26:13. He's improved... In a U.S.-Canada match, a strong showing by the northerners in the 50 Km won the day. Finishing 1,2,4 in that race brought them a 22-22 tie and victory based on the winner in the longer race. Alex Oakley took that one in 4:39:29 with Jerry Bocci third four our side in 4:46:56. Todd Scully was an easy winner at 20 in 1:36:58 with Jack Blackburn better than 6 minutes back in second.