

Ohio Race Walker  
3184 Summit Street  
Columbus, Ohio 43202



# OHIO RACEWALKER

VOLUME XIII, NUMBER 4

COLUMBUS, OHIO

JUNE 1977

MANY JUNE HEADLINES:  
50 KM BACK IN '80 OLYMPICS;  
TWO RECORDS: STRONG 20 FOR SCULLY;  
MEXICANS BEAT WORLD MARKS;  
MEXICANS JUNIORS DOMINATE U.S. 20

These are the hottest items I have for you to read about this month. First, the IOC, meeting in Prague, voted on June 18 to reinstate the 50 Km walk for the 1980 Olympics in Moscow. So start hitting the roads you would be Olympians. Now is the time to start building the proper base. No further detail regarding this decision yet. Whether this is just for Moscow or insures both walking races for future Olympics we don't yet know. In any case, it is very good and something many dedicated people all over the world have worked very hard to achieve. We all thank all of you who have contributed so much to this effort.

Meanwhile, out on the roads and tracks some exciting things have been happening both domestically and in Europe. For the second year in a row, the top Mexican walkers made a May trek to Norway. Last year they got a world's best for 10 Km and a super-quick 20 Km on the road. This year was even better. On May 14, Daniel Bautista shattered Bernd Kannenberg's World 20 Km record with a 1:23:31.9 on the track at Bergen. Countrymen Domingo Colin and Raul Gonzales were not far behind and also well under the record. Two days later, Enrique Vera took Kannenberg's 50 Km record with a 3:56:38.2 on the same track.

With their big guns off in Europe, Mexico sent their top Juniors to Seattle for our National 20 Km and took first, fourth, and fifth. Todd Scully fought them hard all the way and was rewarded with a fine 1:30:35 in second as Neal Pyke came on strong the second half of the race to take third less than a minute back of Todd.

Two nights later, Scully went on a record binge in a Seattle All-Comers meet. First, he walked the world's first ever outdoor sub 6-minute mile with a 5:59.2. Then, just 3½ hours later he turned in an American record 2 Mile with a 12:59.2. On the way, he passed 3 Km in 12:07.4 for another record. In the first race, Todd had splits of 1:24, 2:52, and 4:26. He reportedly looked very solid all the way in this one (per Martin Rudow). In the second race, he strolled through a mere 6:26 mile and slowed only slightly the second half. Martin reports his style was a bit shakier here but still perfectly acceptable. The following stories provide details on the National 20 and the Mexican record binge.

## CASTRO OVERCOMES SCULLY IN FINAL 5 Km

Seattle, June 5--(From Martin Rudow)--The ingredients were all there for the Senior National 20 Kilometer Race Walking Championship this year: a fast course, good weather, and the presence of several fast, in-shape competitors. And the race fulfilled everyone's expectations to become possibly the greatest Senior national ever held.

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Certainly the times were the fastest. In fact, first American Todd Scully's 1:30:35 is the fastest time ever recorded by an American in this event. And overall winner Marco Castro's 1:30:04.8 stands as the second fastest 20 kilometer ever walked on U.S. soil.

And the competition was fierce. Scully and Mexico's Ernesto Canto (who as a Junior has been walking not too far behind Bautista and company the past 8 months) led off with a near-incredible pace (21:28 for the first 5000 m) and traded the lead constantly for three of the four-and-one-half laps of Greenlake's asphalt path, before the Mexican was slowed with a leg cramp. Eventual winner Castro overtook both with less than half a lap to go and pulled away strongly to finally win by nearly 30 seconds.

Second American and US-USSR meet qualifier was Neil Pyke, who also dueled with Mexicans most of the way. He finally edged all but Castro to record third overall with a very fine time of 1:31:29.

Behind the leaders, the most interesting battle was for the third and fourth American spots and Lugano Cup team berths. Dan O'Connor walked strongly in third spot for most of the way before fading on the last lap. He was nearly passed by the day's big surprise, Steve DiBernardo. DiBernardo, naturally a big local favorite, walked the race of his life (so far) by starting slowly and finishing strongly to overhaul Jim Heiring and Tom Dooley on the last lap. After his casual start, Steve walked amazingly even pace with 5 Km splits of 24:20, 23:31, 23:29, and 23:30.

Judging calls definitely affected the final outcome. Mexico's Felix Gomez drew an early warning and then a red flag at the 15 km point, but was allowed to finish as a guest competitor. He eventually crossed the line in third position. John Knifton made a determined charge on the last lap and was dq'd only 100 yards from the finish just after passing Dooley. Overall, the quality of walking was very high, quite a compliment to the walkers when one considers the fast times turned in.

Special appreciation is due the Mexican team, composed of four very tough junior walkers, and their coach; and to a team of three Australian walkers from Sydney University. Their presence gave the race a special flavor, and, especially in the case of the Mexicans, forced a fast pace. A good argument for allowing the continued participation of foreign walkers in our national championships.

Special thanks, too, to Dean Ingram who coordinated the officials and clerked the course; and to Joe Tigerman and Bob Bowman, who traveled here at their own expense to guarantee a well-judged event. Several others contributed their time and personal funds to make this event the success it was, especially the distaff side of the Rowland family, who housed and fed 13 walkers over the weekend. Official results with lap times, which tell the story of the race, follow.

1. Marcos Castro, Mex. 1:30:04.8 (21:37, 44:03, 1:07:00) 2. Todd Scully, Shore AC 1:30:35 (21:28, 43:35, 1:06:29) 3. Neal Pyke, West Valley TC 1:31:29 (23:10, 45:56, 1:08:14) 4. Candelario Reyes, Mex. 1:33:28 (23:10, 45:20, 1:08:28) 5. Ernesto Canto, Mex. 1:34:01 (21:28, 43:35, 1:06:08) 6. Dan O'Connor, NYAC 1:34:43 (22:35, 44:55, 1:09:04) 7. Steve DiBernardo, Club Northwest 1:34:50 (24:20, 47:51, 1:11:20) 8. Jim Heiring, U.W.-Parkside 1:35:18 (22:03, 46:29, 1:11:01) 9. Tom Dooley, WVTC 1:36:48 (23:10, 46:45, 1:11:04) 10. Dave Himmelberger, WVTC 1:37:46 (24:01, 48:20, 1:13:07) 11. Dave Romansky, Shore AC 1:38:19 (23:11, 47:43, 1:12:48) 12. Bill Ranney, WVTC 1:39:53 (23:21, 48:33, 1:13:46) 13. Bryan Snazelle, WVTC 1:40:41 (23:54, 48:25, 1:14:06) 14. Ron Daniel, NYAC 1:41:15 (23:54, 48:25, 1:14:06) 15. Alan Price, Potomac Valley 1:41:24 (24:29, 49:32, 1:15:05) 16. Jeff Phillips, U. of Sydney 1:42:32 17. John Fredericks, Shore AC 1:42:36 18. Bob Rosencrantz, U. of Washington 1:43:25 19. Jerry Young, Columba TC 1:43:59 20. Greg McGuire, Colerab TC 1:44:20 21. Al Halbur, U.W.-Parkside 1:44:26 22. Bob Falciola, Shore AC 1:46:14 23. Rick Noonan, U. of Sydney 1:46:49 24. Evan Shull, Club Northwest 1:48:37 25. Phil Millard, Club Northwest 1:51:27 26. Brendan Hyde, U. of Sydney 1:59:49 27. John McCabe, Lewis & Clark Col. 2:03:45 28. Paul Kasld, Konigsberger 2:04:04 29. Peter Albert, San Diego TC 2:13:26 30. Don Jacobs, Portland TC 2:13:44 DQ—Felix Gomez, Mex. 1:31:05, John Knifton, NYAC (23:18, 47:27, 1:11:58); DNF—Duke Henslee, Oregon TC (24:51, 50:53) and George Edwards (29:58, 59:25, 1:29:22) Judges: Martin Rudow (head), Bob Bowman, Joe Tigerman, Dick Moody, John Henslee, Bill Landon, Bill Roe.  
 Team Title: 1. West Valley Track Club—22; 2. Shore AC—30; 3. Club Northwest—56.

## A MEXICAN HOLIDAY

Up in Bergen, the Mexican contingent was utterly fantastic. In the 20 Km on May 14, Bautista forced the pace, but as he went through the first 5 Km in a swift 20:57 he was closely followed by teammates Colin, Gonzales, and Flores, plus a young Norwegian, Erling Andersen. Andersen was only going 10, however. Bautista increased the pace just slightly to 41:51.6 at 10 and Colin and Gonzales were still right with him. Flores was now back at 42:25 and beat Andersen by .2 second as the Norwegian got a National record and stopped.

When Bautista went even faster on the third 5 Km, only Colin could live with it as they went through in 1:02:37 with Gonzales now 12 seconds back and Flores over 2 minutes down. Bautista was not up to increasing his pace any further but he just about held it and that was enough to finally drop the determined Colin, who still finished 59 seconds under the old world record. Gonzales, although not able to hold the other two over the second half, finished strongly and was 38 seconds under the old mark. Poor Flores missed the world record by less than a minute but was only fourth man on his team.

Besides the 5 Km splits given in the above account, Bautista passed 5 miles in 33:39.6 and had world bests of 47:07.4, 1:07:12.5, and 14, 381 meters for 7 and 10 miles and 1 Hour. Looking at 1 Km splits, it appears that he made his break at 17 Km. After leading off with a 4:07 for his first kilometer he was going mostly in the 4:10 to 4:16 range. However, after a 4:12 on the 16th, he slowed to 4:23 on the 17th, the slowest of the race, and then exploded with a 4:05, the fastest, and finished with 4:08 and 4:06.9.

In the 50 Km 2 days later, Vera was evidently on his own. Pedro Aroche dropped out at 39 Km and Gonzales and Flores at 20. His 3:56:38.2 was exactly 13 seconds under Kannenberg's old record. He finished much faster than Kannenberg since his 3:48:35 at 30 miles was nearly 12 seconds behind Kannenberg's record. Vera's 5 Km splits were: 23:13, 46:19, 1:09:40, 1:33:27, 1:56:55.3, 2:20:53, 2:43:59, 3:07:35 (none available for 45). Five miles splits were: 37:14, 1:14:42.9, 1:52:51.7, 2:31:00.9, 3:08:44.9, and 3:48:35. The times at 35 and 40 Km and 25 miles were world best's, although no official records are recognized at those distances.

On the day between these two races, Colin won a 10 Km on the road in 40:39 with Vera second in 44:05.2 in a warmup for his 50 Km effort. Flores and Aroche shared second with Vera and Andersen came fifth in 44:16.5.

Results of the 20 were: 1. Daniel Bautista, Mex. 1:23:31.9 2. Domingo Colin, Mex. 1:23:36.0 3. Raul Gonzales, Mex. 1:27:07 4. Angel Flores, Mex. 1:25:43 5. Knud Arne Stronay, Norway 1:30:00.

#### SCULLY, BRODOCK, AND LIERS WINNERS AT NATIONAL TRACK MEET

In the NAU Outdoor Track and Field Championships at U.C.L.A. on June 9 and 10, Sue Brodock won the Women's 5 Km in American record time, Todd Scully captured the Men's 5, and Susan Liers won the Junior Women's 3 Km. In the Women's race, Brodock broke her own record, set 3 years ago in the International meet, with a 24:10. She was on her own in the race with Liers second in 25:30.

Scully, after his two superfast races in Seattle 3 days earlier, was apparently content to win this one in 21:30.1, which seems a bit pedestrian for Todd these days. (Not being critical, you understand. We are not like the big boys of the media, expecting records from the superstars every time out.) Behind Todd, the field was pretty well spread out in what does not appear to have been a particularly interesting race. Results of the three races:  
Women's 5 Km--1. Sue Brodock, Rialto Roadrunners 24:10 2. Susan Liers, Long Island TC 25:30.9 3. Joyce Brodock, RR 26:01.1 4. Tracy Trisco, Elue Angles TC 26:12 5. Bottik, RR 26:15.4 6. McPherson, West Valley TC 26:18.4

Men's 5 Km--1. Todd Scully, Shore AC 21:30.1 2. Larry Walker, Tobias Striders 22:03.2 3. Steve DiBernardo, US Army 22:30.7 4. Wayne Glusker, WVTC 22:49.2 5. John Fredericks, Shore AC 23:12.6 6. Bill Ranney, WVTC 23:19.4 7. Ed Bouldin, LA Sheriffs 23:53 8. Bob Falciola, Shore AC 23:57.8 9. Mike Dewitt, Quest TC 24:03.7 10. Jim Murchie, un. Houston 24:30.8 11. Jim Hanley, Ventura County TC 26:22.8 12. Joe Hampton, UCLA TC 26:49.1 D2--Ron Daniel, NYAC (22:45.5), Dan O'Connor, NYAC, Bryan Snazelle, WVTC.  
Junior Women's 3 Km--1. Susan Liers 14:51.0 2. Tracy Trisco 15:04.1 3. Joyce Brodock 15:19.5

#### RESULTS - RESULTS - RESULTS

5.5 Mile, Lowell, Mass., May 18, 1977--1. Fred Brown Sr. 62:04 (hdep) 2. Bob Falciola 54:40 3. Julie Falciola 67:04 4. Tony Medeiros 51:24 5. George Lattarulo 51:17 6. Charles Scott 51:18 7. Paul Schell 50:30  
NEAAA 10 Km, Braintree, Mass., May 22--1. Tom Knatt 50:47.4 2. Paul Schell 53:35 3. Dennis Slattery 55:44 4. George Lattarulo 56:58 5. Charles Scott 57:44 6. Paul Devegar 58:47 7. Dave Jolliff 59:18.

8. Dr. Robert Leaver 62:15 9. John Gray 64:08  
5.5 Mile, Lowell, May 25--1. Bob Falciola 43:23 2. Jim Regan 50:43 3. Fred Brown Sr. 62:53 4. Paul Schell 47:13 5. George Lattarulo 49:17 6. Tony Medeiros 54:17 7. John Farrell 58:30 1 Hour, Tewksbury, Mass., June 1--1. Paul Schell 7 mi 224 yds 2. Dennis Slattery 7 mi 178 3. George Lattarulo 6 mi 994 yds 4. Tony Medeiros 6 mi 426 5. Bob Gordon 5 mi 619 6. Fred Brown Sr. 5 mi 313 Eastern States U.S. 1 Mile--1. John McKeegan 7:04.6 2. Steve Schneider 7:11.3 3. B. Montos 7:14.8 4. C. Flanagan 7:18.6 5. R. DiMauro 7:22.5 6. D. Smith 7:30.2 Met. AAU 5 Km, May 29--1. Ron Daniel 23:03.2 2. Ron Kulik 24:45.1 3. Bill Omeltchenko 28:44.3 Women's 3 Km, Kings Point--1. Susan Liers 14:29.6 2. Eileen Smith 15:47.1 3. Mary Beth Lang 16:03 1 Mile, Rochester, NY, June 14--1. Rich Merriam 7:25 2. Mark Rosenblum 8:36 Virginia AAU 2 Mile, May 28--1. Brian Savilonis 15:38 2. Andrew Briggs 18:05.6 1 Hour, Raleigh, NC, May 20--1. Andrew Briggs 6 mi 640 yds 2. Dan Beauchamp 5 mi 1010 yds 3. Jerry Saunders 5 mi 436 yds (last two in first ever walks) Bay-to-Bay 7 1/2 Miles, St. Petersburg, FL., May 29 (running race with two walkers)....487. Joe Sherman 64:52....546. John Seimone 74:02 (597 finishers) 10 Km, Lakeland, Fla., May 15 (Hdep)--1. Tim Downs 63:41 2. Mike Sherman 63:00 3. Tom Smith 63:04 4. Pat McAbb 64:30 5. Kathy Gates 70:22 6. Patti Sobanko 75:22 7. Joe Sherman 52:44 8. John Seimone 60:51 9. Hank Stephenson 69:39 5 Km, Lakeland, June 4--1. Joe Sherman 24:56 2. John Seimone 29:19 3. Mike Sherman 30:02 4. Hank Stephenson 33:51, Women--1. Rocki Collins 31:42 2. Patti Sobanko 32:16 Missouri Cup 20 Km, Columbia, April 30 (track)--1. Jerry Young 1:41:16 2. Augie Hirt 1:42:41 3. Randy Munn 1:44:48 4. Leonard Bisen 2:08:03 5. Henry Bent (76) 2:34:47 6. William Taft 2:36:38 5 Mile, Holt, Mich., June 11--1. Martin Kraft 38:57 2. Jerry Bocci 41:16 3. Jeanne Bocci 41:51 4. George Scott 44:07 5. Charles Koss 55:27 (age 54, first walk) 3 Mile, Cambridge, Ohio, June 12 (part of charity walk-run)--1. Dale Arnold 32:41 2. Clark Armstrong 35:02 (age 58) (38 finishers) Texas 10 Km Championship, May 22--1. John Knifton 46:40.2 2. Dan Fitzpatrick 51:25 3. Jeff Bomer 53:48 4. Stephen Baca 54:50 5. Steve O'Brien 56:51 6. John Stowers 57:02 7. Bill Kilgore 57:27 8. Lida Askew 67:35 9. Traude Weller 69:03 10. Thad Hill 71:50 11. Mark Stein 71:50.2 12. Donna Laechlin 74:58 (Jim Murchie 24:08 at 5 Km, dnf) Women's 5 Km, Los Angeles, April 27--1. Laura Janousek 27:23 2. Jane Janousek 27:25 3. Vicki Jones 27:28 4. Paula Mori 29:05 5. Nancy Poster 29:19 10 Km, Los Angeles, May 18--1. Vicki Jones 59:07 2. Jane Janousek 59:54 3. Paula Mori 61:03 4. Nancy Poster 62:07 2 Mile Hdep., Los Angeles, June 5--1. John Kelly (the other) 20:54.5....6. Irv Spector 19:34 7. Paula Mori 19:05.7 8. Nancy Poster 19:12.3....11. Hal McWilliams 18:58 12. Larry Walker 13:26 13. Jim Coats 15:48 14. Charles Barry 18:37 15. Jim Hanley 16:56.7 16. Paul DeMeester 16:35 2 Mile, Modesto Relays, May 21--1. Steve DiBernardo 14:32.8 2. Bob Henderson 15:16.2 3. Dennis Reilly 15:27.8 Pacific AAU 1 Hour--1. Neal Pyke 8 mi 240 yds 2. Wayne Glusker 7 mi 1516 3. Dave Himmelberger 7 mi 1412 4. Manny Adriano 8 mi 660 5. Mark Price 6 mi 922 6. Roger Duran 6 mi 270 7. Art Smith 6 mi 220 8. Paul Wade (age 11) 6 mi 42 NAIA District II 10 Km, Abilard, Ore, May 21--1. Jeff Reynolds 52:09.8 2. Duke Henslee 52:13.2 3. John McCabe 57:16.2 4. Mark Kemp 60:51.1 5. Ron Wall 61:28.9 NAIA Championship, Arkadelphia, Ark., May 27--1. Jim Heiring, UW-Parkside 44:42 2. Carl Schueler, Prostrum State 46:21.9 3. Chris Hanson, Parkside 46:30.8 Oregon Jr. Olympics: Girls 12-13 1 Mile: 1. Judy Wray 9:20.3 2. Teena Lidstrom 9:21.6 3. Karla McKillap 9:21.7 Boys 12-13: 1. Shawn LaRue 8:26.9 2. Jay Kenyon 8:34.5 3. David Hill 8:41.7 Girls 14-15: 1. Lorrie Greve 9:10 Boys 14-15: 1. Kevin Kirkaldie 8:01.9 2. Cal Mason 8:33.3 3. Brad Zuyer 8:41.2 Boys 16-17: 1. Walt Rainey 7:31.8

Oregon AAU 2 Mile, Beaverton, June 11—1. Lorrie Greve 29:12 2. Lynn Robinson 29:27 3. Don Jacobs 29:30 Girls 1 Mile, Bellevue, Wash., May 7—1. C. Medcalf 9:34 2. K. Jones 9:35 3. D. Forsell 9:38 Jr. Girls 1 Mile, same place—1. J. Perrigo 9:04 2. S. Hoel 9:23  
FROM ACROSS THE SEAS:  
East German Indoor 20 Km—1. Karl-Heinz Stadtmuller 1:29:50 2. Rolf Berner 1:30:18.8 3. Werner Heyer 1:30:53 4. Uda Schaeffer 1:31:51.8  
Womens 10 Km (track), Kristiansand, Nor., April 23—1. Thorild Gylder 53:19  
Womens 10 Km (track), Vasteras, Swed., April 17—1. Margareta Simu 48:59  
Swedish Womens 10 Km Championship, Gothenburg, April 30 (track)—1. Siv Gustavsson 48:40 (World's best performance) 2. Elisabeth Olsson 53:08 3. Monika Karlsson 53:22 4. Britt Holmquist 53:57 5. Britt-Marie Carlsson 54:23 6. Berit Karlsson 54:29 7. Ann Jansson 55:00 8. Ann-Marie Larsson 55:21 9. Marianne Ivarsson 55:41 (Simu did at 8000 meters)  
5 Km, Vasteras, April 23—1. Margareta Simu 24:34.8 2. Britt Holmquist 25:56.4 5 Km, Malmo, Swed., April 24—1. Margareta Olsson 24:41 2. Margareta Olsson (that was Elisabeth in first) 25:32 10 Km (road), Enghorna, Swed., May 7—1. Siv Gustavsson 49:39 2. Margareta Simu 51:32 3. Elisabeth Olsson 51:53 4. Eritt Holmquist 52:46 5. Ann-Marie Larsson 54:16 6. Ann Jansson 55:30 Swedish 50 Km Championship, Gothenburg, April 30—1. Leif Karlsson 4:19:40 2. Ove Hemmingson 4:21:30 3. Lennart Ludgren 4:22:16 4. Stig-Olof Elofsson 4:22:38 5. Bo Fransson 4:23:24  
50 Km, Aohern-Oensbach, W.G., April 24—1. Heinrich Schubert 4:10:17 2. Hans Michalski 4:16:10 3. Ritter 4:18:44 4. Karl Kegerer 4:20:48  
10 Km (track), Athens, April 3—1. Karagiorgis 44:10.6 (Greek record)  
20 Km, Zinsighausen, WG, April 4—1. Hans Michalski 1:30:52 20 Km, Droyssig, EG, March 26—1. Roland Wieser 1:28:11.6 2. Werner Heyer 1:28:19.2 3. Horst Matern 1:32:01.8 20 Km, Magdeburg, EG, April 2—1. Hartwig Gauder 1:27:23 1 Hour, East Berlin, April 17—1. Karl-Heinz Stadtmuller 13,970 meters (43:40 at 10 Km) 20 Km, Naumburg, EG, May 1—(first two given last month)—1. Roland Wieser 1:26:51.1 (44:18, 1:04:41) 2. Hartwig Gauder 1:27:06.6 (44:18, 1:05:06) 3. Werner Heyer 1:27:17.8 4. Imre Stankovics, Hun. 1:27:33.9 5. Ronald Weigel, 1:27:50.2 (1st Jr.) 6. Juraj Pencik, Czech. 1:28:11.1 7. Werner Galina 1:28:55.2 8. Rolf Berner 1:29:11.6 9. Jantacho Kamenov, Bulg. 1:29:14.2 10. Fred Sparmann 1:29:43.6 11. Uda Schaeffer 1:30:01.7 12. Constantin Stan, Rumania 1:30:17.4 13. Dietmar Hennig 1:31:03.2 14. Ion Gasitu, Rum. 1:31:52  
50 Km, Naumburg, May 1—1. Rolf Knutter 5:06:19.8 (2:01:32 at 25) 2. Gerhard Weidner, WG 4:07:13.8 (2:01:32.8) 3. Horst Matern 4:14:03 4. Algidar Sakalya, USSR 4:15:04.3 5. Mario Kerber 4:19:25.2 6. Josif Romankov, USSR 4:19:58.4 20 Km, Russe, Bulg., April 24—1. Yevgeniy Semerdyyev 1:28:18 2. Fred Sparmann, EG 1:28:58 3. Vinco Galusic, Yug. 1:29:40 4. Liodor Pescaru, Rum. 1:30:28 5. Tanase Erandl, Rum. 1:30:32 6. Mytschislav Gorski, Pol. 1:30:40 10 Km (Indoor), Minsk, March 17—1. Yevgeniy Ivchenko 41:38.8 20 Km, Newinnomyssk, USSR, April 25—1. Nikolai Polosov 1:28:34.2 20 Km, Ajka, Hung., April 17—1. Janos Dalmati 1:27:29.6 2. J. Szalas 1:28:03.6 3. Sator 1:28:46.6 4. Janos Tabori 1:29:26.4 30 Km (track), Budapest, April 24—1. Imre Stankovics 2:17:22.8 2. J. Szalas 2:18:35.2 3. Sator 2:19:11.4 20 Km (track), Turin, Italy, April 3—1. Maurizio DiMilano 1:28:52.6 20 Km, Calabria, Italy, March 13—1. Renato DiNicola 1:27:04.8 2. Vittorio Visini 1:28:18.2 3. Sandro Bellacci 1:29:11.2 4. Armando Zambaldo 1:29:11.3 Italian 50 Km Championship, April 17—1. Peanco Vecchio 4:07:30 2. Vittorio Visini 4:10:44 3. Sandro Bellucci 4:15:53 4. Valore 4:18:51 20 Km, Frankfurt, WG, May 8—1. Hans Michalski 1:30:51.6 2. Heinrich Schubert 1:31:43.2 3. Heins Mayr 1:31:55.4 4. Alfons Schwarz 1:31:58 Womens 5 Km, same place—

1. Monika Glockler 25:56.5 2. Heike Penner 26:03.2 50 Km (track), Paris, April 24—1. Jean-Pierre Garcia 4:18:56.2 20 Km, Gydnia, Pol., April 17—1. Boguslaw Kmiecik 1:29:38.4 2. Mieczyslaw Gorski 1:30:26 50 Km, same place—1. Feliks Sliwinski 4:18:26.8 10 Km (track), Stargard, Pol., June 7—1. Bohdan Bulakowski 43:41.8 2. Mieczyslaw Gorski 43:42.2 3. Jerzy Pater 43:59.8 10 Km (road), Olomouc, Czech., April 9—1. Juraj Pencik 42:15 2. Stefan Petrik 42:35.2 3. Jan Dzurak 42:59.4 4. Milan Vala 43:06.4 5. Jan Javorsky 43:57.2 Spanish 50 Km Championship, March 27—1. Augustin Jorba 4:16:03.4 30 Km, Stockholm, June 15—1. Reima Salonen, Fin. 2:16:55 Womens 5 Km, Gothenburg, Swed., June 19—1. Margareta Simu 24:10.2 2. Elisabeth Olsson 24:32.6 3. Eritt Holmquist 24:49.8 4. Ann Jansson 25:22.6 Junior 10 Km, same place—1. Stefan Sjunnesson 44:00.0 2. Bengt Simonsen 44:28 Womens Junior 3 Km, same place—1. Monica Karlsson 14:28 2. Britt-Marie Karlsson 14:54.3 3. Eva Karlsson 14:56.6 10 Km, Kristiansand, Nor., April 24—1. Kmit Arne Stronoy 43:58.6 Womens 10 Km (track), same place—1. Thorill Gylder 53:19 10 Km (track), Bologna, Italy, June 22—1. Giuseppe Fabbri 41:53.8 (Italian record) International Match, Barcelona, Spain, June 15—France 52, Spain 46, Belgium 34, Switzerland 26—Jr. 5 Km: 1. Philippe Lafleur, Fr. 23:53 2. Gilles Martin, Fr. 23:59 20 Km: 1. Jose Marin, Sp. 1:33:41.4 2. Jean Pierre Garnaug, Fr. 1:34:17.2 3. Godfried DeJonckheere, Bel 1:34:55.4 50 Km: 1. Augustin Jorba, Spain 4:19:56.4 2. Luc Gautier, Fr. 4:29:00 20 Km, Trnava, Czech., June 7—1. Boguslaw Duda, Pol. 1:26:22.4 2. Jan Ornoch, Pol. 1:27:22.4 3. Pavol Szikora, Czech. 1:28:16 50 Km, Trnava, Czech., June 8—1. Frantisek Biro 4:09:12.8 2. Vaclav Fajt 4:10:55.8 3. Ptak 4:11:53 4. Witez 4:12:37.8 5. Josef Macek 4:14:00 6. Vanous 4:15:32.4 20 Km, Karl-Marx Stadt, EG., June 22—1. Roland Weisser 1:30:05.4 2. Dietmar Henning 1:30:50.4 3. Olaf Pilarski 1:30:54.2 20 Km, Barcelona, Spain (track), June 29—1. Daniel Bautista, Mex. 1:25:18 (21:18, 41:56, 1:03:16) 2. Domingo Collin, Mex. 1:26:11.2 (21:18, 41:56, 1:03:20) 3. Pedro Aroche, Mex. 1:28:06.6 (21:18, 43:27, 1:05:45) 4. Enrique Vera, Mex. 1:30:55.2 (21:18, 42:45, 1:06:29) 5. Janos Taalas, Hung. 1:33:29 6. Angle Flores, Mex. 1:34:09.2 7. Amos Seddon, UK 1:35:27.8  
British 20 Km, Stratford, May 14—1. Olly Flynn 1:28:42 2. Roger Mills 1:28:50 3. Brian Adams 1:31:07 4. Shaun Lightman 1:32:18 5. Carl Lawton 1:32:36 6. Mick Greasley 1:32:39 7. Stuart Elms 1:32:48 8. George Nibre 1:33:08 9. Graham Morris 1:33:13 10. Amos Seddon 1:33:27 11. Dave Cotton 1:33:32 12. M. Parker 1:33:58 (41 under 1:40)

#### ERODOCK ADDS ANOTHER TITLE AND AMERICAN IN 10 KILOMETER

Stanford, June 18 (Hot from today's mail via Bob Bowman)—This was the first time a sanctioned AAU event was held in Stanford stadium since the 1962 US-USSR meet. It was the best field ever assembled for this one as evidenced by 14 girls going under 1 hour. Sue Brodock again knocked a big slice off her American record, but Sue Ilers also was under the old record of 52:03 set two years ago. In fact, Ilers forced the pace early in the race until Brodock finally managed to break away gradually around midway. Brodock is certainly capable of going under 50 minutes if the conditions are right, but cramps kept her from it today according to her coach. In third was fast improving Sally McPherson, who just managed to pull away from Sue Brodock's little sister, Joyce.

It was good to see Jeanne Booci, one of women's race-walking pioneers in the U.S., at it again a walking a fine time for fifth. The depth was quite good as was the overall standard of walking. Judges included: Bob Bowman (head), Frank Hagerty, Wayne Musker, Tom Dooley, Bob Henderson, and Dave Himmelberger.

There was one courageous performance that was somewhat unnoticed. Holly Himeres, in last place, has only one arm. She walked the entire race in the second lane so as not to hinder the faster walkers. If anyone doubts the difficulty of walking 10 Km without the use of one arm, I suggest they try it. Results:

1. Susan Brodock, Rialto Road Runners 51:17 2. Sue Liers, Long Island TC 51:51 3. Sally McPherson, West Valley Track Club 54:10 4. Joyce Brodock, RRR 54:29 5. Jeanne Bocci, Motor City Striders 55:33 6. Chris Sakelarios, Redwood City Flyers 55:51 7. Jill Steiner, RRR 56:25 8. Eileen Smith, New York City PAL 56:45 9. Mary Beth Lange, LIAC 57:43 10. Sandy Briscoe, Stanford 58:10 11. Linda Bottlick, RRR 58:12 12. Cindy Best, LIAC 58:12 13. Julie Partridge, un. Idaho 58:35 14. Jessica Waskow, RRR 59:00 15. Cindy Vaughn, RCF 61:38 16. Georgia Sakelarios, RCF 65:57 17. Mary Harrison, Woodside Striders 67:37 18. Lauren DeSoto, WS 75:17 19. Holly Himeres, WS 79:32 Teams: 1. Rialto Road Runners--9 2. Long Island TC--16 3. Redwood City Flyers--25 4. Woodside Striders--39

Bob also sends further detail on the National 5 Km races, as follows: Women's--Sue Brodock took control of the race from the start and went on to smash her own American record by over a minute. She reportedly had done 23:52 earlier in the year but didn't count for a record because of lack of proper judges and no curb on the track. She looked very smooth and flexible--her form seems to get better each year. I've never seen her look better. She should give the Swedish girls all they can handle this year.

The weather was good, a little humid, but very conducive to fast walking as evidenced by the best mass finish in U.S. history. Sue Liers continues her improvement as further establishment of her No. 2 position in the U.S. Little Joyce Brodock had a big break through to improve her personal best by over a minute. The form of the first four girls was almost flawless and the judging was tight, with three international judges present and four girls disqualified. Note: The L.A. Times had a large cover picture of the start on the front page of the sports section the next day. (Ed. Further note: The Columbus Citizen-Journal, our morning paper, had a large picture of Sue finishing, probably their first race-walking picture ever!) Other finishers after the first six listed earlier: 7. Chris Sakelarios 26:39.7 8. Sandy Briscoe 27:12.2 9. Mary Beth Lange 27:12.7 10. Jill Steiner 27:14.6 11. Cindy Vaughan 28:07.5 12. Jane Janousek 28:31.7 13. Amy Spangler 28:34.4 14. Paula Mori 28:54.4 15. Ann Foster 29:16.4--DQ'd: Eileen Smith, Carol Mohanco, Vicki Jones, and Laura Janousek.

Men's Race--Todd was out to possibly bust Laird's American record set in this meet last year but was "delayed by a caution", as he put it. So he cooled it, especially after Dan O'Connor, his closest challenger, was pulled around 2 1/2 miles. Dan had developed a slight injury in the 20 the weekend before and it apparently affected his stride. The times were a little slow, despite cool weather as the judging was, as usual, tight. Also, the all-weather track at UCLA is a bit bouncy to begin with so that it is very easy to detect lifting. Larry Walker appeared to be left at the start but finished in his usual gutty fashion to nail down second. Steve DiBernardo, showing the best form of the race, walked a strong race for third. He leaves soon for 2 months training in Mexico at their training center. He has really benefited from his earlier trip down there and the U.S. Army track coach, Col. Jesse Liscomb, has been very helpful in doing whatever it takes to develop Steve into a world class walker. Ron Daniel, who usually looks solid, was DQ'd as he made his last sprint with 110 yards to go.

#### MORE MAIL AND MORE RESULTS:

Mexicans Go Again: 20 Km, London, June 4--1. Daniel Bautista 1:28:03 (22:48, 45:10 and then 47:03 for second 10) 2. Domingo Colin, Mex. 1:28:04 3. Enrique Vera, Mex. 1:30:05 4. Pedro Aroche, Mex. 1:30:50 5. Angel Flores, Mex. 1:32:38 6. Carl Layton 1:32:44 7. Amos Seddon 1:32:54--Colin Young comments on the Mexicans thus: "Bautista and Colin are always looked very fluent and smooth, as did third man Vera, who impressed many spectators. Aroche makes up for his poor foot placement and technique with extraordinary determination and is certainly closer to the East European type than his countrymen." Colin also provides a bit more detail on Vera's record 50 Km. It seems that Gonzalez was the early leader covering 10 Km in 45:12 and 20 in 1:30:30 before retiring with leg strain. Aroche kept about a 1 1/2 minute lead on Vera with 1:32:02 at 20 and 2:19:25 at 30 but was 2 minutes down by 35 and then out at 39.

RIALTO 50 Km, Lafayette, Colorado, May 28--1. Marco Evoniuk 5:14:49 2. Paul Lightsey 5:23:15 3. Chuck Hunter 5:40:39 4. George Lundmark 6:29:14 3 Mile, Grand Island, NY, June 12--1. Helmut Boeck, Carl 21:41 2. Dan Stanek 23:11 3. Rich Merrian 23:34 4. J. Layton 23:50, no it was actually D. Lawrence 23:43--this was a handicap and I am giving you the places on time, not actual finish. First across the line was M. Stanek, a female, in 42:30--20 finishers--Fastest woman, L. Whelan 28:08 5 Km, Salem, Ore., May 15--1. Duke Henzlee 24:10 2. Jim Bean 25:18 3. John McCabe 26:42 4. Rob Frank 28:51--Masters: 1. Don Jacobs 31:07 Western Regional Masters 5 Km, June 19: Age 45-49--1. Rudy Haluza 24:00.2 2. Jim Fields 30:50 Age 50-54--1. John Allen 27:38.8 (a great name from the past returns) 2. Harry Siitonen 29:51.9 55-59--1. Smith 30:57 2. Winn 31:35 65-69--1. Mickey Blakesley 32:17.8 70-74--1. Unruh 31:55.1 2. Lahdenpera 33:16 Womens 30-34--1. Jeanne Bocci 26:33.4 Womens 40-44--1. Maynard 30:12.2--Also in the news, John Allen recently sold a Chevy Luv Pickup to Sue Brodock. John also reports that in the above race everyone walked together and "the first thing I had to accept in this new era I'm in is to be beaten by a lady gracefully."

#### AND NOW--THE SCHEDULE:

Mon. July 4--Barnum Festival 10 Km, Bridgeport, Conn., 10 a.m. (U) (In case this reaches anyone before then and you still have time to dash to Bridgeport. We hadn't listed this one before)

Sat. July 9--Iowa 1 Hour, Boone, 7 p.m. (J)  
16 Mile Men, 4 Mile Women, Carderock, MD, 8:30 a.m. (B)

Sun. July 10--3 Mile, Grand Island, NY, 10 a.m. (AA)  
1500 meters, Arlington, Va., Noon (B)

Fri., July 15--1 Hour, Boulder, Colorado, 7 p.m. (S)

Sat. July 16--15 Km, Columbia, Mo., 7 a.m. (D)  
14.2 Mile Hillclimb, Mt. Evans (S)  
23 Mile, 5 Km Women, Washington, DC, 8:30 a.m. (B)

Sun. July 17--20 Km, Taunton, Mass. (W)  
5 Km, Detroit (I)--Eer and hot dogs!  
3 Mile, Grand Island, NY, 10 a.m. (AA)  
5 & 10 Km, Sepulveda, Cal. (R)

Sat. July 23--Georgetown-to-Idaho Springs 11 Mile (S)  
Iowa 15 Km and Womens 3 Km, Woodward, 6:30 p.m. (J)  
7 Mile, Monmouth, Ore., 10 a.m. (N)

Sun. July 24--12 Mile and 1500 meters, Arlington, Va., 7:30 a.m. (B)

Sun. July 31--NAAU SENIOR, "B", AND MASTERS 10 KM, LONG BRANCH, NJ (K)

- Sat. Aug. 6—24 Hour Relay and 50 Mile, Washington D.C., Noon (B)  
Ontario 20 Km, Womens 5 Km, Etobicoke (Q)  
5 Mile Men, 2 Mile Women, Boone, Iowa, 7 p.m. (J)
- Sun. Aug. 7—3 Mile, Grand Island, NY, 10 a.m. (AA)
- Sat. Aug. 13—2 1/2 Hour Relay, Los Angeles area (R)
- Sun. Aug. 14—NAAU SENIOR 50 KM, COLUMBIA, MISSOURI, 5:30 a.m. (D)  
5 Mile Men, 2 Mile Women, Cedar Rapids, Ia., 9 a.m. (J)  
3 Mile, Grand Island, NY, 10 a.m. (AA)
- Sat. Aug. 20—10 Km, Columbia, Mo., 9 a.m. (D)  
10 Km, Women's 5 Km, Broomfield, Colorado, 8 a.m. (S)
- Sun. Aug. 21—6 Mile, Toledo, Ohio, 10 a.m. (CC)  
1500 meters, Arlington, Va., 10 a.m. (B)  
USTFF Race Walking Relay, St. Louis, 7 a.m. (A)
- Sat. Aug. 27—Iowa Cup 20 Km, Women's 5 Km, Des Moines, 8 a.m. (J)  
NAAU JUNIOR 15 KM, SANTA MONICA, CAL. (BB)
- Sun. Aug. 28—Ontario Games 10 Km, Kitchener (Q)
- Sat. Sep. 3—Canadian 20 Km, Women's 5 Km, Edmonton (Q)
- Sun. Sep. 4—NEAAU and Open 20 Km, Lowell, Mass. (W)  
NAAU "B" 15 KM, MACKINAC ISLAND, MICH. (M)  
15 Km, Greenbelt, Md., 6:30 p.m. (B)
- Mon. Sep. 5—5 Mile Men, 1 1/2 Mile Women, Richland, Ia., 10 a.m. (J)  
Probably two races in Seattle this weekend if they maintain tradition (F)
- Sat. Sep. 10—10 Km, Arlington, Va. (B) (Also Women's 5 Km)
- Sun. Sep. 11—Iowa 25 Km, Women's 10 Km, Ames, 8 a.m. (J)  
1500 meters, Arlington, 10 a.m. (B)

## Contacts:

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K—Elliott Denman, 28 N. Locust, West Long Branch, NJ 07764  
M—Mike Riban, 4508 N. Oakley, Chicago, IL 60625  
N—Don Jacobs, Box 23146, Tigard, OR 97223  
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S—Pete Van Arsdale, 2975 S. Jackson, Denver, CO 80210  
W—Fred Brown, Sr., 127 Walsh, Medford, MA 02155  
AA—Dan Stanek, 1081 Sheree Dr., Grand Island, NY 14072  
BB—John Kelly, 1024 Third St., Santa Monica, CA 90403  
CC—Tom Kovacs, 3262 N. Reach Dr., Oregon, OH 43116

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## FROM HEEL TO TOE

Ask and ye shall receive. You might note in the above schedule the race walking relay in St. Louis on August 21. Something I had suggested as a good idea for a different type of national a few issues back. Well, the USTFF is having one. Three man teams (or women, I suppose) walking legs of 20, 15, and 10 Km. The race is on a 2,500 meter loop on the University of Missouri-St. Louis campus. There will be a 3-minute penalty for each caution, which should behoove all to stay on the ground but doesn't disqualify a whole team for the sins of one....Also, details are out on the National 1 Hour, a postal affair under the auspices of the New England AAU. Races may be walked any time between

June 1 and October 31. They must be on a 440 yard track with at least one race walking judge present and functioning. Write Fred Brown, Sr., 157 Walsh St., Medford, MA 02155 for official entry forms....Also note the 6 Mile in Toledo, which I see isn't a 6 mile at all but a 10 Km, on Aug. 21. This is part of an American Cancer Society Benefit Walk-Jog-Run-Race, with the race walk added for the first time....Not on the schedule, but perhaps of interest to some is a 50 Mile track at San Jose City College, probably on July 17. Wayne Glusker plans an attempt on the American record and would welcome any competitors. For a definite date and further details write Wayne at 20391 Stevens Creek Blvd., Cupertino, CA 95014....A third hand report from Bob Bowman via Elliott Denman that Jerzy Hausleber's visa was cancelled while in Poland with his Mexican walkers. He left Poland about 1966 to coach the Mexicans and has been in Mexico ever since. Maybe the Poles want him back. If this is true and if he doesn't get out, it could destroy the Mexican team....Great publicity for our sport--Rich Herriam in Rochester sends the following item from the Rochester paper, apparently part of a run-down on a forthcoming High School Championship meet: "Mile Walk--The newest event and the most unwanted. "You might as well have a three-legged sack race" says McQuaid coach Bob Bradley, one of the walk's biggest critics. Still, someone will make history of sorts by winning the first-ever walk in sectional history." Rich wants to know how you deal with this sort of thing. If the guy is as pigheaded as he sounds there isn't much you can do on an individual basis. The only way a jerk like that will come around is if he suddenly finds himself with a 6:30 miler who assures him of 10 points in the state meet. He will probably be a great fan in a real hurry. In general, such attitudes are overcome by greater exposure of the sport with people finding out it really is an athletic event. The process is probably speeded by a lot of forceful, but diplomatic, talk on the part of the already enlightened....The Ron Laird article mentioned was in New Times, April 15 edition entitled "Ron Laird: A Walking Disaster"...Would you still subscribe to the Ohio Racewalker at a price of \$50 per year? A recent article in Time describes the "kitchen" newsletters that are proliferating on all subjects and that is a typical price. At that price, and with a few more subscribers I could almost make a living. However, this is more a "garret" than a "kitchen" newsletter, although I do often collate it in the kitchen. Not being much of an entrepreneur, I'll stick with the four bucks...

Looking Back -- 5 Years Ago (From the June 1972 ORW)—The Senior 1 Hour title went to Dave Romansky who covered 8 miles and 80 yards in Lawrenceville, New Jersey to beat John Knifton. John covered 7 mi 14.66 yds. Ron Daniel and Steve Hayden also went past 7 3/4 miles, Ray Somers did about 7 5/8, and Ron Kulik exactly 7 1/2...Larry Young won titles at both 10 and 5 Km. The 10 was in Chicago and Larry did 44:51, some 21 seconds ahead of Tom Dooley. Jerry Brown, Floyd Godwin, and Steve Hayden occupied the next three spots. This is one Chicago race I missed in last month's run down since it is the only one in Chicago I didn't compete in...Larry's 5 Km time in Seattle was 21:39.8 with Bill Ranney 50 seconds back and 4 seconds up on Todd Scully...Laurie Ticholski walked an American record 1 Mile of 7:50.4 in Dayton beating former record holder, Lynn Olsen, in the process...On the local scene, your editor through off a determined effort by the Big Red Duck, Jack Blackburn, with concluding laps of 1:50 and 1:50 to win a track 7 miler in 55:20. Blackburn had 55:28...John Knifton blazed a 4:20:12 to win the Canadian 50 Km...Chris Hohne was better with a 4:03:03 in Naumburg.